# NÖROLOJİ YOĞUN BAKIMDA NONKONVÜLZİF STATUS EPİLEPTİKUS TEDAVİSİ

## JENERALİZE KONVÜLZİF STATUS EPİLEPTİKUS TEDAVİSİNDEN FARKLILIKLARI

Dr. Özlem Kayım Yıldız Cumhuriyet Üniversitesi Tıp Fakültesi Nöroloji A.D.

MULTIDİSİPLİNER STATUS EPİLEPTİKUS TEDAVİ PROTOKOLÜ ÇALIŞTAYI, 08.04.2016, İSTANBUL



- 5 dk→ Jeneralize konvülzif status epileptikusun bu süreden sonra spontan sonlanması olası değil
- 30 dk→ Eksperimental çalışmalarda 30 dk.yı aşan devamlı nöbet aktivitesinin irreversibl nöronal hasara yol açtığı gösterildi

## A definition and classification of status epilepticus – Report of the ILAE Task Force on Classification of Status **Epilepticus**

\*†: Eugen Trinka, & Hannah Cock, ¶Dale Hesdorffer, #Andrea O. Rossetti, \*\*Ingrid E. Scheffer, **††Shlomo Shinnar, ‡‡Simon Shorvon, and §§Daniel H. Lowenstein** 

> Epilepsia, 56(10):1515-1523, 2015 doi: 10.1111/epi.13121

Classically SE was defined as a "a condition characterized by an epileptic seizure that is sufficiently prolonged or repeated at sufficiently brief intervals so as to produce an unvarying and enduring epileptic condition."7,8

The Commission on Classification and Terminology and the Commission on Epidemiology of the International League Against Epilepsy (ILAE) have charged a Task Force to revise concepts, definition, and classification of status epilepticus (SE). The proposed new defini-

tion of SE is as follows: Status epilepticus is a condition resulting either from the failure of the mechanisms responsible for seizure termination or from the initiation of mechanisms, which lead to abnormally, prolonged seizures (after time point  $t_1$ ). It is a condition, which can have long-term consequences (after time point  $t_2$ ), including neuronal death, neuronal injury, and alteration of neuronal networks, depending on the type and duration of seizures. This definition is concep-

	Operational dimension I Time (t <sub>1</sub> ), when a seizure is likely to	Operational dimension 2 Time (t <sub>2</sub> ), when a seizure may cause long term consequences
Type of SE	be prolonged leading to continuous seizure activity	(including neuronal injury, neuronal death, alteratio of neuronal networks and functional deficits)
Tonic–clonic SE	5 min	30 min
Focal SE with impaired consciousness	10 min	>60 min
Absence status epilepticus	$10-15 \text{ min}^{a}$	Unknown

	neurocritical Neurocrit Care (2012) 17:3–23 care society DOI 10.1007/s12028-012-9695-z		
	REVIEW		
NONKONVÜLZİF STATUS EPİLEPTİKUS NEDİR?	Guidelines for the Evaluation and Management of Status Epilepticus		
	Gretchen M. Brophy · Rodney Bell · Jan Claassen · Brian Alldredge · Thomas P. Bleck · Tracy Glauser · Suzette M. LaRoche · James J. Riviello Jr. · Lori Shutter · Michael R. Sperling · David M. Treiman · Paul M. Vespa · Neurocritical Care Society Status Epilepticus Guideline Writing Committee		

- Elektrografik nöbet aktivitesinde uzamanın (sınır genellikle 30 dk) nonkonvülzif semptomlara yol açması
- Jeneralize konvülzif status epileptikus klinik bulguları olmaksızın EEG'de izlenen nöbet aktivitesi varlığı
- Nöbetlerin semiyolojik spektrumu son derece değişken
- Negatif semptomlar; anoreksi, afazi/mutizm, amnezi, katatoni, koma, konfüzyon, letarji, staring
- Pozitif semptomlar; ajitasyon, agresyon, otomatizmalar, göz kırpma, ağlama, deliryum, sanrılar, ekolali, fasiyal twitching, gülme, bulantı-kusma, nistagmus/göz deviasyonu, perseverasyon, psikoz, huzursuzluk



CONTINUUM: Lifelong Learning in Neurology Issue: Volume 21(5, Neurocritical Care), 2015, 1362–83 Epilepsia 2015;56(10):1515-23.

	Table 1. Classification scheme for NCSE.
Table 2. Axis I: Classification of status epilepticus (SE)         (A) With prominent motor symptoms         A.1 Convulsive SE (CSE. synonym: tonic-clonic SE)         A.1.a. Genera         A.1.b. Focal of         A.1.c. Unknow         A.2 Myoclonic SI         A.2.a. With cc         A.3 Focal motor         A.3 Focal motor         A.3.a. Repeated focal motor seizures (Jacksonian)         A.3.b. Epilepsia partialis continua (EPC)         A.3.c. Adversive status	Nable 1. Classification scheme for NCSE.         NCSE in the neonatal period and infancy         • Neonatal NCSE       Conference report         • NCSE in neonatal and infantile epilepsy syndromes       Conference report         • West Syndrome       Ohtahara syndrome         • Ohtahara syndrome       Severe myoclonic encephalopathies of infancy         • Benign neonatal seizures (and benign familial neonatal - NCSE in other early neonatal and infantile epilepsies       Nonconvulsive         NCSE in childhood       Norksk op Reports         • NCSE in benign focal childhood epilepsy syndromes       Workshop Reports         • NCSE in benign focal childhood epilepsy syndromes       Workshop Reports         • NCSE in Dravet's syndrome       NCSE in Dravet's syndrome         • NCSE in Dravet's syndrome       NCSE in Ring Chromosome X         • NCSE in Myoclonic syndromes of childhood       NCSE in Angelman's syndrome         • NCSE in Myoclonic encephalopathies of childhood       NCSE in Myoclonic encephalopathies of childhood         • NCSE in Myoclonic encephalopathies of childhood       NCSE in Angelman's syndrome         • NCSE in Myoclonic encephalopathies of childhood       NCSE in Angelman's syndrome         • NCSE in Myoclonic encephalopathies of childhood       NCSE in Angelman's syndrome         • NCSE in Angelman's syndrome       Severe myoclonic encephalopathies of childhood<
A.3.d. Oculoclonic status A.3.e. Ictal paresis (i.e., focal inhibitory SE) A.4 Tonic status A.5 Hyperkinetic SE (B) Without prominent motor symptoms (i.e., nonconvulsive SE, NCSE) B.1 NCSE with coma (including so-called "subtle" SE) B.2 NCSE without coma B.2.a. Generalized B.2.a.a Typical absence status B.2.a.b Atypical absence status B.2.a.c Myoclonic absence status B.2.b. Focal	<ul> <li>NCSE in childhood and adult life</li> <li>NCSE in the severe epileptic encephalopathies/syndromes (atypical absence and other forms of NCSE) <ul> <li>Lennox Gastaut syndrome</li> <li>Other childhood epileptic encephalopathies</li> </ul> </li> <li>NCSE in acute cerebral injury <ul> <li>Acute confusional states (including acute symptomatic partial SE)</li> <li>NCSE in coma (including myoclonic status epilepticus in coma)</li> </ul> </li> <li>NCSE in patients with epilepsy but without encephalopathy <ul> <li>Simple partial NCSE</li> <li>EPC and non-motor forms of simple partial NCSE</li> <li>Complex partial status epilepticus</li> <li>Absence status epilepticus in idiopathic generalised epilepsies</li> <li>Panyotopoulos syndrome, EMA, JME</li> <li>Myoclonic status epilepticus in idiopathic generalised epilepsy</li> <li>NCSE in the postical phase of tonic clonic seizures</li> <li>NCSE in patients without epileptic encephalopathy/acute cerebral injury, which take the form of cognitive impairment or confusion, and which do not conform to the categories of simple or complex partial SE</li> </ul> </li> </ul>
<ul> <li>B.2.b.a Without impairment of consciousness (aura continua, with autonomic, sensory, visual, olfactory, gustatory, emotional/psychic/experiential, or auditory symptoms)</li> <li>B.2.b.b Aphasic status</li> <li>B.2.b.c With impaired consciousness</li> <li>B.2.c Unknown whether focal or generalized</li> <li>B.2.c.a Autonomic SE</li> </ul>	<ul> <li>Status epilepticus confined to adult life <ul> <li>De novo absence status epilepticus of late onset</li> </ul> </li> <li>Boundary syndromes <ul> <li>Cases with epileptic encephalopathy in whom it is not clear to what extent electrographic seizure activity is contributing to the clinical impairment</li> <li>Cases with acute brain injury in whom it is not clear to what extent electrographic seizure activity is contributing to the clinical impairment</li> <li>Cases with behavioural disturbances/psychosis in whom it is not clear to what extent electrographic seizure activity is contributing to the clinical impairment</li> </ul> </li> </ul>

## ELEKTROKLİNİK VE ETİYOLOJİK KLASİFİKASYON

## • NCSE Tipi (Elektroklinik klasifikasyon):

- Koma/stupor ile birlikte
- Koma/stupor olmaksızın
  - Jeneralize başlangıçlı (absans SE: tipik, atipik, myoklonik absans)
  - Fokal başlangıçlı (bilinç bozukluğu ile birlikte veya değil, afazik NCSE)
  - Fokal veya jeneralize olduğu bilinmeyen (örneğin otonomik

## • Etiyoloji:

- Semptomatik (bilinen)
  - Akut
  - Remote
  - Progresif
  - Yaşla ilişkili elektroklinik sendromlarda NCSE
- Kriptojenik (bilinmeyen)

SE)

## EPIDEMİYOLOJİ

#### Table 2. Five population-based studies of status epilepticus (convulsive and nonconvulsive)

	Richmond Virginia USA (De Lorenzo <i>et al.</i> 1995)	Rochester, Minn, USA (Hesdorffer <i>et al.</i> 1998)	French-speaking Switzerland (Coeytaux <i>et al.</i> 2000)	Hessen, Germany (Knake <i>et al.</i> 2001)	Bologna, Italy (Vignatelli <i>et al.</i> 2003)
Year	1989-1991	1965-1984	1997-1998	1997-1999	1999-2000
Population (denominator)	202,774	1,090,055+	1,735,420	743,285	336,876
Number of cases	166	199	172	150	44
Incidence of SE (per 100,000 per year)	41 (raw)	18.3 (adjusted)	9.9 (raw)	17.1	10.7
	61 (adjusted)		10.3 (adjusted)		
Female: male ratio of cases	1:1.2*	1: 1.9**	1:1.7***	1:1.9***	1:0.84**
History of prior epilepsy	42%	44%	32.8%	50%	39%
Exclusions	Patients one month of age or less	-	Patients with post-anoxic encephalopathy	Patients under the age of 18 years	Patients under the age of 20 years

## • Klinik çalışmalarda tüm status epileptikus olguları içerisindeki göreceli sıklığı değişken, %5-49

5	1 1	
	Subjects w	vith SE (44)
	Dead (17)	Living (27)
Sex		
M	52.9%	29.6%
F	47.1%	70.4%
Age		
Mean (SD)	71.2 yr (13.4)	67.1 yr (17.1)
Median	69 yr	70 yr
Range	52–95 yr	20–91 yr
Etiology		
Acute symptomatic	58.8%	18.5%
Remote symptomatic	17.6%	44.4%
Progressive symptomatic	5.9%	14.8%
Idiopathic/cryptogenic		11.1%
Multifactorial	17.6%	11.1%
Seizure type		
Generalized convulsive		14.8%
Generalized nonconvulsive		3.7%
Myoclonic	35.3%	3.7%
Simple partial	5.9%	11.1%
Complex partial		25.9%
Partial secondarily generalized	47.1%	37.0%
Unclassified	11.8%	3.7%
Duration		
<2 h	28.6%	19.2%
2–24 h	64.3%	50%
>24 h	7.1%	30.8%
NA	3 subjects	1 subject

## **TABLE 2.** Clinical factor distribution in dead and living subjects with status epilepticus

**TABLE 1.** Frequency of different types of status epilepticusclassified according to the International classificationof seizures (10)

Type of status epilepticus	Frequency
Simple partial	20 (13.3%)
Complex partial	65 (43.3%)
Secondarily generalized	29 (19.3%)
Primary generalized	21 (14.0%)
Absence status	9 (6.0%)
Unknown	6 (4.0%)
Total	150 (100%)

Epilepsia, 42 (2001), pp. 714–718 Epilepsia. 2015;56(10):1515-23. Lancet 2007;6(4):329-339.

 Table 4. Frequency of certain types of NCSE: comparison of literature estimates and figures from the 5 epidemiological studies

Type of NCSE	5 epidemiological studies (cases/100,00/year)	Literature estimates (cases/100,000/year)
Simple partial SE	1.1-14.1	1
Complex partial SE	1.1-14.1	15-45
Absence SE	0.2-1.2	0.2-0.5
Myoclonic SE	0.2-1.2	0.2-1.2

(Figures from the epidemiological studies extrapolated with age adjustment)

Nonkonvülzif nöbetler ve status epileptikus YBÜ hastalarında sık

Location	Study	Study design	N <sup>a</sup>	% Seizures <sup>b</sup>	% NCS or NCSE <sup>e</sup>
NICU	Jordan [15]	Retrospective	124	35 %	74 %
	Young et al. [16]	Retrospective	127	38 %	46 %
	Pandian et al. [12]	Retrospective	105	68 %	27 % NCSE
	Narayanan and Murthy [5]	Prospective	210	10.50 %	10.50 %
All ICU	Privitera et al. [2] <sup>d</sup>	Retrospective	198	37 %	100 %
	Towne et al. [1] <sup>e</sup>	Retrospective	236	8 %	100 % NCSE
	Claassen et al. [4]	Retrospective	570	19 %	92 %
MICU	Oddo et al. [17]	Retrospective	201	10 %	67 %
Pediatric ICU	Saengpattrachai et al. [25]	Retrospective	141	16 %	100 %
	Jette et al. [13]	Retrospective	117	44 %	75 %
	Shahwan et al. [8]	Prospective	100	7 %	7 % (2 % NCS only)
	McCoy et al. [14]	Retrospective	120	32 %	90 % (72 % NCS only)
	Williams et al. [18]	Retrospective	122	38 %	83 % (49 % NCS only)
	Abend et al. [7•]	Prospective	100	46 %	100 %

*cEEG* continuous electroencephalography, *EEG* electroencephalography, *ICU* intensive care unit, *MICU* medical intensive care unit, *NCS* nonconvulsive seizure, *NCSE* nonconvulsive status epilepticus, *NICU* neurological intensive care unit

<sup>a</sup> Population size

<sup>b</sup> The percentage of monitored patients in which any seizure was recorded

<sup>c</sup> The percentage of the total seizure that were NCS or NCSE

<sup>d</sup> 37 % Routine EEG only

Curr Neurol Neurosci	Rep	(2012)	12:419-428
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Condition	Study	Study design	$N^{a}$	% Seizures <sup>b</sup>	% NCS or NCSE <sup>c</sup>
Convulsive SE	DeLorenzo et al. [3]	Prospective	164	48 %	100 % (29 % NCSE)
TBI	Vespa et al. [19]	Retrospective	94	22 %	52 %
	Claassen [4]	Retrospective	51	18 %	100 %
SAH	Claassen et al. [4]	Retrospective	108	19 %	95 % (70 % NCSE)
	Dennis et al. [20]	Retrospective	26	8 %	100 % NCSE
Hemorrhagic stroke	Claassen et al. [23]	Retrospective	102	31 %	58 %
	Vespa et al. [22]	Prospective	63	23 %	80% <sup>d</sup>
schemic stroke	Vespa et al. [22]	Prospective	46	6 %	80% <sup>d</sup>
CNS infection	Carrera et al. [24]	Retrospective	42	33 %	71 %

Table 2 Rates of seizures reported by condition

CNS central nervous system, NCS nonconvulsive seizure, NCSE nonconvulsive status epilepticus, SAH subarachnoid hemorrhage, SE status epilepticus, TBI traumatic brain injury

<sup>a</sup> Number of patients

<sup>b</sup> The percentage of monitored patients in which any seizure was recorded

<sup>c</sup> The percentage of the total seizure that were NCS or NCSE

<sup>d</sup> These results were combined within one investigation

421

#### Neurology. 2004 May 25;62(10):1743-8.

#### Detection of electrographic seizures with continuous EEG monitoring in critically ill patients.

Claassen J<sup>1</sup>, Maver SA, Kowalski RG, Emerson RG, Hirsch LJ,

#### Author information

#### Abstract

OBJECTIVE: To identify patients most likely to have seizures documented on continuous EEG (cEEG) monitoring and patients who require more prolonged cEEG to record the first seizure.

METHODS: Five hundred seventy consecutive patients who underwent CEEG monitoring over a 6 5-year period were reviewed for the detection of hic, clinical, and EEG findings were recorded subclinical seizures or and a multivariate logis YBÜ HASTALARININ %19'UNDA eizure activity and 2) first seizure detected

after >24 hours of mon

NONKONVÜLZİF NÖBETLER VAR

#### **RESULTS:** Seizures w (n = 101) of these patie

izures were exclusively nonconvulsive in 92% e time of monitoring. Electrographic seizures

were associated with coma (odds ratio [OR] 7.7, 95% CI 4.2 to 14.2), age <18 years (OR 6.7, 95% CI 2.8 to 16.2), a history of epilepsy (OR 2.7, 95% CI 1.3 to 5.5), and convulsive seizures during the current illness prior to monitoring (OR 2.4, 95% CI 1.4 to 4.3). Seizures were detected within the first 24 hours of cEEG monitoring in 88% of all patients who would eventually have seizures detected by cEEG. In another 5% (n = 6), the first seizure was recorded on monitoring day 2, and in 7% (n = 8), the first seizure was detected after 48 hours of monitoring. Comatose patients were more likely to have their first seizure recorded after >24 hours of monitoring (20% vs 5% of noncomatose patients; OR 4.5, p = 0.018).

CONCLUSIONS: CEEG monitoring detected seizure activity in 19% of patients, and the seizures were almost always nonconvulsive. Coma, age <18 years, a history of epilepsy, and convulsive seizures prior to monitoring were risk factors for electrographic seizures. Comatose patients frequently required >24 hours of monitoring to detect the first electrographic seizure.

## society DOI 10 1007/-12000 01114-122

ORIGINAL ARTICLE

Frequency and Timing of Nonconvulsive Status Epilepticus in Comatose Post-Cardiac Arrest Subjects Treated with Hypothermia

Jon C. Rittenberger · Alexandra Popescu · Richard P. Brenner · Francis X. Guyette Clifton W. Callaway

#### Abstract

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Background Therapeutic hypothermia (TH) improves outcomes in comatose patients resuscitated from cardiac arrest However nonconvulsive status enilepticus (NCSE)

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#### parametric statistics.

Results Mean age of the 101 subjects was 57 years (SD 15) with most subjects being male (N = 55, 54%) and experiencing out-of-hospital cardiac arrest (N = 78; 77%). Ventricular fibrillation was the initial cardiac rhythm in 39 (38%). All subjects received TH. Thirty subjects (30%) awoke at a median of 41 h (IQR 30, 61) after cardiac arrest. A total of 29/30 (97%) subjects surviving to hospital discharge were awake. Median interval from arrest to placement of cEEG was 9 h (IQR 6, 12), at which time the mean temperature was 33.9°C. NCSE occurred in 12 (12%) subjects. In 3/12 (25%) subjects, NCSE was present when the cEEG recording began. In 4 subjects, NCSE occurred

## Prevalence of nonconvulsive status epilepticus in comatose patients

A.R. Towne, MD, E.J. Waterhouse, MD, J.G. Boggs, MD, L.K. Garnett, RN, MS, A.J. Brown, R EEG T, J.R. Smitl Jr., BSEE and R.J. DeLorenzo, MD, PhD, MPH

Background: Nonconvulsive status epilepticus (NCSE) is a form of status epilepticus (SE) that is an offer unrecognized cause of coma.

## KOMADAKİ HASTALARDA NCSE %8

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that we identify over 95% of all SE cases at the Medical College of Virginia Hospitals. Only cases that were found to have no clinical signs of SE were included in this study.

**Results:** EEG demonstrated that 8% of these patients met the criteria for the diagnosis of NCSE. The study included an age range from 1 month to 87 years.

**Conclusions:** This large-scale EEG evaluation of comatose patients without clinical signs of seizure activity found that NCSE is an under-recognized cause of coma, occurring in 8% of all comatose patients without signs of seizure activity. EEG should be included in the routine evaluation of comatose patients even if clinical seizure activity is no apparent.

## Epilepsy Research

Volume 18, Issue 2, June 1994, Pages 155-166

#### Research report

**FLSEVIER** 

EEG detection of nontonic-clonic status epilepticus in patients with altered consciousness

Michael Privitera 📥 .ª, Michael Hoffmanª, J.Layne Mooreª, †, Debra Jester<sup>b</sup>

Abstract

Subtypes of status epilepticus (SE) without tonic-clonic convulsions (nontonic-clonic SE)

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reliable way to r available on a 2

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where physicians ordered EEG to evaluate altered consciousness or possible SE. Out of 198 cases with altered consciousness but no clinical convulsions, 74 (37%) showed EEG and clinical evidence of definite or probable nontonic-clonic SE. Forty-two episodes (57%) were probable or definite complex partial SE, 29 (39%) were probable or definite subtle generalized SE, and three (4%) were myoclonic SE. In 23 SE cases altered consciousness was the only clinical sign at the time of diagnosis; subtle motor activity was present in 36 others. Neither clinical signs nor prior history predicted which patients showed SE on EEG. Nontonic-clonic SE followed a cerebral infarction in 16 cases. Contrary to other reports, we found no relationship between duration of SE and EEG pattern. Subtle generalized SE occurred most commonly in the setting of a diffuse brain injury rather than evolving from convulsive SE. This study demonstrates that nontonic-clonic SE is a common finding in patients with unexplained altered consciousness and EEG is necessary in the evaluation of these patients .



Epilepsia, **48**(5):900–906, 2007 Blackwell Publishing, Inc. © 2007 International League Against Epilepsy

Nonconvulsive Status Epilepticus in a Neurological Intensive Care Unit: Profile in a Developing Country

Jaishree T. Narayanan and Jagarlapudi M. K. Murthy

## BİLİNÇ DEĞİŞİKLİĞİ OLAN HASTALARDA NCSE %10,5-37

Material and Methods: Prospectively 210 consecutive patients with altered mental status admitted to neurological intensive care unit (NICU) of a tertiary care center in south India were studied for the frequency of NCSE. All patients were evaluated initially with 60-min emergent EEG (EmEEG) and subsequently by continuous EEG (cEEG) monitoring.

Results: Of the 210 with altered mental status admitted to NICU, the diagnosis of NCSE was established in 22 (10.5%) patients, in 12 (55%) patients with 60-min EmEEG and in 10 (45%) after cEEG monitoring for 12 to 48 hours.

Of the 22 patients with NCSE, 32% had subtle motor phenomena, these were not an initial presenting features, but were apparent during cEEG recording. Acute medical or neurologic etiology was the risk factor in 68% of patients. Central nervous system (CNS) infections and cortical sino-venous thrombosis NCSE, 4 (18%) had poor prognosis (3 deams and one persistent vegetative state). The etiological risk factors in the 9 (41%) patients with excellent outcome included epilepsy (3), remote symptomatic (2), cryptogenic (1), and metabolic and drugs (3). *Conclusions:* The frequency of NCSE in the current study was comparable with those in prior reports from developed countries. CNS infections accounted for about a fifth of the etiology. Outcome was excellent in patients with nonacute symptomatic NCSE. Initial 60-min EmEEG may be performed in establishing the diagnosis of NCSE, but almost half of patients with NCSE will be missed with this approach. **Key Words:** Nonconvulsive status epilepticus— Emergent EEG—Continuous EEG monitoring—Central nervous system infections—Midazolam.

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J Neurosurg. 1999 November ; 91(5): 750-760. doi:10.3171/jns.1999.91.5.0750.

Increased incidence and impact of nonconvulsive and convulsive seizures after traumatic brain injury as detected by continuous electroencephalographic monitoring

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## KAFA TRAVMASI OLAN HASTALARIN %21'İNDE NÖBET, %52'Sİ NONKONVÜLZİF

increase of conversive and nonconversive services by using commons EEG monitoring in patients in the ICU during the initial 14 days post-injury.

**Methods**—Ninety-four patients with moderate-to-severe brain injuries underwent continuous EEG monitoring beginning at admission to the ICU (mean delay  $9.6 \pm 5.4$  hours) and extending up to 14 days postinjury. Convulsive and non-convulsive seizures occurred in 21 (22%) of the 94 patients, with six of them displaying status epilepticus. In more than half of the patients (52%) the seizures were nonconvulsive and were diagnosed on the basis of EEG studies alone. All six patients with status epilepticus died, compared with a mortality rate of 24% (18 of 73) in the nonseizure group (p < 0.001). The patients with status epilepticus had a shorter mean length of stay (9.14 ± 5.9 days compared with 14 ± 9 days [t-test, p < 0.03]). Seizures occurred despite initiation of prophylactic phenytoin on admission to the emergency room, with maintenance at mean levels of  $16.6 \pm 2.8$  mg/dl. No differences in key prognostic factors (such as the Glasgow Coma Scale score, early hypoxemia, early hypotension, or 1-month Glasgow Outcome Scale score) were found between the patients with seizures and those without.

**Conclusions**—Seizures occur in more than one in five patients during the 1st week after moderate-to-severe brain injury and may play a role in the pathobiological conditions associated with brain injury.

#### NONCONVULSIVE STATUS EPILEPTICUS AFTER SUBARACHNOID HEMORRHAGE

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#### Stephan A. Mayer, M.D.

Division of Critical Care Neurology, Department of Neurology, and Department of Neurosurgery. College of **OBJECTIVE:** Although in-hospital seizures have been reported for 3 to 24% of patients with aneurysmal subarachnoid hemorrhage (SAH), nonconvulsive status epilepticus (NCSE) has not been previously described. We sought to determine the frequency and clinical features of NCSE among comatose patients with SAH.

**METHODS:** Between November 1997 and February 2000, we performed continuous electroencephalographic (cEEG) monitoring for at least 24 hours for all patients with aneurysmal SAH who were treated in our neurological intensive care unit and exhibited upsychained come or peurological deterioration. NCSE was diagnosed when cEEG

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#### SAK HASTALARINDA NCSE %8

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d overt

tonicoclonic activity. A worst Hunt and Hess grade of IV or V, older age, ventricular drainage, and cerebral edema on computed tomographic scans were identified as risk factors for NCSE (all P < 0.01). NCSE was successfully terminated for five patients (63%), but only one experienced clinical improvement, which was transient; all eight patients eventually died after a period of prolonged coma.

**CONCLUSION:** cEEG monitoring detected NCSE for 8% of patients with SAH and otherwise unexplained coma or neurological deterioration. The seizures were highly refractory to therapy, and the prognosis for these patients was extremely poor. Routine postoperative cEEG monitoring of patients with SAH who are at high risk for NCSE, allowing earlier diagnosis and treatment, offers the best chance of improving the outcomes for patients with this disorder.

KEY WORDS: Coma, Electroencephalography, Neurological Intensive care, Nonconvulsive status epilepticus, Subarachnoid hemorrhage

Neurosurgery 51:1136-1144, 2002 DOI: 10.1227/01.NEU.0000031752.00510.4A

www.neurosurgery-online.com

Epilepsia, 39(8):833-840, 1998 Lippincott- Raven Publishers, Philadelphia © International League Against Epilepsy

## Persistent Nonconvulsive Status Epilepticus After the Control of **Convulsive Status Epilepticus**

\*†‡R. J. DeLorenzo, \*E. J. Waterhouse, \*A. R. Towne, \*J. G. Boggs, §D. Ko, \*G. A. DeLorenzo,

#### KONVÜLZIF STATUS EPILEPTIKUS SONRASINDA stics, NONKONVÜLZİF NÖBET: % 48, STATUS: % 14

Summary: Purpose: Convulsive status epilepticus (CSE) is a major medical and neurological emergency that is associated with significant morbidity and mortality. Despite this high morbidity and mortality, most acute care facilities in the United States cannot evaluate patients with EEG monitoring during or immediately after SE. The present study was initiated to determine whether control of CSE by standard treatment protocols was sufficient to terminate electrographic seizures.

Methods: One hundred sixty-four prospective patients were evaluated at the Medical College of Virginia/VCU Status Epilepticus Program. Continuous EEG monitoring was performed for a minimum of 24 h after clinical control of CSE. SE and seizure types were defined as described previously. A standardized data form entry system was compiled for each patient and used to evaluate the data collected.

Results: After CSE was controlled, continuous EEG monitoring demonstrated that 52% of the patients had no after-SE ictal discharges (ASIDS) and manifested EEG patterns of generalized slowing, attenuation, periodic lateralizing epileptiform discharges (PLEDS), focal slowing, and/or burst suppression. The remaining 48% demonstrated persistent electrographic seizures. More than 14% of the patients manifested nonconvulsive SE (NCSE) predominantly of the complex partial NCSE seizure (CPS) type (2). These patients were comatose and showed no overt clinical signs of convulsive activity. Clinical detection of NCSE in these patients would not have been possible with routine neurological evaluations without use of EEG monitoring. The clinical presentation, mortality, morbidity, and demographic information on this population are reported.

Conclusions: Our results demonstrate that EEG monitoring after treatment of CSE is essential to recognition of persistent electrographic seizures and NCSE unresponsive to routine therapeutic management of CSE. These findings also suggest that EEG monitoring immediately after control of CSE is an important diagnostic test to guide treatment plans and to evaluate prognosis in the management of SE. Key Words: Epilepsy-Status epilepticus-Nonconvulsive status epilepticus-Electroencephalographic monitoring.

Nonconvulsive seizures are common in critically ill children

A []

#### A.M. Guti PEDİATRİK YBÜ HASTALARINDA BA ELEKTROGRAFİK NÖBET: % 46, STATUS: % 19 A.A. Topji H. Zhao,

M. Donnelly, REEGT R.R. Clancy, MD D.J. Dlugos, MD, MSCE

N.S. Aben

R. Guo, M

EEG monitoring if they met institutional clinical practice criteria. Study enrollment and data collection were prospective. Logistic regression analysis was utilized to identify risk factors for seizure occurrence.

Results: One hundred children were evaluated. Electrographic seizures occurred in 46 and electrographic status epilepticus occurred in 19. Seizures were exclusively nonconvulsive in 32. The only clinical risk factor for seizure occurrence was younger age (p = 0.03). Of patients with seizures, only 52% had seizures detected in the first hour of monitoring, while 87% were detected within 24 hours.

Conclusions: Seizures were common in critically ill children with acute encephalopathy. Most were nonconvulsive. Clinical features had little predictive value for seizure occurrence. Further study is needed to confirm these data in independent high-risk populations, to clarify which children are at highest risk for seizures so limited monitoring resources can be allocated optimally, and to determine whether seizure detection and management improves outcome. Neurology® 2011:76:1071-1077

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abend@email.chop.edu

#### Neurology. 2003 May 13;60(9):1441-6.

#### Acute seizures after intracerebral hemorrhage: a factor in progressive midline shift and outcome.

Vespa PM<sup>1</sup>, O'Phelan K, Shah M, Mirabelli J, Starkman S, Kidwell C, Saver J, Nuwer MR, Frazee JG, McArthur DA, Martin NA

Author information

#### Abstract

OBJECTIVE: To determine whether early seizures that occur frequently after intracerebral hemorrhage (ICH) lead to increased brain edema as manifested by increased midline shift

## METH ICH HASTALARININ %28'İNDE İSKEMİK İNME uous EEG monito admis: NÖBETLER VAR

**RESULTS:** Electrographic seizures occurred in 18 of 63 (28%) patients with ICH, compared with 3 of 46 (6%) patients with ischemic stroke (OR = 5.7, 95% Cl 1.4 to 26.5, p < 0.004) during the initial 72 hours after admission. Seizures were most often focal with secondary generalization. Seizures were more common in lobar hemorrhages but occurred in 21% of subcortical hemorrhages. Posthemorrhagic seizures were associated with neurologic worsening on the NIH Stroke Scale (14.8 vs 18.6, p < 0.05) and with an increase in midline shift (+ 2.7 mm vs -2.4 mm, p < 0.03). There was a trend toward increased poor outcome (p < 0.06) in patients with posthemorrhagic seizures. On multivariate analysis, age and initial NIH Stroke Scale score were independent predictors of outcome.

**CONCLUSION:** Seizures occur commonly after ICH and may be nonconvulsive. Seizures are independently associated with increased midline shift after intraparenchymal hemorrhage.

#### Arch Neurol, 2008 Dec;65(12):1612-8. doi: 10.1001/archneur.65.12.1612.

#### Continuous electroencephalographic monitoring in critically ill patients with central nervous system infections.

Carrera E<sup>1</sup>, Claassen J, Oddo M, Emerson RG, Mayer SA, Hirsch LJ.

Author information

#### Abstract

**OBJECTIVES:** To determine the prevalence, predictors, and clinical significance of electrographic seizures (ESz) and other continuous electroencephalographic monitoring findings in critically ill patients with central nervous system infections.

#### DESIGN

2007.

#### SSS ENFEKSİYONLARI OLAN HASTALARIN PATIEN and fung %33'ÜNDE ELEKTROGRAFİK NÖBETLER VAR

atients [18%]; d February 28.

MAIN OUTCOME MEASURES: Presence of ESz or periodic epileptiform discharges (PEDs).

**RESULTS:** Electrographic seizures were recorded in 14 patients (33%), and PEDs were recorded in 17 patients (40%). Twenty patients (48%) had either PEDs or ESz. Of the 14 patients with ESz, only 5 (36%) had a clinical correlate. Periodic epileptiform discharges (odds ratio=13.4; P=.001) and viral cause (odds ratio=13.0; P=.02) were independently associated with ESz. Both ESz (odds ratio=5.9; P=.02) and PEDs (odds ratio=6.1; P=.01) were independently associated with poor outcome at discharge (severe disability, vegetative state, or death).

**CONCLUSIONS:** In patients with central nervous system infections undergoing continuous electroencephalographic monitoring, ESz and/or PEDs were frequent, occurring in 48% of our cohort. More than half of the ESz had no clinical correlate. Both ESz and PEDs were independently associated with poor outcome. Additional studies are needed to determine whether prevention or treatment of these electrographic findings improves outcome.

Yoğun bakım hastalarının önemli bir kısmında nonkonvülzif nöbetler/status epileptikus var!!!

Tanı için yüksek klinik kuşku ve devamlı EEG monitorizasyonu gerekli!!!

Nonkonvülzif status epileptikus YBÜ'de şu şekillerde prezente olabilir

1. Akut medikal ve nörolojik hastalık, ilaç maruziyeti veya yoksunluğu hallerinde gelişen stupor/koma ve jeneralize elektrografik epileptik aktivite

2. Sekonder jeneralizasyon gösteren fokal nonkonvülzif status epileptikus, stupor veya komaya progrese olan konfüzyon ve jeneralize elektrografik epileptik aktivite

3. Klonik hareketlerin seyrekleşerek sonunda kaybolduğu jeneralize tonik klonik status epileptikus ile birlikte persistan elektrografik epileptik aktivite; 'end-stage' veya 'subtle status epileptikus'

CONTINUUM: Lifelong Learning in Neurology 2015;21(5):1362–1383

## Şu durumlarda nonkonvülzif status epileptikus tanısı akla gelmeli

- 1. Akut beyin hasarı (genellikle intraserebral lober hemoraji, enfeksiyon, şiddetli travma, subaraknoid kanama veya cerrahi)
- 2. Akut beyin hasarı ile orantısız bilinç bozukluğu
- 3. Eski semptomatik beyin lezyonu
- 4. Epilepsi öyküsü
- 5. Tonik klonik nöbet/konvülzif status epileptikus sonrası persistan bilinç bozukluğu
- 6. Açıklanamayan fokal nörolojik defisit
- 7. Bilinç bozukluğu düzelmeyen/çok yavaş düzelen sepsis hastaları
- 8. Subtle motor fenomenler, nistagmus, klonus, opsoklonus

Nonconvulsive status epilepticus

Factors associated with poor outcome after NCSE:

For patients diagnosed within 30 min of seizure onset, mortality was 36 % compared with 75 % for those patients diagnosed ≥24 h after seizure onset seizures [51]

Patients with NCSE treated and resolved within 10 h had 10 % mortality vs. 85 % mortality if seizures continued longer than 20 h [51]

EEG monitorizasyonu yapılmaması NCSE tanısını geciktirir

 Tanıda gecikme refrakter status epileptikus gelişimi ve mortalite riskinde artış ile ilişkili

Indication	Rationale	Guidelines 2012 <sup>b</sup>	Table 10 Indications for cEEG in SE			
Suspected seizures in patients with unexplained coma or altered	Exclude nonconvulsive status epilepticus	Class I, Level B	Indication	Rationale	Grade	
mental status			Recent clinical seizure or SE without	Ongoing non-convulsive status despite	Class I, level B	
Otherwise unexplained focal neurologic	Exclude nonconvulsive status	No recommendation	return to baseline >10 min	cessation of motor activity 18–50 $\%$		
deficits (eg, aphasia or focal weakness)	epilepticus		Coma, including post-cardiac arrest	Frequent non-convulsive seizures,	Class I, level B	
Recent clinical seizure activity or status epilepticus without return to baseline within 10 minutes	Exclude nonconvulsive status epilepticus; titrate anesthetic agent to cessation of electrographic seizures; monitor for breakthrough subclinical seizures	Class I, Level B		20-60 %		
			Epileptiform activity or periodic discharges on initial 30 min EEG	Risk of non-convulsive seizures, 40–60 %	Class I, level B	
			Intracranial hemorrhage including	Frequent non-convulsive seizures,	Class I, level B	
Clinical seizure activity is of a	Confirm status epilepticus; exclude	No recommendation	TBI, SAH, ICH	20-35 %		
start-stop-start quality	nonepileptic (psychogenic) status epilepticus		Suspected non-convulsive seizures in patients with altered mental status	Frequent non-convulsive seizures, 10–30 %	Class I, level B	
20			-			

Neurocritical Care Society

Klinik kuşku varlığında en az bir rutin EEG çekilerek elektrografik nöbet dışlanmalı

Epileptiform aktivite saptanırsa devamlı EEG monitorizasyonu yapılmalı

CONTINUUM: Lifelong Learning in Neurology 2015;21(5):1362–1383

GRADE recommendations			Patient description		Objective
Direction	Strength	Level of evidence	Underlying etiology	Scenario	
Pro	Strong (1)	Low quality (C)	Generalized convulsive status epilepticus	No return to functional baseline after initial antiepileptic therapy	Detect nonconvulsive seizures
Pro	Strong (1)	Low quality (C)	Refractory status epilepticus	Concern for ongoing seizure activity	Detect nonconvulsive seizures
Pro	Strong (1)	Low quality (C)	Traumatic brain injury	Unexplained alteration in consciousness <sup>a</sup>	Detect nonconvulsive seizures
Pro	Strong (1)	Low quality (C)	Subarachnoid hemorrhage	Unexplained alteration in consciousness <sup>a</sup>	Detect nonconvulsive seizures
Pro	Strong (1)	Low quality (C)	Intracerebral hemorrhage	Unexplained alteration in consciousness <sup>a</sup>	Detect nonconvulsive seizures
Pro	Strong (1)	Low quality (C)	Cardiac arrest	Persistent coma	Detect nonconvulsive seizures
Pro	Strong (1)	Low quality (C)	Encephalitis	Unexplained alteration in consciousness <sup>a</sup>	Detect nonconvulsive seizures
Pro	Strong (1)	Low quality (B)	Comatose patients without primary brain injury	Unexplained alteration in consciousness <sup>a</sup>	Detect nonconvulsive seizures
Pro	Weak (2)	Low quality (C)	Severe traumatic brain injury	Concern for ongoing seizure activity in high-risk patients (large cortical hemorrhagic contusion/hematoma)	Detect nonconvulsive seizures
Pro	Weak (2)	Very low quality (D)	Acute ischemic stroke	Unexplained alteration in consciousness <sup>a</sup>	Detect nonconvulsive seizures
Pro	Weak	Low quality	Subarachnoid hemorrhage	Patients in whom clinical	Detect ischemia
Pro	(2) Weak (2) DO	(C)     examination is unreliable       Intensive Care Med (2013) 39:1337–1351     SYSTEMATIC REVIEW   Prognostication			
Pro	Weak (2)				Prognostication
Pro	Weak (2) Jan	n Claassen bio S. Taccone		ns on the use of EEG	Prognostication
<sup>a</sup> Unexplained alte glucose, ammoniu (cerebral CT scan) <sup>Peter Horn</sup> Martin Holtkamp Nino Stocchetti Mauro Oddo			monitoring in critically ill patients: consensus statement from the neurointensive care section of the ESICM		ders (sodium, calcium, ain lesions on imaging

 Table 2
 GRADE recommendations for the indications for EEG in the ICU

Recommendations for patients with TBI

- 1. We recommend EEG in all TBI patients with unexplained and persistent altered consciousness (strong recommendation, low quality of evidence—grade 1C).
- 2. We suggest EEG to rule out NCSz in patients with TBI and GCS < 8, particularly in those with large cortical contusion/hematoma, depressed skull fracture or penetrating injury (weak recommendation, low quality of evidence-grade 2C).

#### Recommendations for patients with SAH

1. We recommend EEG to rule out NCSz in all SAH patients with unexplained and persistent altered consciousness (strong recommendation, low quality of evidence-grade 1C).

#### Recommendations for patients with ICH

sciousness (strong recomm evidence—grade 1C).

1. We recommend EEG to ru Recommendations for comatose ICU patients patients with unexplained a without acute primary brain injury

g recommendation, low quality 1. We suggest EEG in comatose ICU patients without an acute primary brain condition and with unexplained impairment of mental status or unexplained neurological deficits to rule out NCSz, particularly in those with severe sepsis or renal/hepatic failure (weak recommendation, low quality of evidence—grade 2C).

Recommendations for patients with AIS

1. We suggest EEG to rule out NCSz in all AIS patients with unexplained and/or persistently altered consciousness (weak recommendation, very low quality of evidence-grade 2D).

#### Recommendations for comatose patients after CA

1. We recommend EEG during TH and within 24 h after rewarming to rule out NCSz in all comatose patients after CA (strong recommendation, low quality of evidence-grade 1C).

Recommendations for patients with infectious and noninfectious encephalitis patients with encephalitis that

explained neurological deficits

## Table 1. Working clinical criteria for nonconvulsive status epilepticus

Patients without known epileptic encephalopathy

EDs > 2.5 Hz, or

EDs  $\leq 2.5$  Hz or rhythmic delta/theta activity (>0.5 Hz) AND one of the following:

EEG and clinical improvement after IV AED<sup>a</sup>, or

Subtle clinical ictal phenomena during the EEG patterns mentioned above, or

Typical spatiotemporal evolution<sup>b</sup>

Patients with known epileptic encephalopathy

Increase in prominence or frequency of the features mentioned above, when compared to baseline **with** observable change in clinical state Improvement of clinical and EEG<sup>a</sup> features with IV AEDs

Modified from Kaplan (2007).

EDs, epileptiform discharges (spikes, poly spikes, sharp-waves, sharp-and-slow-wave complexes); IV AEDs: intravenous antiepileptic drugs.

"If EEG improvement occurs without clinical improvement, or if fluctuation without definite evolution, this should be considered possible NCSE.

<sup>b</sup>Incrementing onset (increase in voltage and change in frequency), or evolution in pattern (change in frequency >1 Hz or change in location), or decrementing termination (voltage or frequency).

- Tercih edilen yanıt: hastanın klinik durumunda ve EEG'de düzelme olması
- Yalnızca EEG'de düzelme, deşarjların sonlanması, bazal EEG paternlerinin ortaya çıkması
- IV AEİ ile klinik düzelmenin olmaması olayın epileptik doğasını dışlatmaz, yanıt gecikmiş olabilir veya özellikle koma ile birlikte

gelişen NCSE olgularında olmak üzere hiç alınamayabilir

Tipik absans statusu

Fp1-A1 Fp2-A21N N F3-A1 W ANNIA ANA Q. F4-A21 Ų, C3-A1 N W W Ч M Mariand C4-A2 14 44 W W. W P3-A1 mm m

## De novo, geç başlangıçlı absans statusu



## Limbik status epileptikus



## Nonlimbik kompleks parsiyel status epileptikus



	Etiology	EEG pattern
coma-GED	Diffuse primary or secondary brain	Continuous generalized spiking
	disturbances (anoxic,	Periodic spiking
	toxic, metabolic, infectious, degenerative)	Burst suppression pattern in different variations
	Space-occupying lesions with brainstem	Other generalized periodic abnormalities
	compression (direct or due to tentorial herniation) <sup>a</sup>	Bilateral triphasic waves
	Known epilepsies?	
coma-LED	Focal brain lesions (in most cases acutely acquired)	Continuous focal spiking PLEDs Bi-PLEDS
	In rare cases diffuse abnormalities	Unilateral burst suppression pattern
	(aminophylline intoxication, some	Unilateral triphasic waves
	forms of diabetic coma)	
	Known epilepsies?	

1 ----

-

....

Bi-PLED, bilateral periodic epileptiform discharges; GEDs, generalized epileptiform discharges; LED, lateralized epileptiform discharges; PLED, periodic epileptiform discharges. Komadaki nonkonvülzif status epileptikus hastalarında EEG

bulguları etiyoloji ile ilişkili

Epilepsia 2010;51(2):177-90

## Komada NCSE



Komada NCSE, hipoksik ensefalopati



## Komada NCSE, BİPLED, sağ kraniotomi



Aynı zamanda video kayıtlama yapılmalı mı?

Monitorizasyona hızla başlanmalı

(tüm hastalarda bir saat içerisinde)

Yorumlayıcılar devamlı EEG monitorizasyonu konusunda eğitimli ve deneyimli olmalı, raw ve kantitatif EEG EEG'nin yorumlanmasını ve iktal EEG'ye eşlik eden klinik bulguların saptanmasını kolaylaştırabilir Ancak video kayıtlamalarının etkinliğini gösteren prospektif çalışma yok

## Tanıda gecikme olumsuz prognozla ilişkili!!!

Nonconvulsive status epilepticus

Factors associated with poor outcome after NCSE:

For patients diagnosed within 30 min of seizure onset, mortality was 36 % compared with 75 % for those patients diagnosed ≥24 h after seizure onset seizures [51]

Patients with NCSE treated and resolved within 10 h had 10 % mortality vs. 85 % mortality if seizures continued longer than 20 h [51]

Elektriksel gürültü Hareket artefaktları Ventilatörle ilişkili artefaktlar (periyodik deşarjları taklit edebilir) Göğüs perküsyonları (iktal aktiviteyi taklit edebilir) Teknik artefaktlar Elektrot diskonneksiyonu (zemin aktivitesinde yavaşlama ve baskılanmayı taklit edebilir) Stimülasyonla ortaya çıkan periyodik veya iktal görünümlü paternler

## Devamlı EEG monitorizasyonunda hedef/süre?



Table 11 Continuous EEG treatment endpoints						
EEG defined endpoint	Rationale	Grade				
Cessation of non-convulsive seizures	Recurrent non-company seizures result in ongoing brain injury and worsen mortality	Class I, level B				
Diffuse beta activity	Verifies effect of anesthe ic agents	Class IIb, level C				
Burst suppression 8-20 s intervals	Interruption of synapse transmission of electrical activity	Class IIb, level C				
Complete suppression of EEG	Interruption of synaptic transmission	Class IIb, level C				

SÜRE?

- Komadaki hastalarda akut beyin hasarı sonrası en az 48 saat
- Elektrografik nöbetler sonlandıktan sonra en az 24 saat
- Antiepileptiklerin weaning'i süresince

Neurocrit Care 2012;17:3-23

Konvülzif status epileptikus ciddi morbidite ve mortalite ile ilişkili, medikal bir acil olarak kabul ediliyor

Nonkonvülzif status epileptikusun acil tanı ve tedavisine konvülzif status epileptikus kadar vurgu yapılmıyor

# Peki gerçekten nonkonvülzif status epileptikus benign bir antite mi?
Nonkonvülzif status epileptikus sonrası prognozun belirlenmesindeki temel güçlük şudur: Olası olumsuz prognoz şunlardan hangisi ile ilişkili?

www.www.www.www.www.www.www.www.



CONTROLEDSIES IN NEUROLOGY

SECTION EDITOR: VLADIMIR HACHINSKI, MD, FRCPC, DScMed

### Do Nonconvulsive Seizures Damage the Brain?-Yes

G. Bryan Young, MD; Kenneth G. Jordan, MD

ONCONVULSIVE seiheterogeneous and include absence. complex partial, and simple partial seizures without convulsive activity.1 Although typical absence seizures do not damage the brain, other nonconvulsive seizures, usually complex partial status epilepticus (CPSE), can cause enduring cerebral dysfunction, affecting memory and other functions. Epileptic brain damage has been documented in humans and animals and includes cognitive impairment, recurring seizures, and neuronal death.2,3

#### ANIMAL MODELS

In animal studies, prolonged NCSs can cause behavioral deficits.4.7 Repeated NCSs and induced nonconvulsive status epilepticus (NCSE) have produced epilepsy in some animals.8-11 The classic studies of Meldrum and Brierley<sup>12</sup> and Nevander et al13 demonstrated that, even without attendant hypoxemia, acidosis, hyperthermia, and hypoglycemia, ongoing seizures in primates and rats can cause neuronal death. Epileptic brain damage is likely caused by excitotoxic effects produced by glutamate or aspartate-activating N-methyl-D-asparate and other receptors with contributions by increased free-radical production and activation of apoptotic mechanisms.14-17 Spontaneous NCSE is preceded by a reduction of y-aminobutyric acid-mediated inhibition, related to the death of neurons that normally excite inhibitory neurons.18-20 Neuronal death, following limbic status epilepticus, occurs at sites remote from regional brain injections and in the hippocampus after the systemic injection of kainic

From the University of Western Ontario, London, Ontario (Dr Young), and Jordan Neuroscience, San Bernardino, Calif (Dr Jordan)

out lithium), bicuculine, folic acid, pathological changes occur that are identical to hippocampal sclerosis in humans.26-29 In addition, partial kindling, insufficient to produce convulsive seizures, can produce long-lasting

acid, cholinergic drugs (with or with-

hanced long-term potentiation of population spikes after stimulation of the medial perforant path.30-33 While animal models cannot be uncritically applied to patients, humans and animals demonstrate similar behavioral and electroencephalographic (EEG) changes in the evolution of status epilepticus, both

#### convulsive and nonconvulsive.34 CLINICAL EVIDENCE

It has been difficult to confirm that NCSE causes brain damage in patients, because its underlying causes by themselves often injure the brain. Also, some patients may be neurologically abnormal before they experience NCSE.35,36 Proof is also hampered by the definitional need for EEG confirmation of the diagnosis, because NCSs and NCSE are mimicked by numerous conditions. Continuous EEG monitoring is necessary to establish seizure onset, duration. and termination.36,37 However, from a clinical point of view, we believe that it is artificial to try to separate the relative injurious effects of acute brain injuries (ABIs) and seizures, as the 2 probably act synergistically to produce brain damage, by augmenting the release of excitatory neurotransmitters, among other mechanisms.38 Among a variety of patients admitted to a neurology intensive care unit with ABIs, more than twice as many with NCSs and NCSE died or subsequently required custodial care than patients without seizures.39

Acute seizures occur in 20% of cases of ABIs that are fatal, but they

among patients with stroke who have seizures than among those who do not; seizure activity is secondary only to impaired consciousness as a predictor of mortality.41,42 When strokes and seizures are separated by time, spatial memory disruption, increased it is clear that seizures can cause adpaired-pulse facilitation, and enditional deficits. Bogousslavsky et al43 studied 48 patients with focal seizures that occurred an average of 7 months after strokes. Ten had persistent worsening of neurological deficits after partial seizures; two had only epileptic aphasia. None had additional strokes to account for the worsening. Seizure duration was the only significant factor that differen-

ries.40 Mortality is eig

are less common in nonfatal in

ntly higher

from the 38 who recovered. Even without coinciding ABI. NCSE has been documented to produce neuronal damage. Among 8 patients with NCSE, the mean value of the serum neuron-specific enolase concentration, a marker for acute neuronal injury, was significantly elevated compared with that in controls with epilepsy.44 Three of the 8 patients had abnormal outcomes (Glasgow Outcome Score <5). In another study, an increase in neuron-specific enolase concentration occurred in 2 patients with NCSE who did not have preceding or coexistent cerebral injury.45 In addition, the neuron-specific enolase concentration was elevated in both serum and cerebrospinal fluid during NCSs induced by methohexital.46,4

tiated those with additional deficits

In the absence of preexisting neurological damage, patients with NCSs may suffer significant cognitive morbidity.48,49 Patients with complex partial seizures may develop enduring neurological deficits, including cognitive dysfunction.50,51 Wasterlain et al52 reported neuronal loss in the hippocampus and other brain regions after NCSE in 3 patients who did not have preexisting seizures or systemic abnormalities. Engel et al53 described a patient with recurrent

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### Do Nonconvulsive Seizures Damage the Brain?—No

Michael J. Aminoff, MD, FRCP

damage, it is appropriate to examine initially whether nonconvulsive status epilepticus produces such damage. If it does, the aggressive treatment of this form of status epilepticus may be justified despite the potential morbidity of certain therapeutic approaches. If it does not, it may reasonably be concluded that isolated nonconvulsive seizures also fail to produce brain damage. To my knowledge, there is no information to indicate whether isolated nonconvulsive seizures recurring over many years are harmful, although it is pertinent that a benign course and an excellent prognosis for remission without evidence of cerebral damage are associated with certain hereditary. childhood-onset, nonconvulsive seizure disorders.

Nonconvulsive status epilepticus may be difficult to identify. Some patients with Lennox-Gastaut syndrome, for example, show nearcontinuous atypical spike-wave activity in the electroencephalogram and

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a variable state of mental dullness, but it is not clear that this properly represents an ictal phenomenon. Nonconvulsive status epilepticus has been divided into absence status (generalized status or spike-wave stupor) and complex partial status. It may be difficult, however, to distinguish between them, because in some patients the electroencephalogram shows transitional features.1,2

Nonconvulsive status epilepticus has not been convincingly associated with severe morbidity or death. Ballenger et al3 described 8 patients with complex partial status epilepticus due to either continuous or recurrent seizures. These patients ictally had reduced responsiveness or automatisms, sometimes accompanied by more conspicuous motor activity, and they showed a gradual return to baseline cognitive function on cessation of their seizures. A patient with a prolonged memory deficit after complex partial status epilepticus has been described, but full recovery occurred eventually.4 Two other patients with memory deficits after complex partial status epilepticus have been described, but detailed long-term follow-up information was not provided.5 Krumholz et al6 described 10 patients with persistent neurological deficits or death after well-documented nonconvulsive status epilepticus of the complex

. However, in 5 of their patients (4 with vascular disease or encephalitis and 1 with a metabolic disturbance and human immunodeficiency virus encephalopathy), morbidity was probably due to the underlying disease rather than to the status epilepticus per se. Three other patients had convulsive seizures shortly before the onset of the status epilepticus, which may have been responsible for complications, and the remaining 2 patients died of general medical complications without evidence of any direct harmful effect of the seizures on brain function.6 Finally, Cockerell et al7 recently described 20 patients with complex partial status epilepticus that was recurrent in 17. They found no decline in performance on serial psychometric studies, when these were performed, and no "marked clinical evidence" of cognitive or neurological decline in the other patients.

With regard to nonconvulsive generalized status epilepticus, Guberman et al1 studied 13 episodes in 10 adults and found no evidence of longterm cognitive, memory, or behavioral changes. Recurrences of status epilepticus occurred in some instances. but there was no reason to attribute this to the initial episode. Others have also noted that absence status epilepticus is not associated with clinically significant postictal abnormality.

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ing to determine whether nonconvulsive seizures cause brain

NCSE kalıcı nörolojik sekele yol açar mı yoksa sadece altta yatan beyin hastalığının şiddetinin göstergesi mi?

NCSE etiology/cerebral insult



Neurophysiol Clin 2000 ; 30 : 377-82

Nonkonvülzif status epileptikus etiyoloji/prognoz ve tedavisi homojen bir antite mi?

# YBÜ hastalarında

	UNDERDIAGNOSIS?	İdyopatik jeneralize epilepsilerde prognoz?			
Komad	TEDAVİ HANGİ HASTA GRUBUNDA NASIL OLMALI?         Komad       NE KADAR AGRESİF OLUNMALI?				
	<i>'epiphenomenon'</i> nörolojik hasarı olanlarda risk altındaki beyin nde iktal aktivite ile ilişkili artmış metabolik yük?	Agresif tedavinin prognoz üzerine etkisi?			

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Experimental Neurology 183 (2003) 87-99

An animal model of generalized nonconvulsive status epilepticus:

Experimental Neurology ELSEVIER

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Epilepsy Behavior

Epilepsy & Behavior 5 (2004) 180-191

www.elsevier.com/locate/yebeh

## Long-term behavioral and morphological consequences of nonconvulsive status epilepticus in rats

Pavel Kršek, Anna Mikulecká, Rastislav Druga, Hana Kubová, Zdeněk Hliňák, Lucie Suchomelová, and Pavel Mareš\*



Fig. 5. DAPI and Fluoro-Jade B staining in a rat 1 week after kainic acid-induced status epilepticus. In addition to viable DAPI-positive cells in neocortex (A) and hippocampus (C), abundant Fluoro-Jade B-positive cells in specific neocortical layers (B), dentate hilus, CA3, and CA1 cell layers (D) occur, indicating kainate-induced status epilepticus results in cell death in specific cell populations. IV/V, neocortical layers IV/V; CA1, CA1 pyramidal cell layer of hippocampus; CA3, CA3 pyramidal cell layer of hippocampus; DG, granule cell layer of dentate gyrus. Calibration bar = 200 µm applies to all photomicrographs.

Fig. 6. Average number of parvalbumin-positive neurons in the dentate gyrus (counted in the whole extent of both blades) and in the CA1 and CA3 hippocampal fields (counted in a square of  $0.3 \times 0.3$  mm). Open bars: control group (n = 5); crosshatched bars: pilocarpine group (n = 11). Data are expressed as mean+SEM. Statistical significance, P < 0.05 (two-tailed): "Pilocarpine group versus control group.

Fig. 5. Average number of calbindin-positive neurons counted in the square of  $0.3 \times 0.3$  mm localized randomly in layers V and VI of the motor neocortex (left); average number of parvalbumin-positive neurons counted in the whole range of layers V and VI of the motor neocortical fields Fr 1– 3 of both hemispheres (right). Open bars: control group (n = 5); crosshatched bars: pilocarpine group (n = 11). Data are expressed as means + SEM. Statistical significance, P < 0.05 (two-tailed): "pilocarpine versus control group.



Available online at www.sciencedirect.com

Epilepsy & Behavior 5 (2004) 180-191

Long-term behavioral and morphological consequences of nonconvulsive status epilepticus in rats

Pavel Kršek, Anna Mikulecká, Rastislav Druga, Hana Kubová, Zdeněk Hliňák, Lucie Suchomelová, and Pavel Mareš\* The aims of the present study were to ascertain whether nonconvulsive status epilepticus (NCSE) could give rise to long-term behavioral deficits and permanent brain damage. Two months after NCSE was elicited with pilocarpine (15 mg/kg ip) in LiCl-pretreated adult male rats, animals were assigned to either behavioral (spontaneous behavior, social interaction, elevated plus-maze, rotorod, and bar-holding tests) or EEG studies. Another group of animals was sacrificed and their brains were processed for Nissl and Timm staining as well as for parvalbumin and calbindin immunohistochemistry. Behavioral analysis revealed motor deficits (shorter latencies to fall from rotorod as well as from bar) and disturbances in the social behavior of experimental animals (decreased interest in juvenile conspecific). EEGs showed no apparent abnormalities. Quantification of immunohistochemically stained sections revealed decreased amounts of parvalbumin- and calbindin-immunoreactive neurons in the motor cortex and of parvalbumin-positive neurons in the dentate gyrus. Despite relatively inconspicuous manifestations, NCSE may represent a risk for long-term deficits.



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Fig. 3. Motor performance in the rotorod test (left, expressed as the time spent on the rod without falling down) and the bar-holding test (right, expressed as the time of grasping). Data are expressed as means + SEM. Open bars: control group (n = 22 and 14, respectively); crosshatched bars: pilocarpine group (n = 25 and 14, respectively). Statistical significance, P < 0.05 (two-tailed): \*Pilocarpine versus control group.

Fig. 2. Total time spent by adult males in investigation of juveniles in the social interaction test (means + SEM). The second exposure to the same juveniles was performed 30 minutes after the first one. Open bars: control group (n = 16); crosshatched bars: pilocarpine group (n = 16). Statistical significance, P < 0.05 (two tailed): \*Pilocarpine versus control group,  $\bullet$  second session versus first session.

Epilepsia. 1996 Jul;37(7):606-9.

Neuron-specific enolase, a marker of acute neuronal injury, is increased in complex partial status epilepticus. DeGiorgio CM<sup>1</sup>, Gott PS, Rabinowicz AL, Heck CN, Smith TD, Correale JD.

Author information

### Abstract

PURPOSE: To determine whether complex partial an accepted marker of acute brain injury, and incre epilepticus. s-NSE levels in CPSE are unknown. In and would help confirm that CPSE is a medical em

METHODS: This was a pilot prospective study of s neurologic deficit were identified prospectively. Re at hospital discharge or at 7 days with the Glasgov RESULTS: The mean peak s-NSE was 21.81 ng/r

s-NSE = 5.36 SD = 1.66, p = 0.0003) and epileptic

CONCLUSION: The increase in s-NSE provides new evidence that CPSE causes brain injury in humans.

#### Epilepsia. 1995 May;36(5):475-9.

Neuron-specific enolase is increased after nonconvulsive status epilepticus.

Rabinowicz AL<sup>1</sup>, Correale JD, Bracht KA, Smith TD, DeGiorgio CM.

Author information

### Abstract

Serum neuron-specific enolase (s-NSE), a marker of brain injury and acute seizures, was increased in 2 patients with nonconvulsive SE. Neither patient had an acute neurologic insult other than nonconvulsive SE (NCSE) accounting for s-NSE changes. Increase in s-NSE provides further in vivo evidence of transient brain injury after NCSE.

European Journal of Paediatric Neurology 1998; 2: 193–197

ORIGINAL ARTICLE

DÜZEYLERİNDE ARTIŞ İLE İLİŞKİLİ

Serum neuron specific enolase: A marker for neuronal dysfunction in children with continuous

### İNSANLARDA NCSE NÖRON-SPESİFİK ENOLAZ

plication of the childhood epileptic encephalopathies. An epilepticus is a continuous epileptiform activity on the a possible long-term sequel of non-convulsive status Neuron specific enolase is a marker of neuronal damage. E) has been measured in 17 children with continuous lepsy but without a continuous dysrhythmia. There was a n the two groups.

Fig. 1. Mean sNSE (ng/litre) +2SD in children with and without epilepsy.





### Nonkonvülzif status epileptikus nöronal eksitotoksisite sonunucu sitotoksik beyin ödemine yol açabilir

 Table 2 MRI findings

Patient	Acute ictal/peri-ictal signal abnormality		Follow-up				
	DWI/T2/PWI/MRA	Location and size of DWI hyperintensity	DWI/T2/PWI follow-up	Conventional MRI findings			
1	DWI $\uparrow$ ; ADC $\downarrow$ (-35%); T2 $\rightarrow$ ; PWI $\uparrow$ (+SPECT)	Right parieto-occipital cortex and right pulvinar; 12 ml	Complete resolution of PWI (day 2), DWI (day 13), T2 (month 1) abnormalities	Previous small haemorrhage after cortical vein thrombosis			
2	DWI $\uparrow$ , ADC $\downarrow$ (-37%); T2 $\uparrow$ ; PWI $\uparrow$ (+SPECT)	Right hippocampal formation, right pulvinar and right parieto-occipital cortex; 5.2 ml	Complete resolution of DWI/T2/PWI abnormalities (month 4)	Chronic right occipital intracranial haemorrhage in cerebral vasculitis	18. · 18.	All She	đ
3	DWI $\uparrow$ , ADC $\downarrow$ (-28%); T2 $\uparrow$ ; PWI $\uparrow$	Right hippocampal formation and right pulvinar; 1.5 ml	Resolution of PWI, partial resolution of DWI/T2 signal change (day 7)	Right hippocampal sclerosis		and in Sile	
4	DWI $\uparrow$ ; ADC $\downarrow$ (-22%); T2 $\uparrow$ ; PWI $\uparrow$ , PCA $\uparrow$	Left hippocampal formation and left pulvinar; 1.9 ml	Complete resolution of DWI/T2/PWI abnormalities (day 14)	Chronic white matter lesions; occlusion of left ICA with hypoperfusion of left MCA territory		NYA	Ń
5	DWI $\uparrow$ ; ADC $\downarrow$ (-11%); T2 $\uparrow$ ; PWI $\uparrow$	Left hippocampal formation and left pulvinar; 1.6 ml	Lost to follow-up	Left frontopolar post-traumatic lesion	CONSTRUCT		
6	DWI $\uparrow$ , ADC $\downarrow$ (-25%); T2 $\uparrow$ ; PWI $\uparrow$ , PCA $\uparrow$	Left hippocampal formation and left pulvinar; 1.5 ml	Resolution of PWI, partial resolution of DWI/T2 signal change (day 2)	Chronic left temporoparietal MCA stroke; MCA stenosis and hypoperfusion	C	D	E
7	DWI $\uparrow$ , ADC $\downarrow$ (-25%); T2 $\uparrow$ ; PWI $\uparrow$	Left hippocampal formation and left pulvinar; 1.9 ml	Complete resolution of DWI/T2/PWI abnormalities (month 3)	Acute and chronic left temporoparietal MCA stroke; MCA stenosis and hypoperfusion	100	the Ad	۲
8	DWI $\uparrow$ , ADC $\downarrow$ (-13%); T2 $\uparrow$ ; PWI $\uparrow$ , PCA $\uparrow$	Left hippocampal formation; 1.4 ml	Resolution of PWI, partial resolution of DWI/T2 signal change (day 7)	Chronic right MCA and PCA stroke			2.3
9	DWI $\uparrow$ , ADC $\downarrow$ (-22%); T2 $\uparrow$ ; PWI $\uparrow$ , PCA $\uparrow$	Left hippocampal formation and left pulvinar; 1.7 ml	Complete resolution of DWI/T2/PWI abnormalities (month 5)	Cortical atrophy, chronic white matter lesions			1
10	DWI $\uparrow$ ; ADC $\downarrow$ (-34%); T2 $\rightarrow$ ; PWI $\uparrow$	Extensive right temporal and parietal cortical involvement; right pulvinar; 10 ml	Resolution of PWI, partial resolution of DWI/T2 signal change (day 7)	Right parietal glioblastoma	4 35	R R	

DWI  $\uparrow$  = hyperintensity; ADC  $\downarrow$  = reduction (%); PWI  $\uparrow$  = signs of hyperperfusion; PCA  $\uparrow$  = increased flow signal in the PCA; MCA = middle cerebral artery; PCA = posterior cerebral artery; ICA = internal carotid artery.

# Nonkonvülzif status epileptikus serebral atrofiye yol açabilir





### Assessment of acute morbidity and mortality in nonconvulsive status epilepticus

Bassel F. Shneker, MD and Nathan B. Fountain, MD

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doi: http://dx.doi.org/10.1212/01.WNL.0000082653.40257.0B Neurology October 28, 2003 vol. 61 no. 8 1066-1073

#### ABSTRACT

**Objectives:** The natural history of nonconvulsive status epilepticus (NCSE) is not well defined, especially mortality and morbidity. The authors hypothesized that the mortality of NCSE is higher when NCSE is due to acute medical causes (systemic or neurologic) or associated with severe impairment of mental status or with acute complications, and lower when associated with generalized spike-wave (SW) discharges on EEG.

**Methods:** The authors retrospectively identified 100 consecutive patients with NCSE from an EEG database. Data were collected from systematic review of medical records and actual EEG tracings. Specific etiologies were divided into three groups: acute medical, epilepsy, and cryptogenic.

**Results:** Of the 100 patients, 18 died. Fourteen of 52 patients in the acute medical group died, 1 of 31 in the epilepsy group died, and 3 of 17 in the cryptogenic group died. Mental status impairment was severe in 33, complications occurred in 39, and generalized SW discharges occurred in 36. Mortality rates were higher in patients 1) in the acute medical group (27%) vs the epilepsy (3%) and the cryptogenic (18%) groups (p < 0.02), 2) with severe mental status impairment (39%) compared to those with mild impairment (7%, p < 0.001), and 3) with acute complications (36%) when compared with those without complications (7%, p < 0.002). The presence of generalized SW discharges on EEG did not correlate with mortality. Mental status impairment and etiology were independently associated with mortality (p < 0.001).

**Conclusion:** NCSE is associated with substantial mortality. Mortality is associated with an acute medical cause as the underlying etiology, severe mental status impairment, and development of acute complications, but not the type of EEG discharge.

Journal of Neurology, Neurosurgery, and Psychiatry 1996;61:93-95

#### SHORT REPORT

Non-convulsive status epilepticus: causes, treatment, and outcome in 65 patients

Frans B Scholtes, Willy O Renier, Harry Meinardi

The incidence of non-convulsive status epilepticus (NCSE) in The Netherlands is not known. Files of admissions in the years 1980-7 were studied from 40 adult patients (older than 15 years) with complex partial status epilepticus (CPSE) and 25 with absence status epilepticus (ASE). The clinical presentation sometimes made distinction between CPSE and ASE possible. Focal clinical signs were more frequent in **CPSE**; a fluctuating level of consciousness was more often present in ASE. All patients, but one, with ASE and most patients with CPSE (28) were known to have had previous epilepsy. Outcome in ASE was good in all. Outcome in CPSE depended on the underlying cause and quality of treatment. In three patients coninadequate treatment probably tributed to morbidity.

ÖNCEDEN EPİLEPTİK OLAN HASTALARDA PROGNOZ DAHA İYİ, AKUT SEMPTOMATİK OLGULARDA PROGNOZ ALTTA YATAN NEDENLE İLİŞKİLİ

In patients with previous epilepsy, problems with treatment such as non-compliance were the most frequent precipitating factor (12 patients). On two occasions systemic infection, on one occasion a stroke, and on another stress triggered the CPSE. In 12 patients the cause remained unknown. In patients without previous epilepsy various acute symptomatic causes were present: stroke (two), brain tumour (two), pneumococcal meningo-encephalitis (one), carcinomatous meningitis and lung cancer (one), digoxin intoxication (one), pneumococcal pneumonia (one), and a case without a clear cause. Three patients had remote causes of epilepsy-multiple sclerosis, global cerebral atrophy and chronic dialysis with aluminium encephalopathy. Outcome in patients with previous epilepsy was good in all but one, a 78 year old man who had successful treatment stopping his CPSE but died later because of aspiration pneumonia, acquired during the status epilepticus.

	Age 15–30		Age 30-	-50	Age > 50		
	Male	Female	Male	Female	Male	Female	
CPSE:							
Previous epilepsy (28)	9	3	5	3	5	3	
No previous epilepsy (12)	0	1	1	2	3	5	
ASE:							
Previous epilepsy (24)	5	4	0	1	4	10	
No previous epilepsy (1)	1	0	0	0	0	0	

Distribution of age and sex in patients with CPSE and ASE

In patients without previous epilepsy six had sequelae after CPSE: paresis because of underlying cause (two), persistent cognitive disturbances because of underlying (one) and unknown cause (one), and persistent impaired consciousness of unknown cause (one). The

CPSE itself caused morbidity in a 74 year old woman who developed CPSE lasting 24 hours after digoxin intoxication; she was confused with jerking of the right arm, alternating with short periods of staring. After recovery from CPSE this patient exhibited word finding problems and a memory deficit. Patients with morbidity were, except for one (38 years), older than 60. In patients without previous epilepsy one patient of 67 died because of the underlying cause (lung cancer and carcinomatous meningitis). Epilepsia, 39(11):1194-1202, 1998 Lippincott Williams & Wilkins, Philadelphia 1 International League Against Epilepsy

### Nonconvulsive Status Epilepticus in the Critically Ill Elderly

Brian Litt, †Robert J. Wityk, \*†Sharon H. \*Dawn D. Ryan, at

Emory University Department of Neurology, Atlanta, Georgia; of Neurology, and †Department of Neurology, Johns Hopki ‡Department of Neurology, University of Califo

### YBÜ HASTALARINDA NCSE SAPTANDIĞINDA GENELLİKLE ALTTA YATAN AKUT MEDİKAL HASTALIKLARLA İLİŞKİLİ VE PROGNOZ KÖTÜ

Summary: *Purpose:* To describe the electrographic and clinical features of nonconvulsive status epilepticus (NCSE) in the critically ill elderly and to identify potential predictors of outcome.

*Methods:* We prospectively identified 25 episodes of altered mentation and NCSE in 24 critically ill elderly patients associated with generalized, focal, or bihemispheric epileptiform EEG patterns. Patients with anoxic encephalopathy were excluded.

**Results:** Of 25 hospitalizations, 13 (52%) resulted in death, and 12 (48%) patients survived to discharge. Death was associated with the number of acute, life-threatening medical problems on presentation (survivors, 1.8; fatalities, 2.8; p = 0.013) and with generalized EEG pattern (p = 0.017). Higher doses or greater number of anticpileptic drugs (AEDs) did not improve outcome. Treatment with intravenous benzodiazepines was associated with increased risk of death (p = 0.033). Ten patients with advance directives were managed outside the intensive care unit (ICU). Mean hospitalization was 39 days in the ICU group and 22 for those with advance directives (p = 0.017).

Conclusions: Severity of illness correlates with mortality in critically ill elderly patients with NCSE. Treatment with intravenous benzodiazepines may increase their risk of death. Aggressive ICU management may prolong hospitalization at considerable cost, without improving outcome. It is unclear whether NCSE affects outcome in the critically ill elderly or is merely a marker for severity of disease in predisposed patients. The benefits of aggressive therapy are unclear. Carefully controlled, prospective trials will be necessary to determine the best therapies for NCSE in the critically ill elderly and the appropriate role of the ICU in their management. Key Words: Critical illness—Elderly—Nonconvulsive status epilepticus—Electroencephalography—Outcome.

	occurring in study patients
Renal	Acute renal failure, acute exacerbation of chronic renal failure
Cardiac	Congestive failure, acute life-threatening arrhythmia, myocardial infarction
Pulmonary	Respiratory failure due to pneumonia, neoplasm, pulmonary embolism, exacerbation of lung disease
CNS	Subarachnoid hemorrhage, acute stroke, acute complication from brain neoplasm, meningitis
	Sepsis
U	Shock, severe dehydration
DIĞINDA	Nonketotic hyperosmolar coma
	Acute gastrointestinal bleeding, bowel necrosis
IEDİKAL	requiring surgery, hepatic failure, acute colitis
	Acute long-bone fracture (e.g., femur)
OZ KÖTÜ	Acute coagulopathy, acute complication from advanced multiple myeloma
	Acute toxic encephalopathy (lithium,
	phenobarbital, alcohol), severe hyponatremia. hypocalcemia, delirium tremens

TABLE 3. Comparison of patients by outcome

	Died	Survived
No. episodes of NCSE	13	12
Mean age (yr)	78.9	75.1
Mean no. AEDs	2.36	2.69
No. acute problems"	2.77	1.73
Mean no. hospital days	32.1	33.5
i.v. Benzodiazepines"	11	5
Focal EEG pattern	1	3
Generalized EEG pattern <sup>c</sup>	6	0
Convulsive seizure	1	2
Bihemispheric EEG pattern	6	9
Treated in ICU	10	5
Mean no. hours to control	80.5	68.7

Patterns, patterns of nonconvulsive status epilepticus (NCSE) on EEG; acute problems, acute life-threatening problems on presentation; hospital days, days from presentation until death or discharge from hospital; mean hours to control, number of hours required to control NCSE from diagnosis by EEG until documented absence of NCSE on EEG; bold, statistically significant results.

p = 0.015.

\* p = 0.033.

 $c_{p} = 0.010.$ 

#### TABLE 1. Acute, life-threatening medical problems occurring in study patients

Crit Care Med. 2013 January ; 41(1): 210–218. doi:10.1097/CCM.0b013e3182668035.

### Electrographic Status Epilepticus is Associated with Mortality and Worse Short-Term Outcome in Critically III Children

Alexis A. Topjian, MD, MSCE<sup>1</sup>, Ana M. Gutierrez-Colina, BA<sup>2</sup>, Sarah M. Sanchez, BA<sup>2</sup>, Robert A. Berg, MD<sup>1</sup>, Stuart H. Friess, MD<sup>1</sup>, Dennis J. Dlugos, MD, MSCE<sup>2,3</sup>, and Nicholas S. Abend, MD<sup>2,3</sup>

<sup>1</sup>Department of Anesthesia and Critical Care Medicine, Children's Hospital of Philadelphia and the University of Pennsylvania Perelman School of Medicine

Adjusted outcomes for seizures categories.

ographic Status Epilepticus is Associated with Mortality	Variable	Mortality OR (95% CI)	p-value	Worsened PCPC OR (95% CI)	p-value
orse Short-Term Outcome in Critically III Children	Seizure Category				
. Topjian, MD, MSCE <sup>1</sup> , Ana M. Gutierrez-Colina, BA <sup>2</sup> , Sarah M. Sanchez, BA <sup>2</sup> ,	No Seizures	Ref	Ref	Ref	Ref
A. Berg, MD <sup>1</sup> , Stuart H. Friess, MD <sup>1</sup> , Dennis J. Dlugos, MD, MSCE <sup>2,3</sup> , and Nicholas J. MD <sup>2,3</sup>	Electrographic Seizures	1.3 (0.3, 5.1)	0.74	1.2 (0.4, 3.9)	0.77
ient of Anesthesia and Critical Care Medicine, Children's Hospital of Philadelphia and	Electrographic Status Epilepticus	5.1 (1.4, 18)	0.01	17.3 (3.7, 80)	< 0.001
ersity of Pennsylvania Perelman School of Medicine	Age	1 (0.9, 1)	0.8	1 (0.99, 1.01)	0.61
	Sex				
	Male	ref	ref	Ref	Ref
Main Results—Two hundred children underwent ch	EEG. Eighty-four (42%) had s	eizures w	hich	1.7 (0.7, 4)	0.24
were categorized as ES in 41 (20.5%) and ESE in 43 (	(21.5%). Thirty-six subjects (1	8%) died	land		
88 subjects (44%) had PCPC worsening. In multivaria		-		Ref	Ref
increased risk of mortality (OR 5.1; 95%CI 1.4, 18, p				12 (2, 72)	0.006
	,			0 (5.2, 304)	< 0.001
95%CI 3.7, 80, p<0.001) while ES was not associated		tality (OI	K 1.3;	5 (3.1,197)	0.002
95%CI 0.3, 5.1; p=0.74) or PCPC worsening (OR 1.2	; 95%CI 0.4, 3.9; p=0.77).			7 (0.5, 430)	0.16
	Sepsis	10.6 (0.8, 137)	0.07	6.6 (0.5, 88)	0.15
	Posterior Reversible Leukoencephalopathy Syndrome			2.5 (0.14, 43)	0.5
	Neurosurgical Procedure	2 (0.2, 22)	0.56	4.6 (0.6, 33)	0.13
	Provoked Seizure	2.2 (0.12, 38)	0.6	0.4 (0.03, 6)	0.5
	Systemic/Metabolic	1.5 (0.1, 21)	0.77	7.4 (0.95, 52)	0.06
	Prior Neurodevelopment				
	Abnormal	Ref	Ref	Ref	Ref

			doi: 10.1111/epi.12064											
FULI	L-LENGTH ORI	IGINAL RESEARCH		Table 2. Demographics and clinica	l chara		s of surv epilepti		d nonsurv	iving pa	tients af	íter refr	actory s	tatus
Mortality and r	ecovery from r	refractory status epile	epticus in				Total coh	hort		Afr		ion of patie encephalop	ients with hy pathy	poxic
	•	7-year observational s	•			rvivors = 69)		aurvivors = 42)			irvivors i = 61)		survivors = 25)	
*† <sup>1</sup> Raoul Su	utter, *Stephan Marsch,	n, †Peter Fuhr, and †Stephan Rueg	gg	Age	Mean	SD	Mean	SD	p-Value	Mean	SD	Mean	SD	p-Value
		, Basel, Switzerland; and †Division of Clinical N ity Hospital Basel, Basel, Switzerland	Neurophysiology,	Years Gender Male	60.5 n 34	±16.6 % 49.3	65.0 n 26	±15.8 % 61.9	0.162	61.2 n 29	±16.7 % 48	65.3 n	±15.0 % 64	0.272
Table I. Base	eline characteristics			Female	34	49.3	16	38.1	0.175	32	48	9	36	0.235
				Presumed etiology of RSE										'
Demographics			· · · · · · · · · · · · · · · · · · ·	Hypoxic encephalopathy	8	12	17	41	<0.0001	-	-	-	-	'
Age	Mean	SD	• =	Brain tumor	5	10	10	24	0.021	5	8	10	40	0.001
Years				Uncontrolled epilepsy	8	12	3	7	0.529	8 7	13	3	12	1.000
4	DCF hastalar	ının önemli bir kısı	mi	Ischemic stroke Masiaritia (ascarbalitia	,	10	4	2	0.470	7		4	8	1.000 0.428
Gender	NJE Hastalah			Meningitis/encephalitis Traumatic brain injury		6	2	2 7	0.255	4	7	2	12	0.428
Male	kamada N	ICCT alam hastalar		Intracerebral hemorrhage	-	7	1	2	0.406	5	8	2	4	0.409
Female	komada iv	NCSE olan hastalar		Other or unknown etiologies	25	36	6	14	0.400	25	40	4	24	0.007
				Level of consciousness at SE onset	25	20	0	17		25	40	0	27	'
Clinical characteristics				Awake or somnolent	23	33	4	10	0.006	23	38	4	16	0.072
Presumed etiologies of RSE				Stuporous or comatose	46	67	38	90	0.000	38	62	21	84	0.072
Hypoxic encephalopathy	25	23		Worst seizure type at SE onset	10		50	~~		50	02	21		
Brain tumor	15	14		Simple partial/complex partial/absence	26	38	3	7	0.001	26	43	3	12	0.010
Uncontrolled epilepsy	11	10		Generalized convulsive	4	6	6	14		4	7	ĩ	4	
Ischemic st			<b>1</b> ′	NCSE in coma	39	57	33	79		31	51	21	84	
Meningitis/ RSE	süresinde u	izama ve NCSE	-				Maria				60	Maria		
Traumatic				D with a (DCE (have))	Mean	SD	Mean	SD	0.0000	Mean	SD	Mean	SD	0.001-
Intracerebi Ö	lümcül sonla	inimla iliskili	· · · · · · · · · · · · · · · · · · ·	Duration of RSE (hours)	88.9	±158.1	120.3	±164.1	0.002*	89.4	±160	159.2		0.001
Metabolic	Iumear Soma			Number of AEDs	4.4	±1.4	4.4	±1.3	1.000*	4.9	±1.1	4.4	±1.6	0.100*
Alcohol withdrawal	3	3			n	%	n	%		n	%	n	%	
Neurodegenerative	3	3		Anesthetic drugs	~									
Others	-	10		Barbiturates	.8	12	6	14	0.771	8	13	4	16	0.739
				Propofol	17	25	15	36	0.280	16	26	9	36	0.435
Not known	10	9		Critical interventions (before or during RSE)		70			0.101	.7				0.540
Level of consciousness at SE on				Mechanical ventilation	54	78	37	88	0.191	47	77	21	84	0.569
Awake or somnolent	27	24		CPR	3	4	14	33	<0.0001	0	0	0	0	-
Stuporous or comatose	84	76		Complications	20		10	(2	0.012	24	20	12	50	0.000
Worst seizure type at SE onset	et			Infections during SE	28	41	18	43 10	0.813	24	39	13	52	0.282
Simple partial/complex partia		26		Severe hypotension (requiring vasopressors)	٢	4	4	10	0.423	2	5		4	1.000
Generalized convulsive	10	9		RSE, refractory status epilepticus; AEDs, antiepilepi	otic drugs;	NCSE, none	onvulsive	status epiler	oticus; CPR, c	ardiopulm	ionary resur	scitation; S <sup>r</sup>	E, status ep <sup>7</sup>	lepticus.
		·		Bold p-values are considered statistically significan	nt.						-			
NCSE in coma	72	65		Continuous variables were analyzed with the Stur					Mann-Whitn/	∕ey U-test i′	/f nonnorm/	ally distrib	uted (*). Fo	/r compari-
RSE, refractory status epilepticus	us: SE, status epilepticus: NC	SE nonconvul-		sons of proportions chi-square and Fisher's exact tes	st were ap	plied where	appropriz	ate.						

### Epilepsia, 54(3):502–511, 2013 doi: 10.1111/epi.12064

RSE, refractory status epilepticus; SE, status epilepticus; NCSE, nonconvulsive status epilepticus.

Epilepsia, 54(3):502-511, 2013 doi: 10.1111/epi.12064

### **FULL-LENGTH ORIGINAL RESEARCH**

### Mortality and recovery from refractory status epilepticus in the intensive care unit: A 7-year observational study

 $^{*\dagger^{I}}$  Raoul Sutter, \*Stephan Marsch,  $^{\dagger}$  Peter Fuhr, and  $^{\dagger}$  Stephan Ruegg

\*Clinic for Intensive Care Medicine, University Hospital Basel, Basel, Switzerland; and †Division of Clinical Neurophysiology, Department of Neurology, University Hospital Basel, Basel, Switzerland

			Crude			Adjusted <sup>a</sup>	
		RR	95% CI	p-Value	RR	95% CI	p-Value
Total cohort (n = 111) Death Age						0.99–1.03	0.109
Worst seizure type at SE Simple partial/complex Generalized convulsive NCSE in coma Brain tumors Hypoxic encephalopathy RSE duration (per hour)	YBÜ HASTALARIN HASTALARI MORTALİTI		NDA BİLE A	ARTMIŞ	PATI	1.59–13.97 1.34–9.77 1.59–4.96 1.40–4.12 1.00–1.002 Adjusted <sup>b</sup>	0.005 0.011 <0.000 0.001 0.005
						95% CI	p-Valu
After exclusion of patients wit Death							
Age		1.012	0.99-1.03	0.285	1.009	0.99-1.03	0.393
Worst seizure type at SE o	onset			01200			0.070
Simple partial/complex	partial/absence	Ref.			Ref.		
Generalized convulsive		1.933	0.25-15.27	0.532	2.206	0.28-17.50	0.454
NCSE in coma		3.904	1.26-12.06	0.018	3.881	1.41-10.67	0.009
Brain tumors		3.156	1.77-5.62	<0.0001	2.875	1.66-4.97	<0.000
RSE duration (per hour)		1.001	1.00-1.002	0.047	1.001	1.00-1.002	<0.000

"Adjusted for age, RSE duration, brain tumors, worst seizure type, and hypoxic encephalopathy.

<sup>b</sup>Adjusted for age, RSE duration, brain tumors, worst seizure type, and exclusion of hypoxic encephalopathy.

- Absans status epileptikusunun morbidite veya mortalite oluşturmadığı kabul edilir
- Semptomatik NCSE yüksek mortalite oranları ile ilişkili (%70)
- Hastanede kalış süreleri uzun sağ kalanlarda fonksiyonel bozulma sık %20 bazal duruma dönüs
- NCSE'un morbidite ve morta
- Tanıda gecikme morbidite ve
  - >30 dk→ %3
  - 30-60 dk→ %19
  - 1-6 saat → %32

İnme, SAK, travmatik beyin injurisi hastalarında konvülzif ve nonkonvülzif status epileptikus akut beyin patolojisi ile birlikte sinerjistik hareket ederek prognozu kötüleştirir

### disfonksiyonundan bağımsız

- Serebral mikrodiyaliz çalışmaları serebral glutamat, gliserol ve laktat-pirüvat oranında artış gösterdi
- Nonkonvülzif nöbetler KİBAS, orta hat şiftinde artış, ipsilateral hipokampal ve neokortikal atrofi riskinde artışla ilişkili

### Table 4 Prognosis

Convulsive status epilepticus	Nonconvulsive status epilepticus
Mortality	Mortality
At hospital discharge: 9-21 % [19, 36-38]	At hospital discharge: 18–52 % [51–53]
At 30 days: 19-27 % [30, 39, 40]	At 30 days: 65 % [30]
At 90 days: 19 % [41]	Factors associated with poor outcome after NCSE:
Standardized 10-year mortality ratio: 2.8 in general population [42]	Underlying etiology, severe mental status impairment, longer seizure duration [28, 51, 53, 54]
In children, the mortality ranges from 3 to 11 % in retrospective series [43]. In a prospective study, the mortality was 3 % [34]	For patients diagnosed within 30 min of seizure onset, mortality was 36 % compared with 75 % for those patients diagnosed $\geq$ 24 h after
Morbidity	seizure onset seizures [51]
Severe neurological or cognitive sequelae: 11-16 % [19, 44-46]	Patients with NCSE treated and resolved within 10 h had 10 % mortality vs. 85 % mortality if seizures continued longer than 20 h [51]
Deterioration in functional status 23-26 % [19, 36, 38]	Mortality at hospital discharge in NCSE was 27 % vs. 3 % comparing patients with vs. without known acute medical cause [53]
At 90 days after SE, 39 % had marked functional impairment (glasgow outcome scale score 2-4) and 43 % had good recovery	Horany a nospial abona go in 1900, was 27 % 58, 5 % comparing patents with 58, without known acate include [55]

Factors associated with poor outcome after GCSE

(glasgow outcome scale score 5) [41]

Underlying etiology, de novo development of SE in hospitalized patients, ole at onset focal neurological signs, and the presence of medical complication

Mortality rate is higher (61 %) when SE develops de novo in hospitalized pa

In patients with adequate therapy, the mortality rate may be as low as 8 % whil (insufficient dose given, wrong route of administration, unnecessary delay complications, or lack of EEG monitoring to guide treatment) [47]. Adheren control and shorter ICU and hospital length of stay [50]

NONKONVÜLZİF STATUS EPİLEPTİKUS EN AZ KONVÜLZİF STATUS EPİLEPTİKUS KADAR OLUMSUZ PROGNOZLA İLİŞKİLİ

Neurocrit Care (2012) 17:3-23

Yoğun bakım ünitesinde nonkonvülzif status epileptikus etkin bir biçimde tedavi edilmesi gereken bir durum!!!

# Yoğun bakım ünitesinde nonkonvülzif status epileptikus yönetimi

- Status epileptikus değerlendirme ve tedavisi eşzamanlı yapılmalı
- HEDEF: KLİNİK VE ELEKTROGRAFİK NÖBET AKTİVİTESİNİN
   BİR AN ÖNCE SONLANDIRILMASI!!!
- İlk değerlendirmenin amaçları:
- 1. Stabilizasyon ve sekonder nöronal injuriden korunma
- 2. Status epileptikusu presipite eden ya da gelişimine katkıda bulunan akut beyin hasarı ya da metabolik bozuklukların tanınması
- 3. Sistemik injuri belirteçlerinin taranması



**Fig. 1.** The duration of status epilepticus in survivors and nonsurvivors dependent of the severity of etiology (based on the results from the original study [20]). Seizure duration is longer in non-survivors as compared to survivors. This relation is less distinct in patients with more severe underlying etiology of status epilepticus (e.g., patients with brain tumors, or patients with hypoxic-ischemic brain injury).

# Yoğun bakım ünitesinde nonkonvülzif status epileptikus yönetimi

- İlk adım tüm medikal ve nörolojik acillerde olduğu gibi A, B, C
- Havayolunun korunması, yeterli oksijenasyon ve ventilasyonun ve hemodinamik stabilitenin sağlanması
- IV giriş, O2, noninvaziv/IV anestetik ajanlar kullanılacaksa invaziv hava yolu
- Öncelikle kan şekeri bakılmalı ve düşükse önce tiamin sonra glukoz verilmeli
- Ateş varsa asetaminofen, soğutucu battaniyeler, aksilla ve kasıklara buz paketleri
- Sekonder nöronal injuri gelişimini engellemek için hipoksemi, hipotansiyon, hipoglisemi ve ateşten kaçınılmalı/tedavi edilmeli

# Etiyolojik araştırma

neurocritical Neurocrit Care (2012) 17:3–23 care society DOI 10.1007/s12028-012-9695-z

REVIEW

### Guidelines for the Evaluation and Management of Status Epilepticus

Gretchen M. Brophy · Rodney Bell · Jan Claassen · Brian Alldredge · Thomas P. Bleck · Tracy Glauser · Suzette M. LaRoche · James J. Riviello Jr. · Lori Shutter · Michael R. Sperling · David M. Treiman · Paul M. Vespa · Neurocritical Care Society Status Epilepticus Guideline Writing Committee

Table 3 Suggested diagnostic work-up [21]

The steps included in the diagnostic work-up should be completed as soon as possible and occur simultaneously and in parallel with treatment.

All patients

- 1. Fingerstick glucose
- 2. Monitor vital signs.
- 3. Head computed tomography (CT) scan (appropriate for most cases)
- 4. Order laboratory test: blood glucose, complete blood count, basic metabolic panel, calcium (total and ionized), magnesium, AED levels.
- 5. Continuous electroencephalograph (EEG) monitoring
- Consider based on clinical presentation
- 1. Brain magnetic resonance imaging (MRI)
- 2. Lumbar puncture (LP)
- 3. Comprehensive toxicology panel including toxins that frequently cause seizures (i.e. isoniazid, tricyclic antidepressants, theophylline, cocaine, sympathomimetics, alcohol, organophosphates, and cyclosporine)
- Other laboratory tests: liver function tests, serial troponins, type and hold, coagulation studies, arterial blood gas, AED levels, toxicology screen (urine and blood), and inborn errors of metabolism

- Etiologic Investigation
  - Glucose
  - Antiepileptic drug levels
  - Acid-base disturbances
- Arterial blood gas
- Basic metabolic panel
- Lactic acid
- Acute organ failure
- Creatinine
- Blood urea nitrogen
- Transaminases (aspartate and alanine aminotransferase)
- Ammonia
- Electrolyte imbalances
- Calcium
- Magnesium
- Phosphorus
- Intoxications
- Alcohol level
- Adulterant survey

- Systemic Injury Screening
   Creatine kinase
  - Troponin
- CSF (As Indicated)
  - Cell count
  - Glucose
  - Protein
  - Gram stain and bacterial culture
  - Herpes simplex virus PCR<sup>a</sup>
- CSF = cerebrospinal fluid; PCR = polymerase chain reaction.
- <sup>a</sup> Testing for other infectious agents may be indicated depending on the clinical scenario.

CONTINUUM: Lifelong Learning in Neurology Issue: Volume 21(5, Neurocritical Care), October 2015, p 1362–1383

## Etiyolojik araştırma

- Öykü
- Fizik muayene
- Kontrastsız BBT
- Temel laboratuvar tetkikleri
- Epileptik olduğu bilinen olgularda serum AEİ düzeyleri, nonkompliyans???
- Toksikoloji analizleri
- Epilepsi öyküsü olmayan hastalarda ve epileptik olmasına karşın seyrek nöbetleri olan ve ilk değerlendirmelerle status epileptikusa yol açan faktörün belirlenemediği hastalarda LP düşünülmeli
- Yakın zamanda geçirilmiş enfeksiyon semptomları olan, lisan bozuklukları olan, ateş veya hipotermisi olan ve immünkompromize olan hastalarda LP ile SSS enfeksiyonu dışlanmalı

- Etiyoloji belirlendikten sonra acilen düzeltilmeli
- Ancak seçilecek tedavinin nöbet eşiğini düşürmemesine, nöbet veya status epileptikusu presipite etmemesine dikkat edilmeli (florokinolon grubu antibiyotikler, sefepim, karbapenemler,...)
- İlaç yoksunluğu ile ilişkili status epileptikus olgularında mümkünse parenteral yolla olmak üzere ilaç hemen uygulanmalı
- KİBAS saptanan/kuşku duyulan hastalarda uygun yönetim

CONTINUUM: Lifelong Learning in Neurology Issue: Volume 21(5, Neurocritical Care), October 2015, p 1362–1383

# Etiyolojik araştırma



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CONTINUUM: Lifelong Learning in Neurology Issue: Volume 21(5, Neurocritical Care), October 2015, p 1362–1383

Diagnostic Test	Consider In	Serum <sup>33</sup>	
Imaging Brain MRI Chest/abdomen/pelvis CT Ovarian or testicular ultrasound	Patients in whom an etiology is not established after history, basic laboratory evaluation, brain CT scan, and lumbar puncture (LP) Patients in whom an etiology is not established after history, basic laboratory evaluation, brain CT scan, LP, and brain MRI Patients in whom an etiology is not established after history, basic laboratory evaluation, head CT scan, LP, brain MRI, and chest/abdomen/pelvis CT	Microbiologic serologies, PCRs, and cultures: herpes simplex virus types 1 and 2, varicella-zoster virus, Epstein-Barr virus, cytomegalovirus, influenza, adenovirus, JC virus, measles, HIV, hepatitis C virus, West Nile virus, Japanese encephalitis virus, St Louis encephalitis virus, eastern equine encephalomyelitis virus, western equine encephalomyelitis virus, <i>Mycoplasma pneumoniae, Chlamydia</i> species, <i>Bartonella henselae</i> , cryptococcal antigen, syphilis (rapid plasma reagin ), toxoplasmosis, malaria, Lyme Nonparaneoplastic autoantibodies: ANA, double-stranded DNA, lupus anticoagulant, antiphospholipid, rheumatoid factor, SSA, SSB, ANCA, thyroid peroxidase, thyroglobulin, transglutaminase, antigliadin, endomysium	
CSF <sup>33</sup> Cell count, glucose, protein, Gram stain Cytology and flow cytometry Microbiologic serologies, PCRs, Gram stain and cultures: herpes simplex virus types 1 and 2, varicella-zoster virus, Epstein-Barr virus, cytomegalovirus, human herpes virus 6, enterovirus, influenza, adenovirus, JC virus, measles, HIV, hepatitis C virus, West Nile virus, Japanese encephalitis virus, St Louis encephalitis virus, encephalomyelitis virus, encephalomyelitis virus, Valley virus, <i>Mycoplasma</i> <i>tuberculosis, Chlamydia</i> cryptococcal antigen, sy toxoplasmosis, malaria,	Her tetkik her hasta için gerekli değil Seçilecek etiyolojik tetkikler öykü ve fizik muayene bulgularına göre belirlenmeli	Angiotensin-converting enzyme Paraneoplastic antibody panel: AchR binding, Anti-Hu (ANNA-1), Anti-Ri (ANNA-2), striated muscle, AchR ganglionic, P/Q-type voltage-gated calcium channel antibodies, N-type voltage-gated calcium channel antibody, Anti-Yo (ANNA-3), AGNA-1, PCA-1, PCA-2, PCA-Tr, amphiphysin, CRMP-5/CV2, VGKC, NMDA Radioimmunoprecipitation assay: P/Q-type calcium channel antibody, N-type calcium channel antibody, muscle AchR binding antibody, ganglionic AchR antibody, VGKC antibody, GAD65 antibody Immunofluorescence assay (tissue immunofluorescence):	Patients in whom an etiology is not established after history, basic laboratory evaluation, CT scan, LP, and MRI AND Patients in whom history of present illness, demographics, exposure history, comorbidities, and family history are potentially suggestive of the diagnosis under consideration
CSF exclusive oligoclona and synthesis Radioimmunoprecipitat antibody, VGKC antibo			in whom the above evaluation is nondiagnostic s in whom brain MRI, CSF analysis, and/or boratory evaluation are suggestive of vasculitis
Immunofluorescence assay (tissue immunofluorescence): ANNA-1, ANNA-2, ANNA-3, PCA-1, PCA-2, PCA-Tr, amphiphysin antibody, CRMP-5-IgG, AGNA-1		AN	iging does not reveal a potential biopsy site
Immunofluorescence assay (cell-binding immunofluorescence): NMDA receptor antibody, AMPA receptor antibody, GABA-B receptor antibody		AN	ients in whom a thorough evaluation is nondiagnostic D y ill-defined lesion is present on MRI (T1 postcontrast, FLAIR) in a superficial cortical or meningeal location
Neuromyelitis optica (aquaporin-4 IgG) cell-binding assay Anti-Ma 1 and Anti-Ma 2/Ta antibody		AchR = acetylcholine receptor; AGNA = antiglial nuclear antibody; AN antinuclear antibody; ANCA = antineutrophil cytoplasmic antibody; Af mediator protein-5; CSF = cerebrospinal fluid; CT = computed tomog positron emission tomography; FLAIR = fluid-attenuated inversion reco decarboxylase 65; HIV = human immunodeficiency virus; IgG = immun	IPA = α-amino-3-hydroxy-5-methylisoxazole-4-propionic acid; ANA = INA = antineuronal nuclear antibody; CRMP-5 = collapsin response raphy; DNA = deoxyribonucleic acid; FDG-PET = fluorodeoxyglucose very; GABA-8 = y-aminobutyric acid type B; GAD65 = glutamic acid oglobulin G; MRI = magnetic resonance imaging; NMDA = $N$ -Methyl-
14-3-3 protein		D-aspartate; PCA = Purkinje cell antibody; PCR = polymerase chain re- emission computed tomography; SSA = Sjögren syndrome A; SSB = S	jögren syndrome B; VGKC = voltage-gated potassium channel.

# Yoğun bakım ünitesinde nonkonvülzif status epileptikus tedavisi

- Status epileptikus 60 dk içerisinde kontrol altına alınmış olmalı
- Nöbet aktivitesi kontrol altına alınmış olsa bile tüm hastalara 'emergent initial AED therapy (ilk sıra)' ve 'urgent control AED therapy (ikinci sıra)' ve idame AEİ tedavisi uygulanmalı
- Neden metabolik bir bozukluksa düzeltilmeli, bu hastalarda idame AEİ tedavisi gerekli olmayabilir
- İlk iki AEİ başarısız olduğunda refrakter status epileptikus tedavisi (3. ve 4. sıra) uygulanmalı

 Table 5 Critical care treatment outline for convulsive and non-convulsive SE that should be completed prior or upon arrival to the intensive care unit (Note: timing is merely a guide as all interventions should be done as soon as possible.)

Critical care treatment	Timing (minutes post seizure onset)	Goals	Rationale/referen
Non-invasive airway protection and gas exchange with head positioning	Immediate (0-2 min)	Maintain airway patency, avoid snoring, administer O <sub>2</sub>	[40, 76–79]
Intubation (if airway/gas exchange compromised or elevated ICP suspected)	Immediate (0-10 min)	Establish secure oxygenation and ventilation	Expert opinion
Vital signs: O2 saturation, BP, HR	Immediate (0-2 min)	Establish and support baseline vital signs	[80-81]
Vasopressor support of BP if SBP <90 mmHg or MAP <70	Immediate (5-15 min)	Support CPP	Expert opinion
Finger stick blood glucose	Immediate (0-2 min)	Diagnose hypoglycemia	
Peripheral IV access	Immediate (0-5 min)	Establish medication route	[80-82]
<ol> <li>Emergent initial AED therapy (i.e. benzodiazepine)</li> </ol>		1. Stop seizure	_
2. Fluid resuscitation		<ol><li>Establish euvolemia</li></ol>	
<ol> <li>Nutrient resuscitation (thiamine given before dextrose; dextrose)</li> </ol>		<ol> <li>Reverse thiamine deficiency, treat hypoglycemia</li> </ol>	
Urgent SE control therapy with AED	Immediate after initial AED given (5-10 min)	Stop seizure	[80-82]
Neurologic exam	Urgent (5-10 min)	Evaluate for mass lesion, acute intracranial process	Expert opinion
Triage lab test panel (see Table 2)	Immediate (5 min)	Diagnose life threatening metabolic condition	Expert opinion
Refractory SE treatment	Urgent (20–60 min after 2nd AED)	Stop seizures; treatment strategies based on individual patient response and AED concentrations (if applicable)	Expert opinion
Urinary catheter	Urgent (0-60 min)	Evaluate systemic circulation	Expert opinion
Continuous EEG	Urgent (15-60 min)	Evaluate for NCSE if not waking up after clinically obvious seizures cease	[50, 73, 75]
Diagnostic testing (selection depends on clinical presentation) CT	Urgent (0-60 min)	Evaluate for mass lesions, meningitis, encephalitis	Expert opinion
LP			
MRI			
intracranial pressure monitoring	Urgent (0-60 min of	Measure and control ICP	Expert opinion
(depending on clinical presentation)	imaging diagnosis)	measure and control fer	Expert opinion

rate; *ICP* intracranial pressure; *LP* lumbar puncture; *MAP* mean arterial pressure; *MRI* magnetic resonance imaging; *SBP* systolic blood pressure

Neurocrit Care 2012;17:3-23

Tedavi evreler halinde belirtilse de 'continuum' ve
her bir evrede nöbet aktivitesinin bir an önce
sonlandırılması hedef

Treatment	Class/level of evidence
Emergent treatment	
Lorazepam	Class I, level A
Midazolam	Class I, level A
Diazepam	Class IIa, level A
Phenytoin/fosphenytoin	Class IIb, level A
Phenobarbital	Class IIb, level A
Valproate sodium	Class IIb, level A
Levetiracetam	Class IIb, level C
Urgent treatment	
Valproate sodium	Class IIa, level A
Phenytoin/fosphenytoin	Class IIa, level B
Midazolam (continuous infusion)	Class IIb, level B
Phenobarbital	Class IIb, level C
Levetiracetam	Class IIb, level C
Refractory treatment	
Midazolam	Class IIa, level B
Propofol	Class IIb, level B
Pentobarbital/thiopental	Class IIb, level B
Valproate sodium	Class IIa, level B
Levetiracetam	Class IIb, level C
Phenytoin/fosphenytoin	Class IIb, level C
Lacosamide	Class IIb, level C
Topiramate	Class IIb, level C
Phenobarbital	Class IIb, level C

Neurocrit Care 2012;17:3-23

# 'Emergent Initial Therapy' – Acil İlk Tedavi – 1. sıra AEİ

### • Benzodiazepinler

- IV yol tercih edilir
- Mümkün değilse IM, rektal, nazal, bukkal
- IV: lorazepam
- IM: midazolam (nazal veya bukkal yolla da uygulanabilir)
- Rektal: diazepam

Treatment	Class/level of evidence
Emergent treatment	
Lorazepam	Class I, level A
Midazolam	Class I, level A
Diazepam	Class IIa, level A
Phenytoin/fosphenytoin	Class IIb, level A
Phenobarbital	Class IIb, level A
Valproate sodium	Class IIb, level A
Levetiracetam	Class IIb, level C

- Entübe olmayan hastalarda IV BDZ uygulanırken solunum depresyonu riskine dikkat!
- Hızlı uygulama solunum depresyonu ve hipotansiyona yol açabilir!!!

# 'Emergent Initial Therapy' – Acil İlk Tedavi – 1. sıra AEİ

- Status epileptikus tedavisinde kullanılan ilaçların optimal doz aralıklarını belirlemek için yapılmış kontrollü klinik çalışmalar yok
- Bu nedenle dozlar gözlem verileri ve uzman görüşü ile belirlenmiştir
- Klinik uygulamada kullanılan dozlar daha yüksek olabilir, klinik ve EEG bulgularına göre titre edilmeli
- Fenitoin/fosfenitoin infüzyonları sırasında kardiyak monitorizasyon yapılmalı, QT uzaması ve aritmi riskleri!!!

Drug	Initial dosing	Administration rates and alternative dosing recommendations	Serious adverse effects	Considerations
Diazepam	0.15 mg/kg IV up to 10 mg per dose, may repeat in 5 min	Up to 5 mg/min (IVP) Peds: 2–5 years, 0.5 mg/kg (PR); 6–11 years, 0.3 mg/kg (PR); greater than 12 years, 0.2 mg/kg (PR)	Hypotension Respiratory depression	Rapid redistribution (short duration), active metabolite, IV contains propylene glyco
Lorazepam	0.1 mg/kg IV up to 4 mg per dose, may repeat in 5-10 min	Up to 2 mg/min (IVP)	Hypotension Respiratory depression	Dilute 1:1 with saline IV contains propylene glycol
Midazolam	0.2 mg/kg IM up to maximum of 10 mg	Peds: 10 mg IM (>40 kg); 5 mg IM (13-40 kg); 0.2 mg/kg (intranasal); 0.5 mg/kg (buccal)	Respiratory depression Hypotension	Active metabolite, renal elimination, rapid redistribut (short duration)
Fosphenytoin	20 mg PE/kg IV, may give additional 5 mg/kg	Up to 150 mg PE/min; may give additional dose 10 min after loading infusion	Hypotension Arrhythmias	Compatible in saline, dextrose, lactated ringers solutions
Lacosamide	200–400 mg IV	Peds: up to 3 mg/kg/min 200 mg IV over 15 min No pediatric dosing established	PR prolongation Hypotension	Minimal drug interactions Limited experience in treatmen of SE
Levetiracetam	1,000–3,000 mg IV Peds: 20–60 mg/kg IV	2–5 mg/kg/min IV		Minimal drug interactions Not hepatically metabolized
Phenobarbital	20 mg/kg IV, may give an additional 5-10 mg/kg	50-100 mg/min IV, may give additional dose 10 min after loading infusion	Hypotension Respiratory depression	IV contains propylene glycol
Phenytoin		Up to 50 mg/min IV; may give additional dose 10 min after loading infusion	Arrhythmias Hypotension Purple glove syndrome	Only compatible in saline IV contains propylene glycol
Topiramate	200-400 mg NG/PO	Peds: up to 1 mg/kg/min 300–1,600 mg/day orally (divided 2–4 times daily) No pediatric dosing	Metabolic acidosis	No IV formulation available
Valproate sodium	20–40 mg/kg IV, may give an additional 20 mg/kg	established 3–6 mg/kg/min, may give additional dose 10 min after loading infusion Peds: 1.5–3 mg/kg/min	Hyperammonemia Pancreatitis Thrombocytopenia Hepatotoxicity	Use with caution in patients w traumatic head injury; may l preferred agent in patients w glioblastoma multiforme

IM intramuscular; IV intravenous; IVP intravenous push; min minute; NG nasogastric; PE phenytoin equivalents; PEDs pediatric; PO by mouth; PR rectal administration; PRIS propofol related infusion syndrome

# 'Urgent Control Therapy' – Hızlı Kontrol Tedavisi – 2. sıra AEİ



- Hedefler:
- 1. İlk sıra tedaviye yanıt veren ve statusun sonlandığı hastalarda idame AEİ'ların terapötik düzeyine hızla ulaşmak
- 2. Yanıtsız hastalarda statusun sonlandırılması
- Bu aşamada hangi ilacın en etkili olduğu tartışmalı, seçim bireyselleştirilmeli
- Primer jeneralize epilepsi öyküsü olanlarda valproat, diğer hastalarda fenitoin ilk tercih olabilir
- Terapötik düzeye hızla ulaşılması için IV yol tercih edilmeli
- Epileptik olan ve AEİ kullanım öyküsü olan hastalarda varsa bu AEİ'ın IV bolusunu uygulamak daha doğru
- Nöbet aktivitesinin sonlanması için normal hedef konsantrasyonları aşmak üzere ek bolus uygulamalar yapılabilir

Table 6 Treatment recommendations for SE			
Treatment	Class/level of evidence		
Urgent treatment			
Valproate sodium	Class IIa, level A		
Phenytoin/fosphenytoin	Class IIa, level B		
Midazolam (continuous infusion)	Class IIb, level B		
Phenobarbital	Class IIb, level C		
Levetiracetam	Class IIb, level C		

## 'Refrakter status epileptikus tedavisi' – 3. ve 4. sıra AEİ

- 1. ve 2. sıra tedavilere karşın devamlı EEG monitorizasyonu ve/veya klinik değerlendirme ile statusun devam ettiğinin belirlendiği hastalar
- Güvenli olduğu belirlenmiş bir gözlem periyodu yok
- Bu nedenle agresif tedaviye devam
- Kullanılan AEİ tekrar bolusu?
- Ek ajan?
- Bolus intermittan tedavilere yanıtsızlık halinde devamlı AEİ infüzyonuna geçilmeli
- Hemodinamik olarak stabil, entübasyon gerektirmeyen NCSE hastalarında daha önce uygulanmadıysa intermittan bolus halinde valproat sodyum, levetirasetam, fenitoin
- Devamlı infüzyonla birlikte gerektiği hallerde aynı ilacın bolus dozları uygulanabilir
- İlk ajanla başarısızlık halinde farklı bir ajanın devamlı infüzyonuna geçilebilir

Treatment	Class/level of evidence	
Refractory treatment		
Midazolam	Class IIa, level B	
Propofol	Class IIb, level B	
Pentobarbital/thiopental	Class IIb, level B	
Valproate sodium	Class IIa, level B	
Levetiracetam	Class IIb, level C	
Phenytoin/fosphenytoin	Class IIb, level C	
Lacosamide	Class IIb, level C	
Topiramate	Class IIb, level C	
Phenobarbital	Class IIb, level C	

# 'Refrakter status epileptikus tedavisi' – 3. ve 4. sıra AEİ

Drug	Initial dose	Continuous infusion dosing recommendations-titrated to EEG	Serious adverse effects	Considerations
Midazolam	0.2 mg/kg; administer at an infusion rate of 2 mg/min	0.05–2 mg/kg/hr CI Breakthrough SE: 0.1–0.2 mg/kg bolus, increase CI rate by 0.05–0.1 mg/kg/hr every 3–4 h	Respiratory depression Hypotension	Tachyphylaxis occurs after prolonged use Active metabolite, renally eliminated, rapid redistribution (short duration), does NOT contain propylene glycol
Pentobarbital	5–15 mg/kg, may give additional 5–10 mg/kg; administer at an infusion rate ≤50 mg/min	0.5–5 mg/kg/h CI Breakthrough SE: 5 mg/kg bolus, increase CI rate by 0.5–1 mg/kg/h every 12 h	Hypotension Respiratory depression Cardiac depression Paralytic ileus At high doses, complete loss of neurological function	Requires mechanical ventilation IV contains propylene glycol
Propofol	Start at 20 mcg/kg/min, with 1–2 mg/kg loading dose	<ul> <li>30–200 mcg/kg/min CI</li> <li>Use caution when administering high doses (&gt;80 mcg/kg/min) for extended periods of time (i.e., &gt;48 h)</li> <li>Peds: Use caution with doses &gt;65 mcg/kg/min; contraindicated in young children</li> <li>Breakthrough SE: Increase CI rate by 5–10 mcg/kg/min every 5 min or 1 mg/kg bolus plus CI titration</li> </ul>	Hypotension (especially with loading dose in critically ill patients) Respiratory depression Cardiac failure Rhabdomyolysis Metabolic acidosis Renal failure (PRIS)	Requires mechanical ventilation Must adjust daily caloric intake (1.1 kcal/ml)
Thiopental	2–7 mg/kg, administer at an infusion rate ≤50 mg/min	0.5–5 mg/kg/h CI Breakthrough SE: 1–2 mg/kg bolus, increase CI rate by 0.5–1 mg/kg/h every 12 h	Hypotension Respiratory depression Cardiac depression	Requires mechanical ventilation Metabolized to pentobarbital

*CI* continuous infusion; *EEG* electroencephalogram; *h* hour; *IM* intramuscular; *IV* intravenous; *IVP* intravenous push; *min* minute; *PRIS* propofol related infusion syndrome

Devamlı infüzyonla verilmesi önerilen ajanlar: midazolam, propofol, pentobarbital,

### thiopental

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- Hangisinin tercih edilmesi gerektiğine ilişkin veri yok
- Propofol infüzyon sendromu!!!
  - Midazolam daha az hipotansiyona yol açar
  - Pentobarbital > midazolam, ancak yan etki

daha fazla

- Tümüyle asiste ventilasyon ve kardiyovasküler monitorizasyon gerekli
  - Vazopressör ajanlar gerekebilir

### Refrakter status epileptikus tedavisinin intensite ve süresi

- Kanıta dayalı veri yok
- Tedavi intensitesi devamlı EEG monitorizasyonu bulgularına göre belirlenir
- Hedef: elektrografik nöbet aktivitesinin sonlanması veya burst süpresyon
- Serum ilaç düzeyleri yönlendirici olmamalı
- Tedavi süresi?
- Geleneksel uygulama elektrografik nöbet kontrolünün 24-48 saat sürdürülmesi, sonrasında AEİ'ların yavaş doz azaltımı
- Rekürren refrakter status halinde devamlı infüzyonun önceki dozuna veya daha yüksek bir doza çıkılmalı/yeni ilaç eklenmeli
- Haftalar-aylar süren refrakter status tedavisinden sonra olumlu prognoz mümkün

# Devamlı infüzyon tedavisinden idame AEİ tedavisine geçiş

- Kanıta dayalı veri yok
- Devamlı infüzyon uygulaması ve weaningi süresince terapötik konsantrasyonları sağlayacak idame AEİ tedavisi verilmeli
- Terapötik konsantrasyonlar bir çok AEİ için yayımlanmış hedef konsantrasyonları aşabilir, dozlar etkinliği sağlamak ve yan etkileri minimize etmek üzere bireyselleştirilmeli
- İdame tedavinin başarısını belirleyen faktörler: klinik özellikler, EEG paterni, altta yatan neden, eşlik eden sistemik hastalık, ilaç-ilaç etkileşimleri
- Uzun süre pentobarbital infüzyonu uygulanan hastalarda çekilme nöbetleri olabilir

# Refrakter status epileptikus için alternatif tedaviler

- Özellikle şu hastalarda agresif tedaviye devam edilmeli:
  - Premorbid sağlıklı olan, genç hastalar
  - Kendi kendini sınırlayan hastalık süreci
  - Olumsuz prognozla ilişkili intrakranial lezyonu olmayan hastalar
- Alternatif tedaviler kanıta dayalı değil
- Anekdotal olgu bildirimleri
# Refrakter status epileptikus için alternatif tedaviler, farmakolojik

Pharmacologic agent	Studied doses	Adverse effects	Clinical pearls and considerations
Ketamine	Bolus: 0.5–3 mg/kg Infusion: 1–10 mg/kg/h	Tachycardia, acute elevation in blood pressure, ICP elevation, and theoretical neurotoxic effects when used for prolonged periods	Caution if the patient has an etiology that might increase ICP (e.g., severe brain edema from anoxic brain injury). Early use of ketamine may provide better and faster control of seizures. Consider in hypotensive patients
Isoflurane	Concentration: 1–5 % Infusion: titrate to burst suppression on EEG	Hypotension requiring IV vasopressors support, infection, paralytic ileus, deep vein thrombosis, and cognitive dysfunction with prolonged use	Likely to stop seizures but not a sustained effect. Consider as last-line therapy
IVIG	1–2 g/kg divided over 3–5 days	Injection site and hypersensitivity reactions, renal dysfunction with concentrated solutions and high infusion rates, transfusion related acute lung injury, and thromboembolic events	Consider for patients with no history of seizures, a presence of other acute psychiatric behavioral or dementia-like changes, an underlying malignancy, or presence of other autonomic dysfunction
Corticosteroids Methylprednisolone Prednisone	1 g/day for 3–5 days 60 mg daily	Glucose intolerance, psychiatric disturbances, impaired immunological function, and adrenal suppression	Similar to IVIG.

<del>Cu</del>rr Neur<mark>o</mark>l Neurosci Rep 2015;15:66

# Refrakter status epileptikus için alternatif tedaviler, non-farmakolojik

Intervention	Studied doses	Adverse effects	Clinical pearls and considerations		
Ketogenic diet	4:1 (the ratio of fat to carbohydrates and protein)	Hyperlipidemia, weight loss. Contraindicated in pyruvate carboxylase and beta-oxidation deficiency	Unlikely compliance with long-term use of the diet due to social and dietary restrictions, cost, and the complexity involved. Lack of well- designed trials		
Hypothermia	Goal temperature of 32– 35 °C×24 h with rewarming of no more than 0.5 °C per hour	Coagulation disorders, venous thrombosis, cardiac arrhythmia, electrolyte abnormalities, infections, pharmacokinetic and pharmacodynamics changes, and acute intestinal ischemia/necrosis	Hypothermia can potentially be used as an alternative to two or more unsuccessful EEG burst suppression trials. Goal temperature aimed at appropriate burst suppression pattern on EEG		
Electroconvulsive therapy	Protocols vary	Can induce convulsive and non-convulsive status epilepticus after treatment, cognitive impairment, amnesia, and headache	EEG monitoring required Routine use not well established, further studies are needed		
Transcranial magnetic stimulation	Can be performed in the ICU setting	Rare seizures, headache, dizziness, and other neurological side effects	Considered a very safe intervention and does not require surgery or device implantation. Still investigational therapy		
Vagal nerve stimulator	Surgical implantation	Voice hoarseness, infection risk at the implantation site, and rare bradycardia	No strong evidence to support its use in the acute settings		

Curr Neurol Neurosci Rep 2015;15:66

Epilepsia, 54(8):1498-1503, 2013 doi: 10.1111/epi.12247

#### FULL-LENGTH ORIGINAL RESEARCH

#### Intravenous ketamine for the treatment of refractory status epilepticus: A retrospective multicenter study

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Table 1. Demographics and clinical data (N = 60 episodes of RSE)					
Age; median (range)	24 y (7 m–74 y)				
Children (<18 y) (%)	12 (20)				
Female gender (%)	30 (50)				
Etiology (%)					
Unknown	34 (57)				
Acute symptomatic	20 (33)				
Nonanoxic brain injury <sup>a</sup>	11 (18)				
Postanoxic encephalopathy	7 (12)				
Systemic etiology <sup>a</sup>	2 (3)				
Remote symptomatic	6(10)				
Prior history of epilepsy (%)	9 (15)				
Duration of SE (days); median (range)	26.5 d (I h-10 m)				
CEEG (%)	59 (98)				
Time from onset of SE to CEEG (median, range)	<24 h (0–17 d)				
Classification of SE (%)					
Generalized convulsive	14 (23)				
Tonic-clonic	5 (8)				
Myoclonic	6 (10)				
Tonic	3 (5)				
Generalized nonconvulsive	3 (5)				
Focal convulsive	4 (7)				
Epilepsia partialis continua	2 (3)				
Hemiconvulsive	2 (3)				
Focal nonconvulsive	38 (63)				
Status epilepticus of infantile spasms	1 (2)				

Data presented as N (row percentage) unless stated otherwise. h, hours; d, days; m, months; y, years; CEEG, continuous EEG monitoring; SE, status epilepticus.

<sup>a</sup>Causes of nonanoxic brain injury and systemic etiologies included proven infectious (N = 4) or autoimmune (N = 2; both anti-NMDA) meningoencephalitis, subarachnoid hemorrhage (N = 2), ischemic stroke (N = 2), traumatic brain injury (N = I), sepsis-associated encephalopathy (N = I), and posterior reversible encephalopathy syndrome (N = I).

# IV ketamin fokal ve jeneralize NCSE tedavisinde yararlı olabilir

	Likely response		Likely or possible	No response	p-Value	p-Value
	(N = 7)	(N = 12)	response (N = 19)	(N = 41)	(univ.) <sup>\$</sup>	(multiv
Latency to ketamine; median (range)	12 h (6 h–7 d)	5 d (18 h–30 d)	4.5 d (6 h-30 d)	10 d (12 h-122 d)	0.0053	NS
Number of previously failed drugs;	4 (3-7)	6 (3–11)	6(3-11)	8 (3-16)	0.0012	< 0.0
median (range)						
Etiology						
Unknown (N = 34)	I.	7	8	26	<0.001	NS
Anoxic (N = $7$ )	4	0	4	3		
Acute nonanoxic ( $N = 13$ )	2	2	4	9		
Remote (N = 6)	0	3	3	3		
SE classification						
Generalized convulsive (N = 14)	2	4	6	8	NS	-
Generalized nonconvulsive $(N = 3)$	0	1	1	2		
Focal convulsive $(N = 4)$	0	2	2	2		
Focal nonconvulsive (N = 38)	5	5	10	28		
Infantile spasms (N = 1)	0	0	0	I		
Maximum infusion rate (mg/kg/h); median (range) <sup>a</sup>	7 (0.9–10)	1.8 (0.6–7)	2 (0.6–10)	3 (0.05–10)	NS	-
Loading dose administered <sup>b</sup>	6/6 (100%)	5/8 (63%)	1/14 (79%)	23/32 (72%)	NS	_
Duration of administration	I (0–2)	3 (0-10)	2 (0–10)	5 (0–27)	<0.001	NS
Number of concurrent drugs	3 (1-5)	5(1-11)	4(1-11)	6 (1-10)	<0.001	NS
Number of concurrent anesthetic drugs <sup>c</sup>	I (0–I)	l (I-3)	I (0–3)	2(1-3)	< 0.001	NS

h, hours; d, days; m, months; univ., univariate analysis; multiv., multivariate analysis.

\*p-value refers to analysis using likely, possible, and no response as three separate categories.

"Information available in 54 of 60 cases.

<sup>b</sup>Information available in 46 of 60 cases.

<sup>c</sup>Anesthetic drugs included pentobarbital, thiopental, midazolam, and propofol.



 5/17/F 6/5/F The IAs, isoflurane and desflurane, effectively stopped seizures in all 7 cases of RSE. Adequately sustained
 7/32/M burst-suppression EEG patterns were obtained in all patients within minutes of initiation of IA therapy in a
 Abbreviations dose-dependent manner during administration of IA.

seizure; NCSE, n SI conversion

vigabatrin: VPA, valproic acid.

\*237.9 MAC-hours (19 days) of desflurane and 39 MAC-hours (7 days) of isoflurane.

Patient	Hospital Stay, d	ICU Stay, d	Ventilatory Support, d	MAC-Hours of Isoflurane (d)	RSE Prior to Isoflurane, d	Other AEDs Tried During RSE
1	53	30	27	33.8 (2)	3	LZP, diazepam, MDL, PHT, PB, TS, PRO, VPA, LMT
2	15	12	11	43.9 (3)	4	LZP, diazepam, MDL, PHT, PB, TS, PRO
3	49	27	18	151.4 (6)	1	LZP, diazepam, clonazepam, MDL, PRO, CBZ, VPA, GBP, TPM
4	84	58	56	276.9 (26)*	lsoflurane, 19 d; desflurane, 7 d	LZP, diazepam, clonazepam, MDL, PHT, PB, PTB, TS, PRO, CBZ, VPA
5	67	67	57	11.6 (19)	103	LZP, diazepam, MDL, PHT, PB, primidone, PTB, TS, PRO, CBZ, VPA, clobazem, LMT, VGB, TPM, paraldehyde
6	9	9	9	248.2 (8)	2	LZP, MDL, PHT, PB, CBZ, VPA, LMT, fentanyl citrate
7	18	17	17	444.3 (13)	2	LZP, diazepam, MDL, PHT PB, PRO, CBZ



## Vagus sinir stimülasyonu refrakter status epileptikusta yararlı olabilir



# Vagus sinir stimülasyonu nonkonvülzif status epileptikusta da yararlı olabilir

Author	No. of cases	Type of SE	Sex/mean age (years)	Duration of SE before VNS	VNS parameters	Follow up	Outcome
Winston et al. (2001)	1	Convulsive SE	M;13	15 days	l: 0.25 mA F: 30 Hz PW: 500 μs on/off: 7 s/120 s	18 months	No SE; reduction of seizures frequency
Zimmerman et al. (2002)	3	Non convulsive SE	2 M, 1 F; 55 (20-82)	1 week-5 weeks	l: 3 mA F: 30 Hz PW: 500 μs on/off: 60 s/60 s	12 months	No SE
Malik and Hernandez (2004)	3	Not specified	Not specified	Not specified	Pt A: l: 1.0 mA on/off: 30 s/1.1 min Pt B: l: 1.75 mA on/off: 7 s/0.2 min Pt C: l: 2.5 mA on/off: 7 s/0.2 min	2 months	No SE; reduction of seizures frequency in 2 cases
Patwardhan et al. (2005)	1	Convulsive SE	M;30	12 days	l: 0.25 mA F: 20 Hz 30 on/off: 30 s/5 min PW 250 μs	42 days	No SE; seizure free
De Herdt et al. (2009)	1	Non convulsive SE	F;6	11 days	l: 1.25 mA F: 30 Hz on/off: 30 s/5 min PW 500 μs	15 months	No SE; seizure free
O'Neill et al. (2011)	1	Convulsive SE	M;23	> 21 days	l: 1 mA F:25 Hz PW: 250 μs on/off: 30 s/1.1 min	2 months	No SE; reduction of seizures frequency
Sierra-Marcos et al. (2012)	8	Convulsive (6); non- convulsive (2) SE	5 M,3 F;21 (7-39)	> 21 days	I:0.25 mA F: 30 Hz PW: 500 μs on/off: 30 s/5 min	Not specified	SE free: 5; reduction: 1; same frequency: 2

Epilepsy Research 2013;107:163-171

Case Report

### ECT in the Treatment of Status Epilepticus

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\*Department of Biological Psychiatry, New York State Psychiatric Institute, New York; and Departments of †Psychiatry, ‡Neurology, §Anesthesiology, and Radiology, College of Physicians and Surgeons of Columbia University, New York, New York, U.S.

Introduction: Owing to its potent anticonvulsant actions, ele convulsive therapy (ECT) has been proposed as an intervention treatment-resistant seizure disorders. Method: We review th erature on the use of ECT in treatment-resistant epilepsy and epilepticus (SE) and present a case of a patient who was in convulsive SE for 26 days and then treated with ECT after

Elektrokonvülzif ted

standard pharmacol skull defects, a nov ing to massively e comitant anticonvul cal dosage was ne Status was terminate However, the longpoor. Discussion: T SE is discussed.

neurocritical Neurocrit Care (2010) 12:204-210 care DOI 10.1007/s12028-009-9288-7

ORIGINAL ARTICLE

### **Electroconvulsive Therapy for Refractory Status Epilepticus:** A Case Series

Hooman Kamel · Susannah Brock Cornes · Manu Hegde · Stephen E. Hall · S. Andrew Josephson

Table 4 Summary of published case reports describing the use of electroconvulsive therapy (ECT) for status epilepticus or frequent seizures

ons of Columbia University, New York, New York, U.S.A. Clinical features	Therapies prior to ECT Timing of ECT Dose of ECT Outcome
anticonvulsant actions, electro- proposed as an intervention for rs. <i>Method:</i> We review the lit-	ed with over over 3 days patient returned to baseline
ent-resistant epilepsy and status e of a patient who was in non- hen treated with ECT after all	atic brain diazepam, phenobarbital, onset of over 2 patient returned to
	Four sessions Mild improvement in over 9 days seizure frequency and severity
ktrokonvülzif tedavinin hem konvülzif her	Infee daily Termination of status
epileptikusta yararlı olabileceğine ilişkin	olgu bildirimleri var sessions epilepticus, with significant decrease in seizure frequency over following month
	olgu bildirimleri var       significant decrease in seizure frequency over following month         Six sessions over 2       Temporary decrease in seizure frequency
epileptikusta yararlı olabileceğine ilişkin	olgu bildirimleri var       significant decrease in seizure frequency over following month         Six sessions over 2       Temporary decrease in seizure frequency
epileptikusta yararlı olabileceğine ilişkin	Olgu bildirimleri var       significant decrease in seizure frequency over following month         Six sessions over 2 weeks       Temporary decrease in seizure frequency weeks         with Phenytoin, nitrazepam, 26 days after ed with phenobarbital, onset of sessions onset of sessions       Seizures stopped but patient remained comatose

#### Table 3

Oxford and GRADE level of evidence.

Reference	Study type	Oxford <sup>28</sup> Level of Evidence	GRADE <sup>29-34</sup> Level of Evidence
Carrasco et al. <sup>9</sup>	Retrospective Case report	4	D
Cline et al. <sup>10</sup>	Retrospective Case Report	4	D
Fernandez-Torre et al. <sup>11</sup>	Retrospective case Report	4	D
Griesemer et al. <sup>12</sup>	Retrospective Case Series	4	D
Kamel et al. <sup>13</sup>	Retrospective Case Series	4	D
Koong et al. <sup>14</sup>	Retrospective Case Report	4	D
Lisanby et al. <sup>15</sup>	Retrospective Case Report	4	D
Moddel et al. <sup>16</sup>	Retrospective Case Series	4	D
Morales et al. <sup>17</sup>	Retrospective Case Report	4	D
Regenold et al. <sup>18</sup>	Retrospective Case Report	4	D
Savard et al. <sup>19</sup>	Retrospective Case Report	4	D
Shin et al. <sup>20</sup>	Retrospective Case Report	4	D
Viparelli et al. <sup>21</sup>	Retrospective Case Report	4	D
Wusthoff et al. <sup>22</sup>	Retrospective Case Report	4	D
Shin et al. <sup>23</sup>	Retrospective Case Report	4	D

\* Shin et al.<sup>23</sup> is a meeting abstract which contains the same patient data as Shin et al.<sup>20</sup>. Patient data from Shin et al<sup>23</sup> was not included in the final data analysis in order to avoid duplication of data.

Oxford level 4, GRADE D evidence exists to suggest an improvement in seizure control with ECT application for RSE. Routine use of ECT cannot be recommended at this time. Further prospective study of this therapy is required in order to determine its efficacy in this setting.

Seizure 2016;35:23-32

### 2 haftalık süre boyunca 3 farklı AEİ tedasine yanıtsızlık halinde cerrahi yöntemler düşünülebilir

• Kortikal rezeksiyondan en çok fayda gören hastalar semiyoloji, MRI, PET, SPECT ve EEG ile tek epileptojenik zon

saptanan ve altta yatan nedenin fokal kortikal displazi olduğu hastalar

Multifokal veya lokalize edilemeyen dirençli SE halinde korpus kallozotomi

Epilepsia, 54(Suppl. 6):68-71, 2013 doi: 10.1111/epi.12282

### **STATUS EPILEPTICUS 2013**

# Surgical treatment of status epilepticus: A palliative approach

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#### SUMMARY

Although status epilepticus (SE) does not resemble a domain for neurosurgical indications in single occasions, a microneurosurgical procedure in patients with catastrophic epilepsy and status epilepticus should be considered as an ultimate ratiochoice in these patients. From a personal series of >600 epilepsy surgery procedures in a period from August 1, 1993 until March 13, 2013, 22 patients were identified with catastrophic epilepsy and all of them with at least one episode of status epilepticus. Five of the patients had surgery under ongoing status epilepticus. Twelve patients became seizure-free, two patients had >90% seizure reduction, seven patients >50% seizure reduction, and one patient was unchanged. No surgery-related complications in terms of permanent morbidity were ascertained in the presented series. In the subgroup of the five patients operated in the acute phase of SE one patient became seizure-free (Engel class. I), one showed Engel class II, two Engel class III, and one Engel class IV with no worthwhile improvement. Patients with catastrophic epilepsy including status epilepticus can benefit from resective epilepsy surgery, even with incomplete resection of the epileptogenic lesion. KEY WORDS: Status epilepticus, Microneurosurgery, Epilepsy surgery – catastrophic epilepsy.

		Table	e 2. Results
Table 4. Surgical treatment of status epilepticus—published cases		12 2 7 1	Seizure-free >90% seizure reduction >50% seizure reduction Unchanged
Procedure(s)	Total number	No surgery-related complication ascertained in the presented serie	ons in terms of permanent morbidity were 25.
Resections of epileptogenic focus	44 ± I		
Tumor resection			
Multilobar resection			
Callosotomy		Table 2 Dation to an	
Multiple subpial transsection	2	Table 3. Patients op	erated in acute phase of SE
Vagus nerve stimulation	7	Patients number	Outcome
Deep brain stimulation	0	T	Engel class I
Alternative methods, e.g., trigeminal stimulation		1	Engel class II Engel class III
	$\Sigma$ 57 $\pm$ 1		Engel class IV

8

13

Table 1. Treatment in patients with status

epilepticus (SE) =  $22^{a}$ 

\*Five of them were operated on with ongoing status epilepticus.

Bilateral resection

Palliative primary incomplete resections

Unilateral resections of bilateral lesions

### Refrakter nonkonvülzif status epileptikus tedavisinde cerrahi yöntemler uygulanabilir



#### NIH Public Access Author Manuscript

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#### Successful surgical treatment of an inflammatory lesion associated with new-onset refractory status epilepticus

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A 56-year-old right-handed man with a history of high blood pressure presented with sudden-onset progressive headache, followed by new-onset complex partial seizures 3 days later. There was no history of fever. On admission, general and neurological examinations were normal, except for fluctuating fluent dysphasia. Cranial MRI showed a nonenhancing lesion in the left temporal lobe, hyperintense on T2-weighted and FLAIR sequences, suspicious for a low-grade glioma (Fig. 1). One week later, he had a generalized seizure and, despite aggressive treatment, developed nonconvulsive partial status epilepticus nonresponsive to maximal doses of 4 antiepileptic drugs and intermittent intravenous benzodiazepines to treat breakthrough seizures. Initial CSF analysis showed 0 WBC/mm<sup>3</sup>, 1 RBC/mm<sup>3</sup>, normal protein and glucose levels, and negative polymerase chain reaction for herpes simplex virus 1 and 2. Upon arrival to our institution, continuous video-EEG monitoring showed periodic epileptiform discharges from the left temporal region with frequent electroclinical seizures resulting in episodic fluent aphasia. AMT-PET imaging was performed after obtaining informed consent and showed a relatively large cortical region of increased uptake within and adjacent (mostly posterior) to the MRI-defined lesion (Fig. 1).



#### CLINICAL REPORT

Focal Cortical Resection for Complex Partial Status Epilepticus Due to a Paraneoplastic Encephalitis

Fadi Nahab, MD, Adam Heller, MD, and Suzette M. LaRoche, MD

Abstract: We report a 57-year-old female who presented with epilepsia partialis continua and rapidly progressed to refractory complex partial status epilepticus (CPSE) with brain magnetic resonance imaging revealing a focal cortical lesion on T2 sequences corresponding to the seizure focus on ictal electroencephalographic recordings. The patient underwent focal cortical resection of the seizure focus. Though clinical and electrographic seizure activity ceased, the patient remained unresponsive with repeat neuroimaging showing diffuse limbic and brainstern involvement. Serological tests revealed anti-Hu antibodies suggesting a paraneoplastic encephalitis. Chest computed tomography showed a 5-mm pulmonary nodule and resection of the pulmonary nodule confirmed the diagnosis of small cell lung cancer. Plasmapheresis was performed without clinical improvement. Focal resection can be effective in terminating refractory CPSE but evaluation for a paraneoplastic syndrome must be considered early in the diagnosis of epilepsia partialis continua and CPSE as these patients have a poor prognosis.

Key Words: epilepsia partialis continua, paraneoplastic encephalitis, anti-Hu antibodies, complex partial status epilepticus, focal resection

(The Neurologist 2008;14: 56-59)

#### CASE PRESENTATION

A 57-year-old female was evaluated for a 2 month history of refractory simple partial seizures. Her first seizure consisted of right upper extremity clonic movements that progressed to a generalized tonic-clonic seizure. These developed into frequent episodes of clonic right face, arm, and occasionally leg movements without alteration of awareness. She had no significant medical history other than an 80 pack-year smoking history. Despite trials of phenytoin, valproic acid, and levetiracetam titrated to toxic doses, she continued to have these persistent movements. Our clinical diagnosis was EPC of unclear etiology. Previous evaluation had included 2 normal brain magnetic resonance imaging (MRIs) and an ambulatory electroencephalograph (EEG) that demonstrated frequent epileptiform discharges over the left fronto-central region correlating with clinical seizure activity (Fig. 1). Inpatient admission for further evaluation was declined by the patient and topiramate was added to her AED regimen of phenytoin, valproic acid, and levetiracetam.

Four days later the patient was brought to the hospital by family after they noticed some speech difficulty. Examination was notable for expressive aphasia with persistent clonic movements of the right face and arm. The patient was

## Absans statusu

Status epilepti	kus olgularında <10%; daha çok ç	ocuklar	da		
• EEG: >2.5 Hz diken ve	i <u>pik absans statusu</u> eya multipl diken-yavaş jeneralize dalg eneralize epilepsilerde uygun olmayaı		<u>Akut sempto</u> • Önceden epileptik olmaya		
<ul> <li>EEG: &lt;2.5 Hz jeneraliz</li> <li>Genellikle çocukluk ça</li> </ul>	<u>tipik absans statusu</u> ze epileptiform deşarjlar ağının semptomatik ve kriptojenik jen ox-Gastaut syndrome)	eralize	ortaya çıkar	Acute symptom- atic absence status	Hypocalcemia <sup>133</sup> Infections (HIV, <sup>134</sup> neurosyphilis <sup>135</sup> Medications (tiagabine,
	Typical absence SE		Atypical absence SE		benzodiazepines abrupt withdrawal,
Context—type of epilepsy syndrome Associated clinical signs Clinical features	ciated clinical signs cal features Photosensitivity (in some cases), no other neurologic abnormalities Episodes shorter than in atypical absence SE, onset and offset clear cut, often terminated by (e.g., Le (e.g., Le cases) Prodromal ill-defin		c and secondarily generalized epilepsy nnox-Gastaut syndrome) isability, neurologic handicaps (in some phase, frequent episodes, onset and offset ed, no myoclonus, intercurrent tonic or otor seizures		antidepressants, neuroleptics, lithium, cephalosporins, cyclosporine, ifosfamide, cyclophosphamide, chemotherapy of
EEG Response to IV benzodiazepine treatment	<ul> <li>3 Hz spike-wave discharges, normal background interictal EEG</li> <li>Rapid and complete response</li> </ul>	backgrou Often no re	ke-wave discharges, ictally and interictally, and activity slow esponse or partial response only, IV ezepines may precipitate tonic seizures		urothelial cancer) <sup>136–143</sup> Electroconvulsive therapy <sup>144</sup>

J Clin Neurophysiol. 1995;12:316–325. Epilepsia. 2005;46(suppl 9):73–79. Epilepsia. 2001;42:714–718.

pilepsla, 41(7):887-894, 2000 Lippincott Williams & Wilkins, Inc., Baltimore D International League Against Epilepsy

#### eague Against Epilepsy

#### **Clinical Research**

Refractory Idiopathic Absence Status Epilepticus: A Probable Paradoxical Effect of Phenytoin and Carbamazepine

ND OD I

Jill N. Peltzer

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d proved intractable to treatment with valproic acid or azepines, compared with a cohort of subjects also with ic generalized epilepsies, but naive to, or receiving subitic or therapeutic doses of other agents.

usions: Our observations strongly suggest that theraoncentrations of phenytoin and carbamazepine exaceropathic generalized cpilepsies. Subjects in whom abone of the seizure types seem at a particularly high risk onding paradoxically. These findings underscore the accurate classification of seizures and particularly the

syndromic approach to diagnosis and point to the potential for iatrogenic complications with indiscriminate use of antiseizure drugs. Key Words: Idiopathic generalized epilepsios— Absence status epilepicus—Refractoriness—Paradoxical effects—Phenytoin--Carbamazepine.

 
 TABLE 3. Frequency of typical absence status epilepticus (SE) in different IGE subtypes

Classification of idiopathic generalized epilepsy (IGE)	Proportion of patients with a history of typical absence SE
Perioral myoclonus with absences $(n = 7)$	57.1%
Phantom absence and generalized tonic-closure seizures (n = 13)	46.2%
IGE with specific modes of precipitation $(n = 4)$	25%
Juvenile absence epilepsy $(n = 10)$	20%
Eyelid myoclonia with absences $(n = 11)$	18.2%
Unclassified IGE $(n = 11)$	12.8%
Juvenile myoclonic epilepsy ( $n = 30$ )	6.7%

Series of 86 adult patients with absence seizures and IGE, of whom 21 had documented episodes of typical absence SE, published by Agathonikou et al. 1998 (7).

#### doi:10.1093/brain/aw1047

### Brain (2006), 129, 1281-1292

**IDYOPATIK JENERALIZE** 

EPILEPSILERDE UYGUNSUZ AEI

**KULLANIMI ABSANS STATUS** 

EPİLEPTİKUSUNA YOL AÇABİLİR

Absence and myoclonic status epilepticus precipitated by antiepileptic drugs in

### idiopathic generaliz

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Aggravation of idiopathic generalized ep is increasingly recognized as a serious an

propriate medication has rarely been reported. We retrospectively studied all adult patients with IGE taking at least one potentially aggravating AED, who developed video-EEG documented SE over 8 years, and whose long-term outcome was favourable after adjustment of medication. We identified 14 patients (seven male patients) aged 15–46 years with a mean duration of epilepsy of 16.4 years. Video-EEG demonstrated typica absence SE (ASE) in five, atypical ASE in five, atypical myoclonic SE (MSE) in three and typical MSE in one Epilepsy had been misclassified as cryptogenic partial in eight cases and cryptogenic generalized in four. The correct diagnosis proved to be juvenile absence epilepsy (JAE) in six patients, juvenile myoclonic epilepsy (JME) in four, epilepsy with grand mal on awakening (EGMA) in two and childhood absence epilepsy (CAE) in two. All patients had been treated with carbamazepine (CBZ) and had experienced seizure aggravation or new seizure types before referral. Seven patients had polytherapy with phenytoin (PHT), vigabatrin (VGB) or gabapentin (GBP). Potential precipitating factors included dose increase of CBZ or of CBZ and PHT; initiation of CBZ, VGB or GBP; and decrease of phenobarbital. Withdrawal of the aggravating agents and adjustment of medication resulted in full seizure control. This series shows that severe pharmacodynamic aggravation of seizures in IGE may result in ASE or MSE, often with atypical features.

nazepine or phenytoin before and after discontinuation of these compounds, and interindividually to subjects without treatment or receiving other drugs.

Results: Bouts of absence or tonic-clonic status epilepticus and seizures in subjects treated with phenytoin or carbamazepine at therapeutic concentrations were considerably more fre-

> Seizure 1999; 8: 314–317 Article No. seiz.1999.0303, available online at http://www.idealibrary.com on DE L

#### CASE REPORT

Tiagabine-induced absence status in idiopathic generalized epilepsy

*'De novo'* absans statusu, akut semptomatik absans statusu, ileri yaş başlangıçlı absans statusu

- İleri yaşta gelişir
- Ani başlangıçlı konfüzyon
- Saatler-günler sürer
- Akut demans veya SVH ile karışabilir
- EEG ile tanınabilir
- Çoğu olguda neden psikotrop kullanımı veya yoksunluğu (özellikle benzodiazepin)
- Metabolik nedenlerle gelişebilir
- IV BDZ'e hızlı yanıtlı
- Rekürrens beklenmez
- Uzun süreli AEİ kullanımı gerekmez

Seizure 1999; 8: 364–366 Article No. seiz 1999.0309, available online at http://www.idealibrary.com on **DI** 

CASE REPORT

Ictal catatonia as a manifestation of *de novo* absence status epilepticus following benzodiazepine withdrawal

KOUSUKE KANEMOTO\*, TOSHIO MIYAMOTO & RYUJI ABE

Seizure 2001; 10: 433–437 doi:10.1053/seiz.2000.0510, available online at http://www.idealibrary.com on  $\mathsf{IDE}_{k} L^{\otimes}$ 

### CASE REPORT

De novo absence status of late onset following withdrawal of lorazepam: a case report

J. L. FERNÁNDEZ-TORRE

Neurology. 1992 Jan;42(1):104-10.

### 'De novo' absence status of late onset: report of 11 cases.

Thomas P1, Beaumanoir A, Genton P, Dolisi C, Chatel M.

### Author information

### Abstract

Absence status (AS) is a heterogenous epileptic syndrome that can occur at any age, usually in a context of prior epilepsy. Eleven cases of AS occurring in middle-aged patients who had no history of epilepsy were retrospectively collected over a 10-year period (10 women and one man; mean age, 58.6 years). Eight patients were receiving high doses of psychotropic drugs. Clinical and EEG presentation was similar to AS occurring in patients with prior epilepsy. Evaluation of precipitating factors revealed that AS coincided with benzodiazepine withdrawal in eight cases. Cofactors included excessive use of other psychotropic drugs, nonpsychotropic treatment, hypocalcemia, hyponatremia, and chronic alcoholism. CT demonstrated mild cerebral atrophy in six cases. There was no recurrence, even without chronic antiepileptic treatment. These data indicate that (1) most cases of "de novo" AS of middle age or late onset result from the addition of various epileptogenic factors; (2) AS can be considered a new and uncommon complication of benzodiazepine withdrawal, and (3) long-term administration of anticonvulsant medication may not be required.

		Etiology	Treatment	Prognosis
	Typical absence status	Use of inapropriate AED (eg, carbamazepine) in idiopathic generalized epilepsy <sup>129</sup>	Diazepam IV effective in 93% of cases <sup>130</sup> Add-on VPA (20-40 mg/ kg) IV <sup>114</sup>	There is no evidence that absence status induces neuronal damage <sup>131</sup>
Benzodiazepinlere duyarlı	Atypical absence status	Symptomatic and cryptogenic generalized epilepsies mainly of childhood (or	Treatment of atypical AS is similar to that of	Usually poorly responsive to benzodiaze- pines IV, which should
IV diazepam ile %93 nöbet kontrolü		childhood (eg, Lennox-Gastaut syndrome)	typical AS <sup>14</sup>	in any case, l given cautiously, as
Benzodiazepinlere yanıtsız hastalar 20 to 40 mg/kg IV valproik asit				they can induce tonic status epilepticus <sup>132</sup>
eklenmesinden yarar görürler, %80 başarı	Acute symptom- atic	Hypocalcemia <sup>133</sup> Infections (HIV, <sup>134</sup> neurosyphilis <sup>135</sup>	Removal of the precipitat-	The overall prognosis is excellent, wit
Levetirasetamın etkinliğine ilişkin veri yok	absence status	Medications (tiagabine, benzodiazepines abrupt withdrawal,	ing factor may suffice <sup>145</sup>	little risk of recurrence <sup>145</sup>
Atipik absans statusunun tedavisi tipik absans statusuna benzer		antidepressants, neuroleptics, lithium,		
Absans statusunun nöronal hasar oluşturabileceğine ilişkin veri yok bu		cephalosporins, cyclosporine, ifosfamide, cyclophosphamide,		
nedenle agresif tedavi şart değil		chemotherapy of urothelial cancer) <sup>136–143</sup> Electroconvulsive therapy <sup>144</sup>		

Neurology. 2000;54:2188–2189, Epilepsia. 1973;14:277–310. Adv Neurol. 1983; 34:61–67.

Pratikte nonkonvülzif status epileptikus



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### Use of EEG Monitoring and Management of Non-Convulsive

### Seizures in Critically III Patients: A Survey of Neurologists

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### Abstract

Background—Continuous EEG monitoring (cEEG) of critically ill patients is frequently utilized to detect non-convulsive seizures (NCS) and status epilepticus (NCSE). The indications for cEEG, as well as when and how to treat NCS, remain unclear. We aimed to describe the current practice of cEEG in critically ill patients to define areas of uncertainty that could aid in designing future research.

Methods-We conducted an international survey of neurologists focused on cEEG utilization and NCS management.

Results-Three-hundred and thirty physicians completed the survey. 83% use cEEG at least once per month and 86% manage NCS at least five times per year. The use of cEEG in patients with altered mental status was common (69%), with higher use if the patient had a prior convulsion (89%) or abnormal eye movements (85%). Most respondents would continue cEEG for 24 h. If NCS or NCSE is identified, the most common anticonvulsants administered were phenytoin/fosphenytoin, lorazepam, or levetiracetam, with slightly more use of levetiracetam for NCS than NCSE.

Conclusions-Continuous EEG monitoring (cEEG) is commonly employed in critically ill patients to detect NCS and NCSE. However, there is substantial variability in current practice related to cEEG indications and duration and to management of NCS and NCSE. The fact that such variability exists in the management of this common clinical problem suggests that further prospective study is needed. Multiple points of uncertainty are identified that require investigation.



### Fig. 1.

Which indications lead you to order cEEG to detect non-convulsive seizures or non-convulsive status epilepticus? (296 respondents)



### Fig. 2.

If NCS (non-convulsive seizures) or NCSE (non-convulsive status epilepticus) is suspected then what type of EEG do you obtain and how urgently do you obtain the EEG? (294 respondents). \* Including initiation by a 24/7 in-hospital EEG technologist or calling in an oncall technologist



### Fig. 3.

How long do you continue cEEG if no seizures are detected in a patient who is comatose (292 respondents), obtunded/lethargic (291 respondents), or if PEDs (periodic epileptiform discharges) were detected (289 respondents)?





How long do you continue cEEG after non-convulsive seizures terminated? (288 respondents)



### Fig. 5.

What anticonvulsant do you administer as a first, second, and third line medication of (a) nonconvulsive seizures (271 respondents) or (b) non-convulsive status epilepticus? (268 respondents). FOS fosphenytoin, LEV levetiracetam, LZP lorazepam, MDZ midazolam, PB phenobarbital, PHT phenytoin, VPA valproic acid



### Fig. 6.

If non-convulsive seizures or status epilepticus persist despite initial anticonvulsants and you want to initiate coma, which medications do you use as first, second, and third line choices? (267 respondents)





If non-convulsive seizures or non-convulsive status epilepticus is present, are you willing to intubate the patient to escalate treatment? (273 respondents)

Tedavi hastalığın kendisinden daha mı zararlı?

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Intravenous anesthesia in treatment of nonconvulsive status epilepticus: Characteristics and outcomes

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### ABSTRACT

Objective: To determine factors associated with continuous anesthetic drug (IVAD) use in nonconvulsive status epilepticus (NCSE).

Methods: Retrospective cohort study of patients who met clinical and EEG criteria of NCSE from 2009 to 2014 at a tertiary academic medical center. Patients were categorized according to IVAD use. Outcome variables were response to treatment and in-hospital death. We used descriptive analyses for baseline characteristics and outcome variable differences among patients who did and did not receive IVAD. Results: Forty-three patients had a total of 45 NCSE episodes. IVAD was used in 69% of the episodes. Patients treated with IVAD were younger (53.1  $\pm$  14.1 vs 64.1  $\pm$  13.3, *p* = 0.019). The episodes treated with IVAD occurred more frequently in patients with an acute neurologic pathology (58% vs 21%, p = 0.024) and those presenting in a coma (39% vs 7%, p = 0.030). NCSE resolved in 74% of the patients who received IVAD. Duration of NCSE did not differ significantly by treatment group. There were total 13 in-hospital deaths: ten in IVAD users vs three in the no-IVAD group (p > 0.05). Only one in-hospital death appeared to be a direct consequence of IVAD use. Mortality was more common among episodes that were not treated according to the published status epilepticus treatment guidelines compared to the episodes where guidelines were followed.

Conclusion: Our findings showed that factors such as younger age, acute neurologic pathology and coma at presentation were associated with IVAD use in patients with NCSE. These factors should be controlled in the future outcome and effectiveness studies to determine the effect of IVAD use on outcome of NCSE.

	Whole group	NonIVAD	IVAD	p-Value
Number of patients	43	14	29	
Age	$56.7 \pm 14.7$	$64.1 \pm 13.3$	$53.1 \pm 14.1$	0.019
Sex-Male	20(46,5%)	6(42,9%)	14(48,3%)	NS
Number of NCSE episodes	45	14	31	
Symptom at onset				
AMS only	12(26,7%)	5(35,7%)	7(22,6%)	NS
AMS with subtle motor findings	20(44,4%)	5(35,7%)	15(48,4%)	NS
AMS following GTCS	9(20,0%)	3(21,4%)	6(19.3%)	NS
AMS with subtle motor finding following GTCS	4(8,9%)	1(7.1%)	3(9,7%)	NS
Epilepsy	17(37,8%)	6(42,9%)	11 (35,5%)	NS
Acute Medical Pathology	26(57,8%)	8(57,1%)	18(58,1%)	NS
Acute Neurologic Pathology	21 (46,7%)	3(21,4%)	18(58,1%)	0.024
STESS ≥3 (Status severity score)	23(51,1%)	6(42,9%)	17(54,8%)	NS
Coma	8(17.8%)	0(0%)	8(25.8%)	0.036
Already intubated before NCSE	13(28.9%)	1(7.1%)	12(38.7%)	0.030

IVAD- iv anesthetic drug, AMS - Altered mental status, GTCS - generalized tonic-clonic seizure, STESS - Status Epilepticus Severity Score, NS - Not significant. Statistically significant at level p < 0.05.

Etiology and EEG findings of the patients who died in the hospital.

Demographics and clinical characteristics.

Patient	Reason for death	Etiology of NCSE	EEG finding at the time of death
IVAD			
1	Multi organ dysfunction	Meningoencephalitis	NCSE-BS-NCSE
2	Meningoencephalitis	Meningoencephalitis	Diffuse slowing
3	NCSE	Meningoencephalitis	NCSE-BS-NCSE
4	Sepsis	Stroke	BS
5	Sepsis	Sepsis	BS
6	Stroke	Ruptured thoracic aortic aneurysm	Diffuse slowing
7	Sepsis	Epilepsy/Urinary tract infection	BS
8	Sepsis	Sepsis	NCSE
9	Intracranial hemorrhage/ischemic stroke	Intracranial hemorrhage	Diffuse slow
10	Propofol infusion syndrome/sepsis	Epilepsy	BS
No IVAD			
11	Sepsis, NCSE (family denied further care)	Sepsis	NCSE
12	Non Hodgkin Lymphoma/Leptomeningeal involvement	Non Hodgkin Lymphoma/Leptomeningeal involvement	Diffuse slowing
13	Pneumonia/Progressive multifocal leukoencephalopathy, graft versus host disease	Infection	Diffuse slowing/GPD

Death = In-hospital death, NCSE = nonconvulsive status epilepticus, BS = burst-suppression, GPD = generalized periodic discharges.

# Status Epilepticus: Impact of Therapeutic Coma on Outcome\*

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**Objectives:** Therapeutic coma is advocated in guidelines for management of refractory status epilepticus; this is, however, based on weak evidence. We here address the specific impact of therapeutic coma on status epilepticus outcome.

Design: Retrospective assessment of a prospectively collected

between potential predictors and clinical outcome were analyzed

using multinomial logistic regressions. Of 467 patients with incident status epilepticus, 238 returned to baseline (51.1%), 162 had new disability (34.6%), and 67 died (14.3%); 50 subjects (10.7%) were managed with therapeutic coma. Therapeutic coma

Terapötik koma özellikle kompleks parsiyel status epileptikus olmak üzere tüm

### hastalarda kötü prognozla ilişkili

#### managed with therapeutic coma.

**Conclusions:** This study provides class III evidence that therapeutic coma is associated with poorer outcome after status epilepticus; furthermore, it portends higher infection rates and longer hospitalizations. These data suggest caution in the straightforward use of this approach, especially in patients with complex partial status epilepticus. (*Crit Care Med* 2015; 43:1003–1009) **Key Words:** hospital stay; infections; mortality; prognosis; semiology; treatment



IVADs = intravenous administered anesthetic drugs.



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### Calculating the Risk Benefit Equation for Aggressive Treatment of Non-convulsive Status Epilepticus

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### Abstract

**Objective**—To address the question: does non-convulsive status epilepticus warrant the same aggressive treatment as convulsive status epilepticus?

**Method**—We used a decision model to evaluate the risks and benefits of treating non-convulsive status epilepticus with intravenous anesthetics and ICU-level aggressive care. We investigated how the decision to use aggressive versus non-aggressive management for non-convulsive status epilepticus impacts expected patient outcome for four etiologies: absence epilepsy, discontinued antiepileptic drugs, intraparenchymal hemorrhage, and hypoxic ischemic encephalopathy. Each etiology was defined by distinct values for five key parameters: baseline mortality rate of the inciting etiology; efficacy of non-aggressive treatment in gaining control of seizures; the relative contribution of seizures to overall mortality; the degree of excess disability expected in the case of delayed seizure control; and the mortality risk of aggressive treatment.

**Results**—Non-aggressive treatment was favored for etiologies with low morbidity and mortality such as absence epilepsy and discontinued antiepileptic drugs. The risk of aggressive treatment

was only warranted in etiologies where there was significant risk of seizure-induced neurologic damage. In the case of post-anoxic status epilepticus, expected outcomes were poor regardless of the treatment chosen. The favored strategy in each case was determined by strong interactions of all five model parameters.

**Conclusions**—Determination of the optimal management approach to non-convulsive status epilepticus is complex and is ultimately determined by the inciting etiology.

The model considers two treatment strategies for NCSE: (1) aggressive treatment, including admission to an intensive care unit (ICU), endotracheal intubation (if not already performed), and induction of pharmacological coma with close clinical and physiologic monitoring; and (2) non-aggressive treatment, limited to non-sedating anticonvulsants without specified admission to an ICU and without intubation or ventilation for the express purpose of achieving anesthetic levels that facilitate electrographic burst suppression. Aggressive treatment is assumed to immediately suppress seizure activity, whereas nonaggressive treatment incurs a longer duration of NCSE. Conceptually, the decision between aggressive and non-aggressive treatment occurs after 30 min of attempting to control NCSE with first-line non-sedating antiepileptic drugs (AEDs). Outcomes are expressed in terms of quality of life (QOL) based on long-term neurologic disability (see below). With the hypothesis that the marginal benefit of aggressive management would vary in a diseasespecific manner, we separately considered four different etiologies for NCSE with distinct clinical characteristics: hypoxic-ischemic encephalopathy (HIE), IPH, discontinuation of antiepileptic drugs (dAED), and absence epilepsy. 3-month functional outcomes are presumed, a sufficient duration to permit stable rates of mortality and functional outcome to emerge.

We considered five variables to incorporate in our model of NCSE management: (1) baseline mortality rate for specific etiologies of NCSE, (2) efficacy of non-aggressive treatment, (3) impact of etiology on outcome, (4) excess disability attributable to delayed seizure control, and (5) mortality risk of aggressive treatment.

Table 1
Data required in the analysis: probabilities, significance weights, and QOL

Etiology	Absence epilepsy	Discontinuation of anti-seizure medication	Intraparenchymal hemorrhage	Hypoxic ischemic encephalopathy
Model parameters				
%Baseline mortality	1	10	30	90
Weighting of etiology vs NCSE	1:10	1:10	5:1	10:1
%Mortality of aggressive treatment	20	20	20	20
%With disability incurred by delay	1	20	20	20
%Efficacy of non- aggressive treatment	99	70	25	10
Survivor baseline outcome distribution (%)				
Mild/No disability	100	100	44	16
Moderate disability	0	0	30	42
Severe disability	0	0	26	42

### Table 2

### **Results for base-case analyses**

Etiology	Absence epilepsy	Discontinuation of anti-seizure medication	Intraparenchymal hemorrhage	Hypoxic ischemic encephalopathy
Preferred management	Non-aggressive	Non-aggressive	Aggressive	Aggressive
QOL difference between strategies (%)	20 (100 vs 80)	9 (88 vs 79)	5 (36 vs 41)	<1 (4.7 vs 5.1)
Crossover points				
%Baseline mortality	-	40	-	73
Weighting of etiology vs NCSE	-	-	-	-
%Mortality of aggressive treatment	-	-	-	49
%With disability incurred by delay	36	33	21	-
%Efficacy of non- aggressive treatment	-	11	30	26



#### Fig. 2.

One-way sensitivity analysis. From *top* to *bottom*, the etiology progresses from least to most severe: absence epilepsy (*Absence*), discontinued antiepileptic drugs (*dEAD*), intraparenchymal hemorrhage (*IPH*), and hypoxic ischemic encephalopathy (*HIE*). Across the columns, the parameter which is varied changes, from left to right: baseline mortality, efficacy of non-aggressive treatment, impact of etiology, disability due to delay and mortality of aggressive treatment. The solid line represents non-aggressive treatment and the *dotted line* represents aggressive treatment. The *y* axis shows the expected QOL. The circles represent our base-case values

**Results**—Non-aggressive treatment was favored for etiologies with low morbidity and mortality such as absence epilepsy and discontinued antiepileptic drugs. The risk of aggressive treatment was only warranted in etiologies where there was significant risk of seizure-induced neurologic damage. In the case of post-anoxic status epilepticus, expected outcomes were poor regardless of the treatment chosen. The favored strategy in each case was determined by strong interactions of all five model parameters.

**Conclusions**—Determination of the optimal management approach to non-convulsive status epilepticus is complex and is ultimately determined by the inciting etiology.

- Entübe olmayan nonkonvülzif status epileptikus hastaları hızla entübe edilmeli ve yüksek doz anesteziklerle tedavi edilmeli mi?
- Yoksa nöbet kontrolü süresini uzatmayı göze alarak daha az güçlü ilaçlarla mı tedavi edilmeli?
- Bu sorunun yanıtı oldukça kompleks
- Tek, basit bir algoritma yok
- Optimal risk-yarar dengesi gözetilerek bu karar bireyselleştirilmeli

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### EDITORIAL

# What is Specialized Care in Status Epilepticus and in Which ICU?

Sophie Demeret · Nicolas Weiss · Francis Bolgert · Vincent Navarro What is the place and expected benefits of a specialized unit to manage SE?

 Dispatching SE to NICU or MICU can be based on the type and severity of the status.

In the majority of cases, SE stops after the first dose of benzodiazepines and invasive intensive care is not required [9, 10].

In the case of refractory SE, namely when seizures did not respond to two antiepileptic drugs, most patients will have been placed under general anesthetic and mechanical ventilation. The anesthetic weaning is often easy, without any recurrence of the status, and its management may not significantly benefit from a neurological team.

Patients with several organ dysfunctions, furthermore if they are possible candidates for specific techniques, e.g., renal replacement therapy, extracorporeal life support, should be admitted in a MICU.

Management of partial SE by a neurointensivist with antiepileptic drugs could avoid general anesthesia as suggested by Varelas et al. who found that fewer patients were intubated in the NICU.

Few cases of SE are superrefractory, with persistence or recurrence of status, whether clinical or based on EEG evidence. The management of anesthetic and antiepileptic drugs of these superrefractory SEs requires a multidisciplinary team of neurointensivists, neurologists, electrophysiologists, neuroradiologists, and specialist nurses. (2) We pointed some expected benefits of the management of SE in a NICU.

NICU is associated to better chart documentation, and seizures description appears as being fundamental to both interpret EEG findings but also choose the best antiepileptic drug.

The management of general anesthesia is poorly defined, and the clinician has to balance the risk of a recurrence of seizures with the potential complications associated with prolonging sedation and mechanical ventilation [11, 12, 13]. In NICU, the use and duration of anesthesia may be limited, notably to treat partial seizures.

During the withdrawal of anesthetic agents, isolated epileptic seizures may occur, especially if the SE lasted for a long period; it is important to deal with these short seizures appropriately, moving from the management of SE to the management of epilepsy, which requires a different approach. This step requires the experience of neurointensivists, neurologists, and epileptologists used to dealing with forms of epilepsy other than SE. Continuous EEG monitoring allows early detection of seizures recurrence, and real-time anesthetic medication adjustment. This type of monitoring is principally available in NICU, where the medical and paramedical staff is experienced in its use. This also involves a close collaboration with the neurophysiological staff.

However, data on the usefulness of cEEG are still lacking in SE [14].

In comatose patients, the EEG can be difficult to interpret and diagnostic errors are common. EEG recordings in the case of severe encephalopathies or brain injuries show grapho-elements (PLEDs, triphasic potentials) that can be wrongly interpreted as resulting from SE, leading to an unwarranted increase of sedation. We therefore reported the observation of

10 patients referred to our NICU as refractory nonconvulsive status, whose final diagnosis was sporadic Creutzfeldt–Jakob disease with EEG features mimicking a status [15]. In particular, the test using intravenous injection of a benzodiazepine is suggestive of an epileptic origin only if both clinical and EEG symptoms improve. The combined expertise of a clinical neurologist trained in epileptology and an electrophysiologist trained in intensive care recordings is essential to establish the correct diagnosis. Less common etiologies of SE can be difficult to diagnose and may pose therapeutic problems. SE can be a complication in many congenital epileptic diseases, like Dravet syndrome; the clinical semiology, EEG and treatment are very different, and epileptologist's expertise is crucial [16]. It is important to be

aware not to use aggressive treatment in the form of general anesthesia for myoclonic SEs, which may have a spontaneously favorable course, and to suspect a mitochondrial disease, which would contraindicate the use of sodium valproate [17]. Similarly, tonic SE, as observed in the Lennox–Gastaut syndrome can be worsened by benzodiazepine. SE is a classic compli-

cation of infectious or inflammatory encephalitis. Early etiological diagnosis is difficult in some rare cases and requires a specialized team, aware of the newly described syndromes related to antibodies against neuropils [18]. The ability to distinguish clonic movements of epileptic origin from other abnormal involuntary movements of brainstem or basal ganglia origin, such as those seen in anti-NMDAr encephalitis, is of paramount importance for the therapeutic management [19]. The rapid introduction of corticosteroid or immunomodulatory drugs, without waiting for confirmation of the etiology, requires experience of these pathologies.

- Nonkonvülzif status epileptikus heterojen bir antite
- Klinik, EEG ve görüntüleme bulguları temelinde sendromik klasifikasyon yapılmalı
- Yönetim bireyselleştirilmeli
- Agresif tedavinin gerekli olduğu alt tipler belirlenmeli
- Tanı ve yönetimi mutlaka nöroloji uzmanı/nöroyoğun bakım uzmanı yürütmeli