

# **RENAL SEMPATİK DENERVASYON**

## **Teknik ve Cihazlar**

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# HIPERTANSİYON

- Primer (Esansiyel) HT (%95)
- Sekonder HT (%5)
  - Renal parankimal
  - Renovasküler
  - İlaçlar (Oral kontraseptif, NSAİ)
  - Endokrin sebepler
    - Primer aldosteronizm, Feokromasitoma,
    - Cushing sendromu,
    - Hipo/Hipertiroidizm, Hiperparatiroidizm
  - Uyku apne sendromu
  - Aorta koarktasyonu



# Dirençli Hipertansiyon

- ❖ Biri diüretik olmak üzere,  $\geq 3$  antihipertansif ilaç kullanımına rağmen,  
Kan basıncının;  
 $\geq 140/90$  mmHg  
 $\geq 130/80$  mmHg (KBY / DM)
- ❖ Hipertansiyonun kontrol altına alınması için  $\geq 4$  ilaç gerekmesi
- ❖ Hastaların %5-20'sinde tedaviye dirençli HT mevcuttur.

# Dirençli Hipertansiyonda Tedavi Yaklaşımı

1. **Pseudorezistans:** Beyaz önlük etkisi, yanlış ölçüm, uygunsuz tedavi, hasta uyumsuzluğu.
2. **Yaşam biçiminde değişiklik:** Kilo verilmesi, tuz kısıtlaması, fiziksel aktivite, alkol alımının azaltılması.
3. **İlaç etkisi:** NSAİ, Sempatomimetikler, OK, Kortikosteroidler...
4. **Sekonder Nedenler:**
  - OSAH
  - RVH
  - Renal parankimal HT
  - Aort koarktasyonu
  - Feokromositoma
  - **Primer aldosteronizm**
  - Cushing sendromu
5. **Antihipertansif ilaç tedavisi tekrar düzenlenmesi** (mineralokortikoid res ant, Alfa bloker 1 bloker, diüretik doz artırılması, loop diüretik, chlorthalidone ilavesi...)
6. **Carotid baroreceptor stimulation**
7. **Renal Sempatik Denervasyon**



## Therapeutic strategies in patients with resistant hypertension

Recommendations	Class <sup>a</sup>	Level <sup>b</sup>	Ref. <sup>c</sup>
In resistant hypertensive patients it is recommended that physicians check whether the drugs included in the existing multiple drug regimen have any BP lowering effect, and withdraw them if their effect is absent or minimal.	I	C	-
Mineralocorticoid receptor antagonists, amiloride, and the alpha-1-blocker doxazosin should be considered, if no contraindication exists.	IIa	B	604, 606, 607, 608
In case of ineffectiveness of drug treatment <u>invasive procedures such as renal denervation and baroreceptor stimulation</u> may be considered.	IIb	C	-
Until more evidence is available on the long-term efficacy and safety of renal denervation and baroreceptor stimulation, it is recommended that these procedures remain in the hands of experienced operators and diagnosis and follow-up restricted to hypertension centers.	I	C	-
It is recommended that the invasive approaches are considered only for truly resistant hypertensive patients, with clinic values $\geq 160$ mmHg SBP or $\geq 110$ mmHg DBP and with BP elevation confirmed by ABPM.	I	C	-

## ESC.2013 GUIDELINES



ABPM = ambulatory blood pressure monitoring; BP = blood pressure; DBP = diastolic blood pressure; SBP = systolic blood pressure.

<sup>a</sup>Class of recommendation.

# Neden Renal Sempatik Denervasyon ?

Arařtırmaların büyük bir bölümü Esansiyel HT'nin olası nedenlerini aydınlatmaya yöneliktir.

## *Etyoloji*

### MSS sempatik aktivite artışı

Genetik ve yaş  
Aşırı sodyum alımı  
Renin-anjiyotensin-aldosteron sistemi  
Periferik damar direnci  
Atrial natriüretik peptit

Vazopressin  
Endotel işlev bozukluğu  
Aşırı kilo  
İnsülin direnci ve hiperinsülinemi  
Sigara ve Alkol  
Baroreseptörler

.....

Son yıllarda esansiyel HT'nin, özellikle **sempatik sinir sisteminin aşırı etkinliği** ile başlayıp devam ettiği yönündeki kanıtlar artmaktadır [1,2].

1) Review Assessment of sympathetic cardiovascular drive in human hypertension: achievements and perspectives. *Grassi G Hypertension. 2009 Oct; 54(4):690-7.*

2) Sympathetic and reflex alterations in systo-diastolic and systolic hypertension of the elderly. *Grassi G, Seravalle G, Bertinieri G, Turri C, Dell'Oro R, Stella ML, Mancina G-J Hypertens. 2000 May; 18(5):587-93*

# Renal Sempatik Denervasyon Gemiři

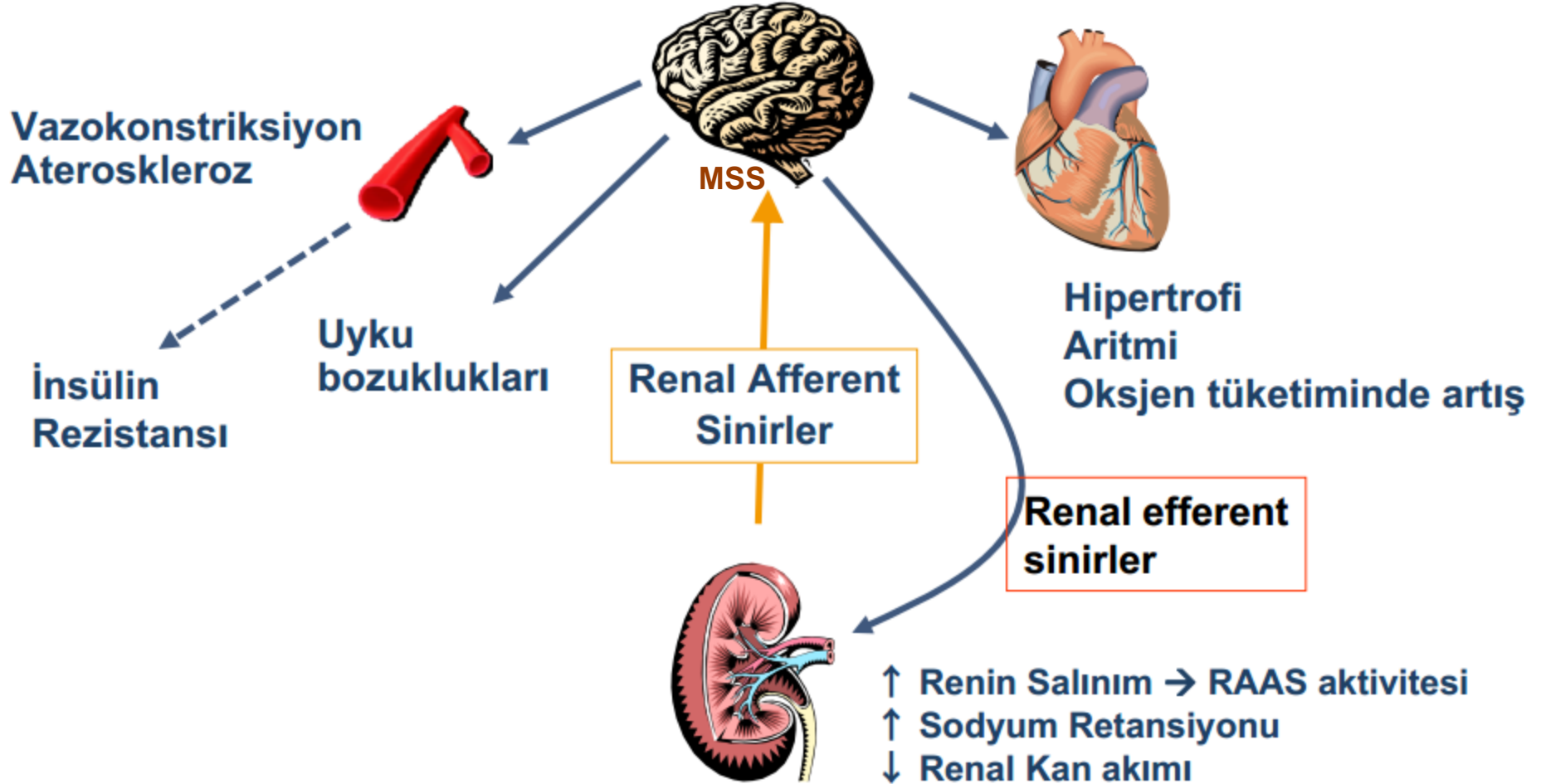
- ❖ Cerrahi sempatektomi,  
1950'li yıllarda radikal cerrahi sempatektomi
  - Kan basıncında ciddi düşüşler var.
  - Yan etkiler; Ortostatik taşikardi, postüral hipotansiyon erektil disfonksiyon, mesane ve barsak sorunları ....
- ❖ Renal arterin kesilmesi ve reanastomozu
- ❖ **Renal sempatik sinir radyofrekans ablasyonu**





## Renal Sempatik Efferent ve Afferent Sinirler:

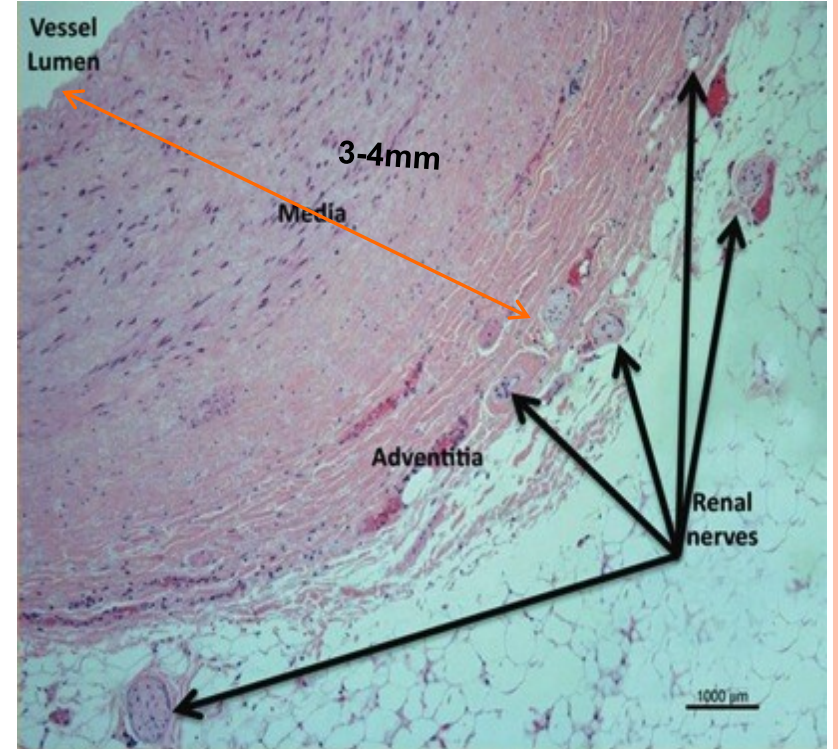
(Böbrek, santral sempatik uyarı oluşumunda merkez işlevi görür)



# Anatomik Renal Sempatik Denervasyon

## Amaç:

- ❖ Adventisyası içindeki sempatik afferent ve efferent sinirlerin ablasyonu
- ❖ Renal arterin distal kısmında sempatik sinirler lümene daha yakın yerleşimli



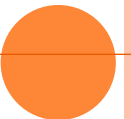
# Hasta Seçimi

## Uygun hasta grubu:

- ❖ Dirençli HT tedavi algoritmasına göre yanıt alınamayan,
  - $\geq 3$  antihipertansif ilaç ( Bir tanesi diüretik)
  - Ofis SBP  $\geq 160$  mmHg (Tip II diabetli olgularda  $\geq 150$  mmHg)
  - GFR  $\geq 45$  mL/dk
  - Renal arter çapı  $\geq 4$ mm ( Aksesuar renal arter ?? Kateter seçimi)

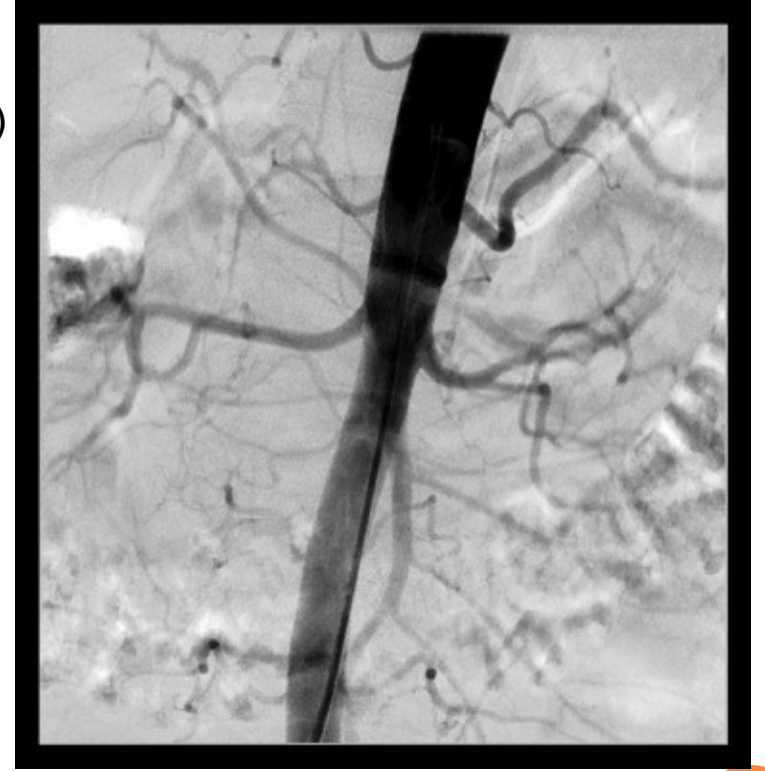
## Uygun olmayan hasta grubu:

- ❖ Hemodinamik veya anatomik olarak belirgin renal arter anomalisi (Darlık, FMD)
- ❖ Son 6 ay içinde renal arter girişimi (PTA/Stent) → 6 aydan sonra ?
- ❖ GFR  $< 45$  mL/ dk (Nefroloji görüşü alınmalı !)
- ❖ Gebelik
- ❖ Stenotik kalp kapak hastalığı varlığı, Unstable angina



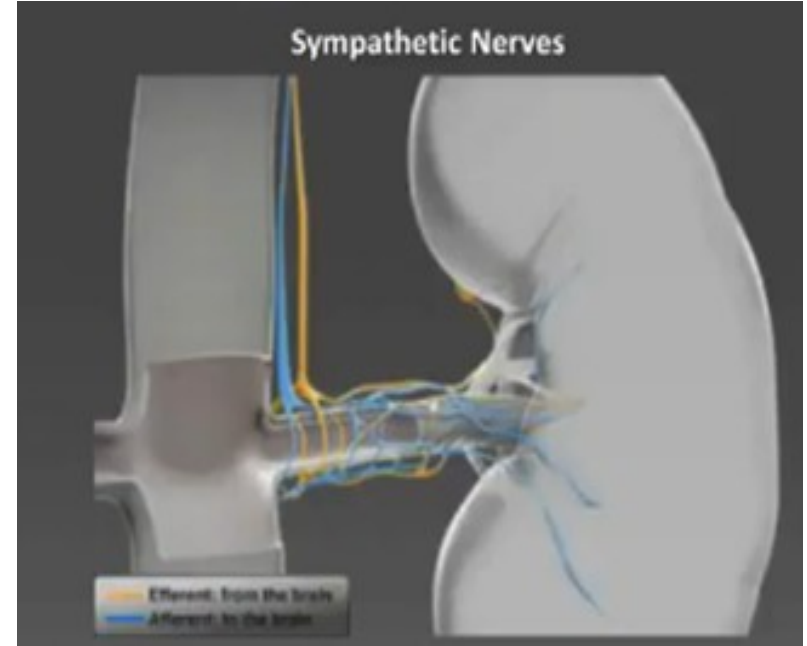
# Teknik

- ❖ Standart femoral arter giriři ( 6-8F vasküler kılıf)
- ❖ Bilateral renal anjiografi  
(Renal arter anatomisi, Aksesuar renal arter)
- ❖ İV heparinizasyon
- ❖ Kılavuz kateter (6F-8F, RDC / İMA)



# Anatomik Hedef

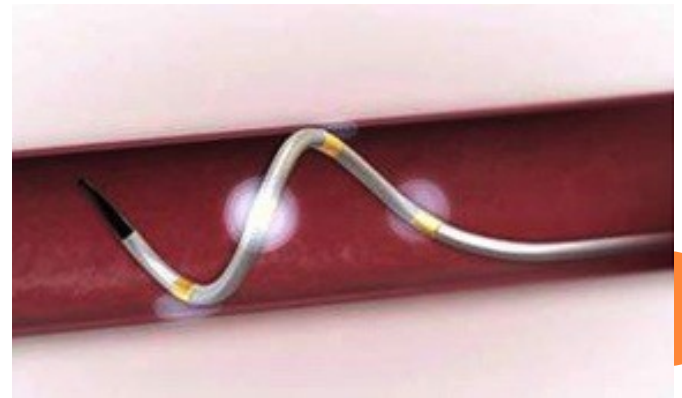
- ❖ Afferent ve efferent sinirlerin birlikte seyrettiği renal arter bölgesi
- ❖ Multiple bölgeye düşük RF enerjisi (4-6)...(12)
- ❖ Bilateral uygulama
- ❖ **Başarılı denervasyon bölgesi olarak distal (Bifurkasyon) renal arter (\*)**
- ❖ Aksesuar renal arter ve erken bifurkasyon 1/3 olguda (3 mm büyük ise denerve edilmeli



\*Mahfoud F, Tunev S, Ewen S, Cremers B, Ruwart J, Schulz-Jander D, Linz D, Davies J, Kandzari DE, Whitbourn R, Böhm M, Melder RJ. Impact of Lesion Placement on Efficacy and Safety of Catheter- Based Radiofrequency Renal Denervation. *J Am Coll Cardiol* 2015; 66: 1766-1775 [PMID: 26483099 DOI: 10.1016/j.jacc.2015.08.018]

\* Henegar JR, Zhang Y, Hata C, Narciso I, Hall ME, Hall JE. Catheter-Based Radiofrequency Renal Denervation: Location Effects on Renal Norepinephrine. *Am J Hypertens* 2015; 28: 909-

❖ Renal denervasyon kateteri ( Açılı uçlu / basket / balon / spiral )



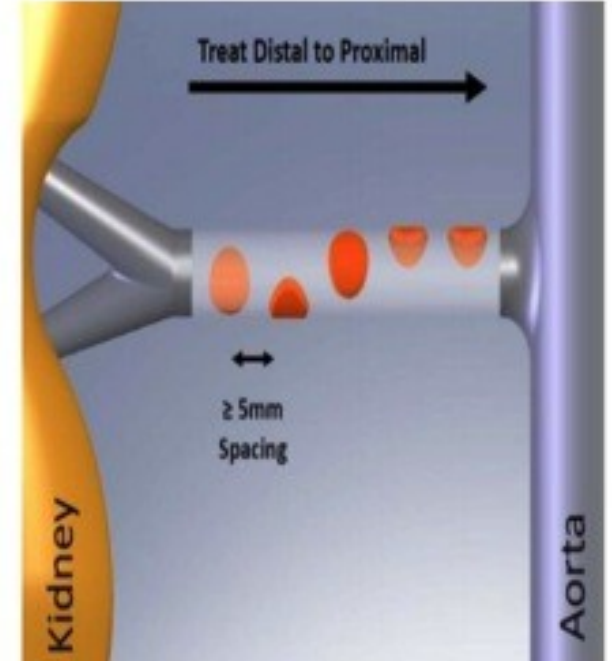
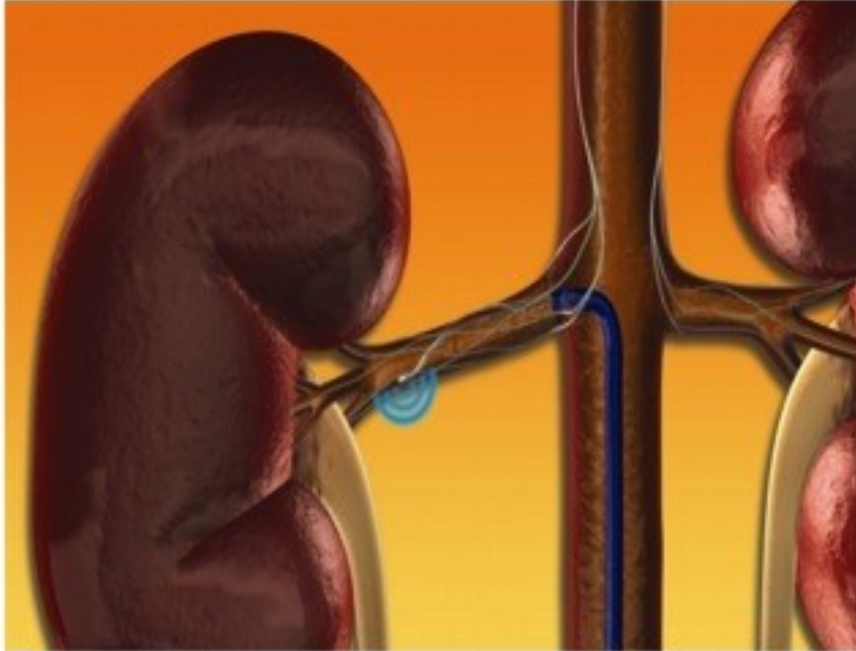
## Symplicity Flex Renal Sempatik Denervasyon Katater



- 6F guiding katater
- Güvenli, hedefe yönelik terapi
- Kendi yönlenen atravmatik damar teması

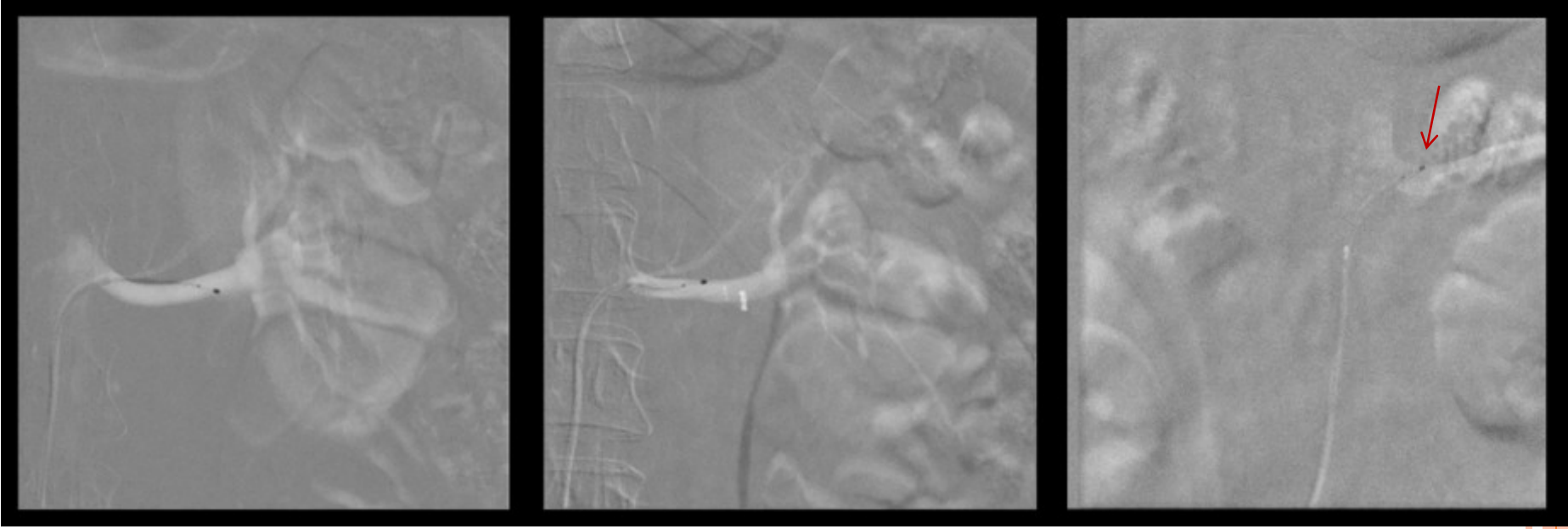


- ❖ Denervasyon kateteri segmental arter ayırımına kadar ilerletilir.
- ❖ Segmental arter ayırımı öncesinden, orifise kadar 5mm aralıklarla, helikal konumlandırılarak 2'şer dk süreyle ablasyon uygulanır.
- ❖ Ortalama 4-6 nokta.





## SYMPPLICITY İLE RENAL DENERVASYON



- ❖ Her 5mm'de, 90° rotasyon ve 2 dk süreli RF ablasyon uygulanır.
- ❖ Renal arter orifisi düzeyinde, üst duvar ablasyonu !!
- ❖ İşlem sırasında bradikardi → Atropin
- ❖ İşlem sırasında ve sonrasında kontrol anjiografi ( Spazm, Diseksiyon, Rüptür ?



## Simplicity Spiral Multi-elektrod Renal Sempatik Denervasyon Kateteri



- Helical multi elektrode sistem
- 4 farklı bölgeye aynı anda ablasyon
- Kısa işlem süresi
- Self expanding dizayn sayesinde farklı çap ve anatomideki damara uyumluluk (3-8mm)
- 4f kateter ve 0,014 kılavuz tel ile hedef bölgeye yönlendirilme



# ENLIG HTN RENAL SEMPATİK DENERVASYON KATATERİ



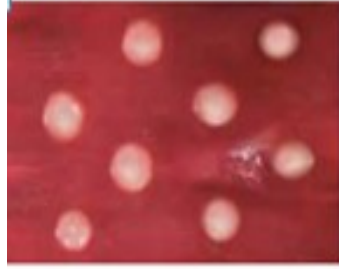
- 4 farklı bölgeye eş zamanlı ablasyon
- Operatör bağımlılığında azalma
- Kısa işlem süresi



# MULTI-ELEKTRODE ABLASYON

## AVANTAJLARı

ENLIGHTN MULTI-ELECTRODE  
ABLATION<sup>1</sup>



Endoscopic Follow-up

SINGLE-ELECTRODE  
ABLATION<sup>1</sup>

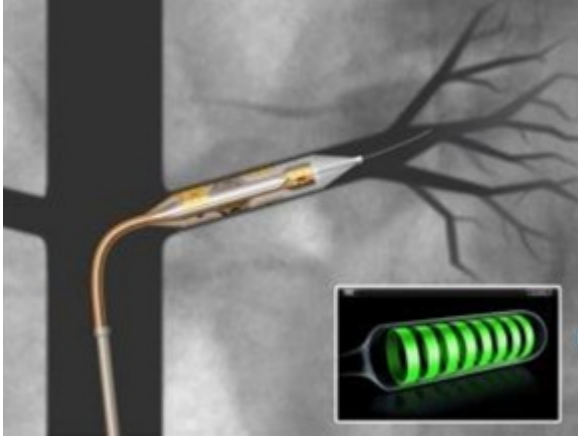
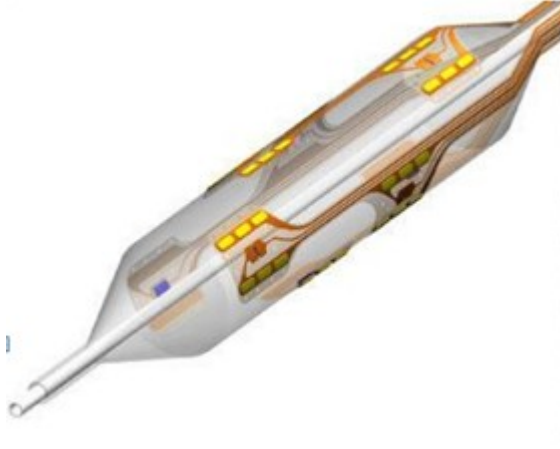


Endoscopic Follow-up

Daha az manipulasyon, süre ve hata payı ile daha kesin sonuçlar



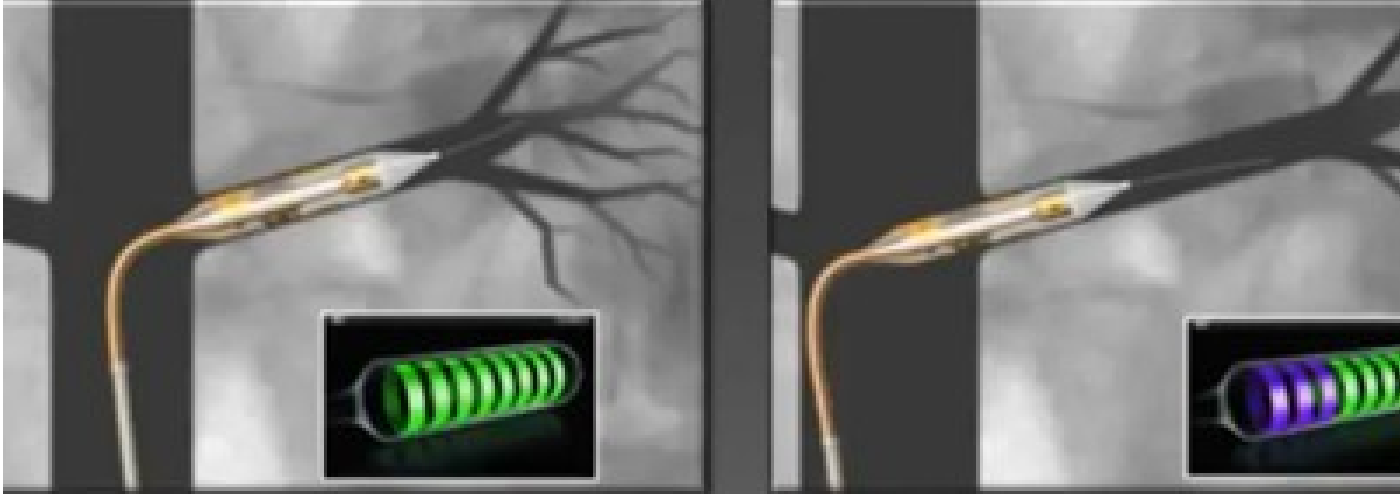
## Vessix Renal Sempatik Denervasyon Kateteri



- Bipolar RF ablasyonu
- Düşük enerji
- Kısa işlem zamanı
- İşlemler arası variabilitede azalma
- Over the wire balon kateter ile değişik damar çaplarına uyum (<4mm)



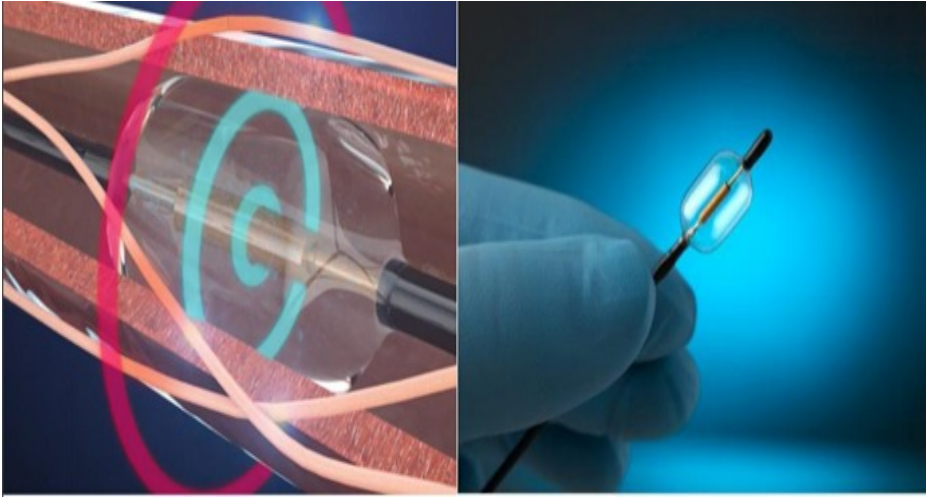
## Vessix Renal Denervasyon Kateteri



Arter ablasyon uygulanmak istenen bölgeye göre otomatik deaktive edilebilen elektrode teknolojisi



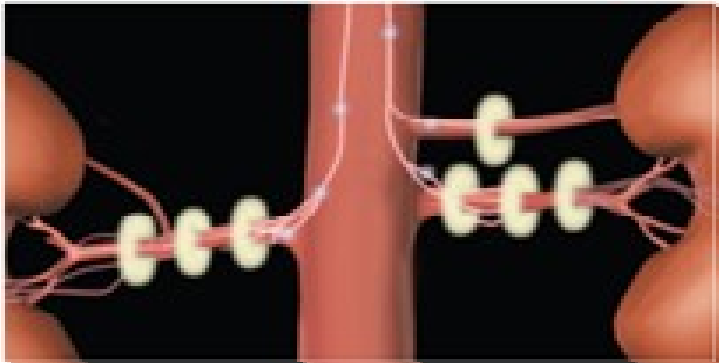
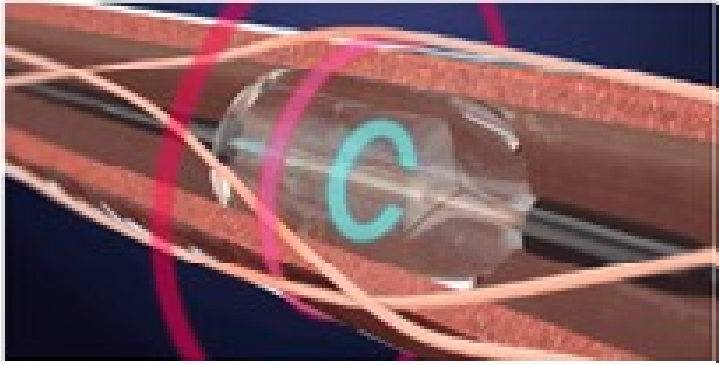
## Paradise Renal Denervasyon Sistemi



- Ultrason enerjisini ısıya çeviren sistem
- Renal arterin zarar görmesini engellemek için eş zamanlı soğutma



## PARADISE RENAL DENERVASYON SİSTEMİ



- Kırmızı halkalar damar duvarına verilen ısıyı
- Mavi halkalar sistemdeki soğuk su vasıtasıyla ısıtma sonrası damar hasarını engellemek için soğutma işlemini gösteriyor
- Beyaz halkalar böbreklere giden sinirlerin aşırı aktivitesini azaltmak için dokuda biriken ısıyı göstermektedir
- Her halka bir 7 saniyelik tedaviyi temsil eder.





## SIK KULLANILAN CİHAZLAR



Simplicity, Ardian/Medtronic



EnligHTN, St.Jude



Vessix, Boston

- Monopolar
- Tek elektrod
- 6F Kılavuz kateter
- 8W
- 2dk'lık RF periyodu x ~5
- $\geq 4$ mm arterlerde
- ~20dk

- Monopolar
- Dört elektrod (1cm)
- **8F** Kılavuz kateter
- 6W
- 1.5dk'lık RF periyodu x 2-3
- $\geq 4$ mm arterlerde
- ~10dk

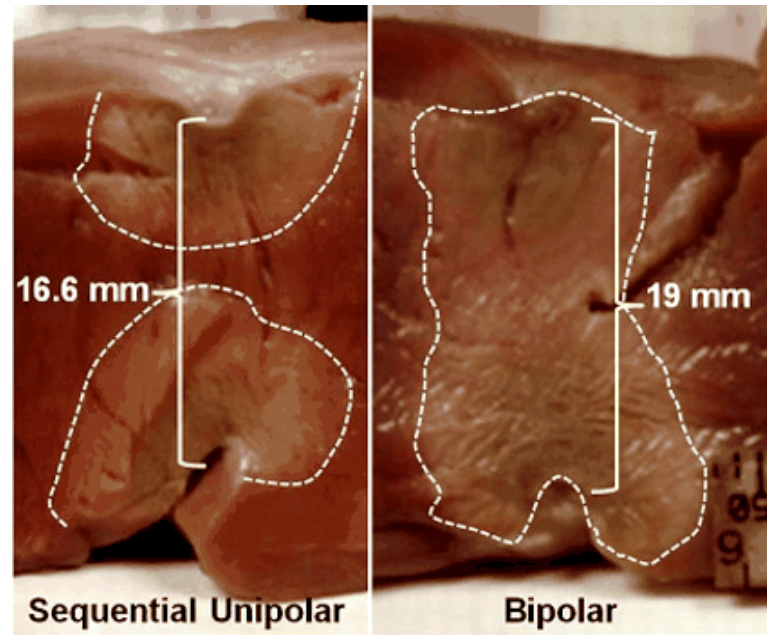
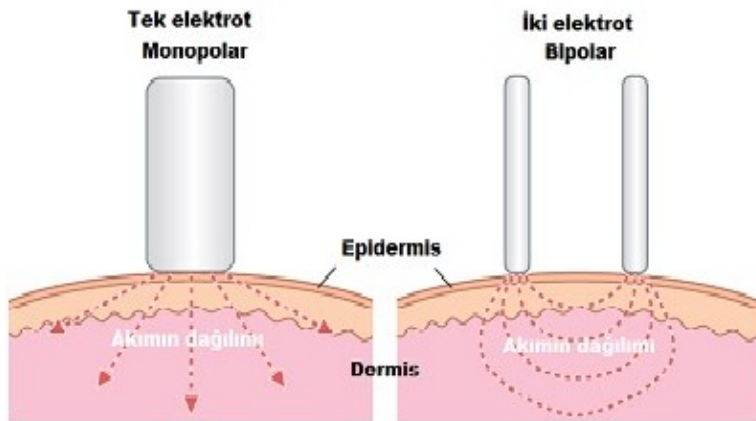
- **Bipolar**
- Sekiz elektrod (2cm)
- 6F Kılavuz kateter
- **1-2W**
- **30sn** RF periyodu x 1-2
- $\downarrow$  **4mm** arterlerde
- ~2dk

### ❖ Anatomiye göre kateter seçimi !

- Aksesuar renal arter
- Tortioz anatomi (Renal arter orifis üst duvarı)



# MONOPOLAR X BIPOLAR RF



# KLİNİK SONUÇ-1

## ○ Symplicity-HTN 3 Çalışması

- \*İlk prospektif randomize çalışma
- \*Symplicity RSD kateter kullanılmış
- \*4-6 bölge ablate edilmiş??.

\*Sonuç; KB düşüşü kontrol grubuna üstün değil (6 aylık).

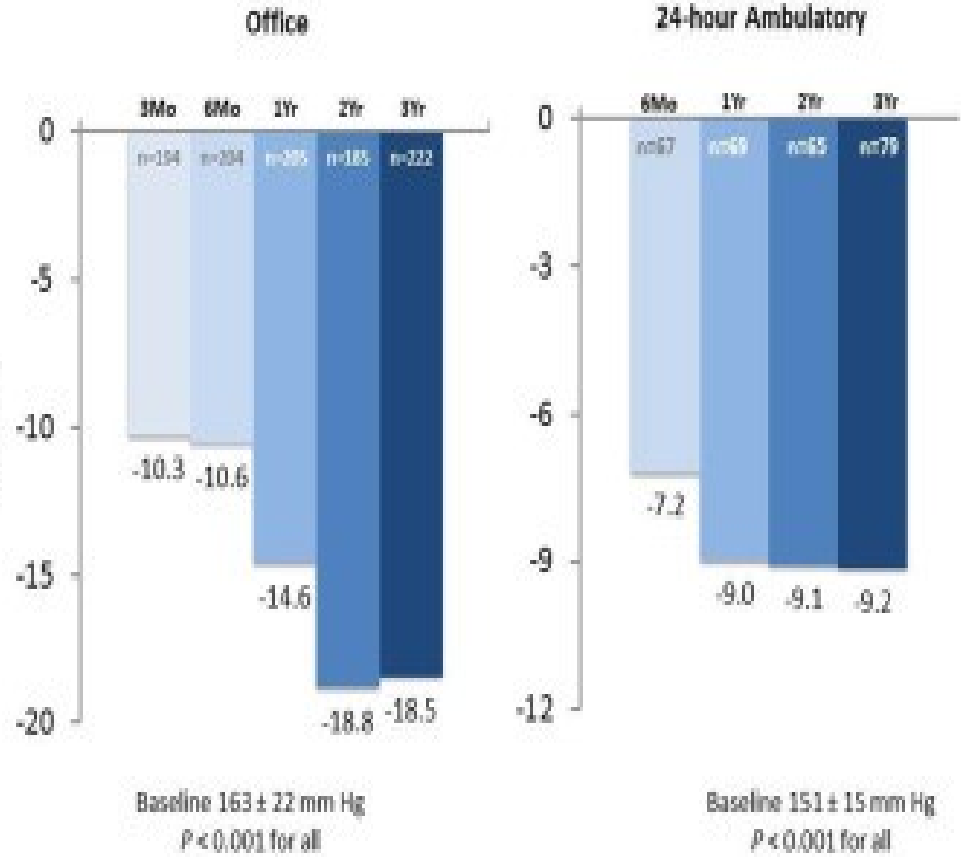
\*İlaç kullanım, çalışma protokol ve teknik ??



# 3 yıllık Global symplicity registry:



Systolic Blood Pressure Change (mm Hg)



**TCT-761 Long-term (3-year) safety and effectiveness from the Global SYMPPLICITY Registry of renal denervation in a real world patient population with uncontrolled hypertension**

Journal of the American College of Cardiology, Volume 68, Issue 18, Supplement, 2016, B308

<http://dx.doi.org/10.1016/j.jacc.2016.09.791>



Hypertension Therapies and Renal Denervation

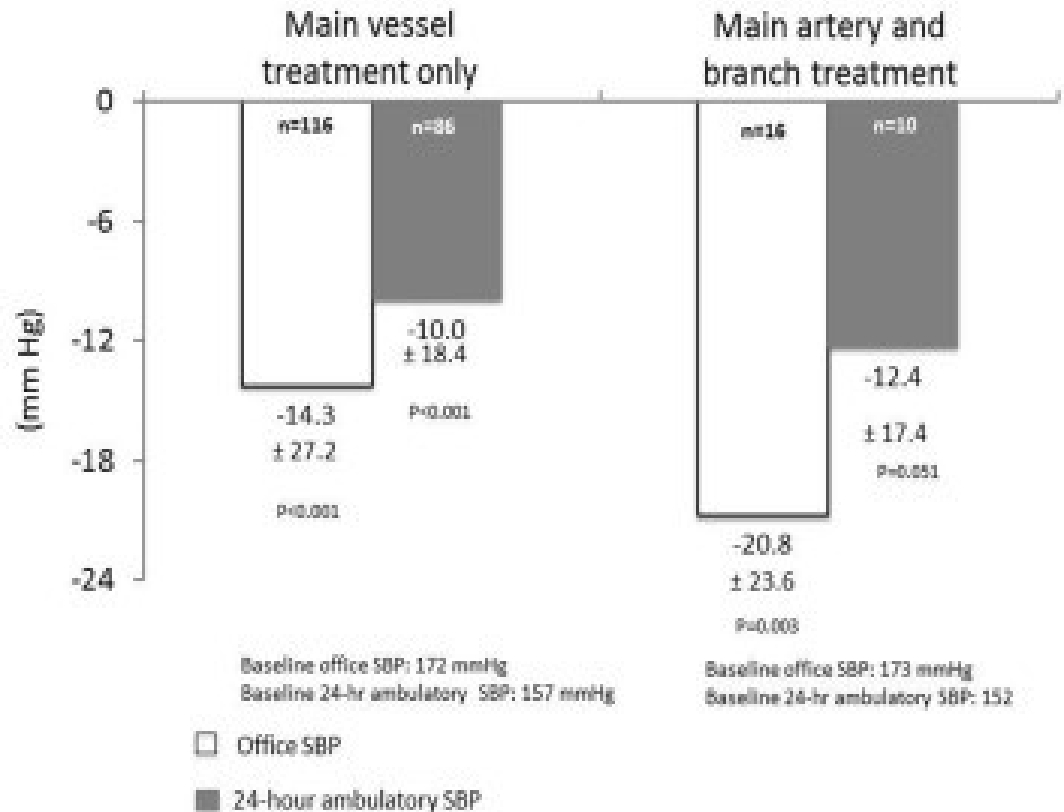
# TCT-762 Renal denervation treatment with the Symplicity Spiral multielectrode catheter: 6-month safety and blood pressure outcomes from the Global SYMPPLICITY Registry

Michael Böhm<sup>1</sup>, Nicole Brilakis<sup>2</sup>, Giuseppe Manc  
Schlaich<sup>6</sup>, Felix Mahfoud<sup>7</sup>

JS



## Six-Month Change in Systolic Blood Pressure (SBP)



Michael Böhm, Nicole Brilakis, Giuseppe Mancia, Krzysztof Narkiewicz, Luis Ruilope, Markus Schlaich, Felix Mahfoud

### TCT-762 Renal denervation treatment with the Symplicity Spyrax multielectrode catheter: 6-month safety and blood pressure outcomes from the Global SYMPPLICITY Registry

Journal of the American College of Cardiology, Volume 68, Issue 18, Supplement, 2016, B308

<http://dx.doi.org/10.1016/j.jacc.2016.09.792>





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**December 15, 2015** Volume 201, Pages 345–350

[Next Article >](#)

## Catheter-based renal denervation for resistant hypertension: Twenty-four month results of the EnligHTN™ I first-in-human study using a multi-electrode ablation system☆

[Costas P. Tsioufis](#)<sup>✉</sup>, [Vasilios Papademetriou](#), [Kyriakos S. Dimitriadis](#), [Alexandros Kasiakogias](#), [Dimitrios Tsiachris](#), [Matthew I. Worthley](#), [Ajay R. Sinhal](#), [Derek P. Chew](#), [Ian T. Meredith](#), [Yuvi Malaiapan](#), [Costas Thomopoulos](#), [Ioannis Kallikazaros](#), [Dimitrios Tousoulis](#), [Stephen G. Worthley](#)

Altmetric 1

DOI: <http://dx.doi.org/10.1016/j.ijcard.2015.08.069> |  CrossMark





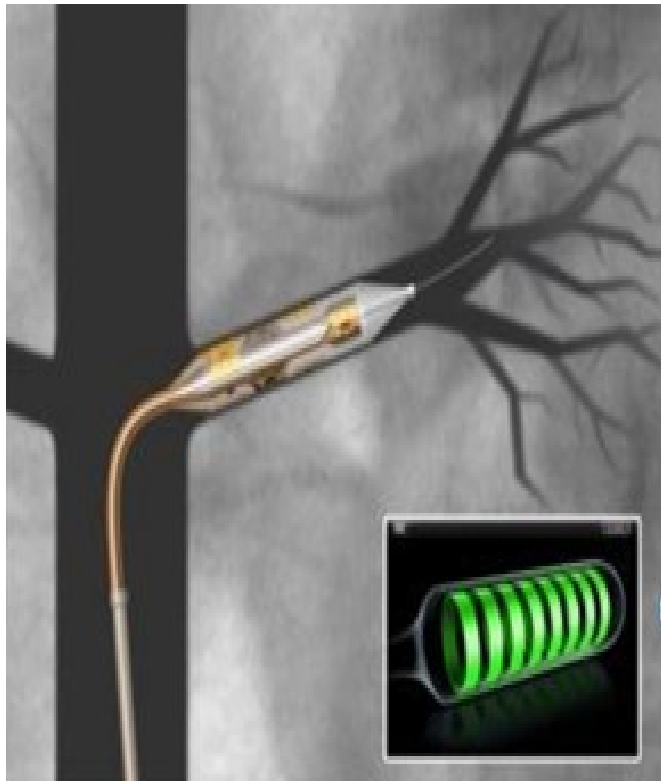
## Methods and results

We studied 46 patients (age:  $60 \pm 10$  years,  $4.7 \pm 1.0$  antihypertensive drugs) with drug resistant hypertension (dRHT). Reduction in office BP at 24 months from baseline was  $-29/-13$  mm Hg, while the reduction in 24-hour ambulatory BP and in home BP at 24 months were  $-13/-7$  mm Hg and  $-11/-6$  mm Hg respectively ( $p < 0.05$  for all). A correlation analysis revealed that baseline office and ambulatory BP were related to the extent of office and ambulatory BP drop. Apart from higher body mass index ( $33.3 \pm 4.7$  vs  $29.5 \pm 6.2$  kg/m<sup>2</sup>,  $p < 0.05$ ), there were no differences in patients that were RDN responders defined as  $\geq 10$  mm Hg decrease (74%,  $n = 34$ ) compared to non-responders. Stepwise logistic regression analysis revealed no prognosticators of RDN response ( $p = \text{NS}$  for all). At 24 months there were no new serious device or procedure related adverse events.

## Conclusions

The EnLIGHTN I study shows that the multi-electrode ablation system provides a safe method of RDN in dRHT accompanied by a clinically relevant and sustained BP reduction.





*Journal of Human Hypertension* , (12 January 2017) | doi:10.1038/jhh.2016.82

## Bipolar radiofrequency renal denervation with the Vessix catheter in patients with resistant hypertension: 2-year results from the REDUCE-HTN trial

H Sievert, J Schofer, J Ormiston, U C Hoppe, I T Meredith, D L Walters, M Azizi, J Diaz-Cartelle and on behalf of the REDUCE-HTN Investigators

**One hundred forty-six hypertensive patients were treated with bipolar radiofrequency balloon-based renal denervation. Significant office blood pressure (BP) reductions were sustained through 2 years of follow-up, with few patients experiencing related serious adverse events. Although confirmatory randomised controlled trials with designs to minimise confounding factors are needed, long-term follow-up after renal denervation continues to support procedure safety and suggests that it may have a lowering effect on BP.**



## LETTER TO THE EDITOR

# Noninvasive Renal Denervation for Resistant Hypertension Using High-Intensity Focused Ultrasound

Shunkang Rong, Hui Zhu, Dichuan Liu, Jun Qian, Kun Zhou, Que Zhu, Yonghong Jiang, Gang Yang, Changming Deng, Dengqing Zhang, Qi Zhou, Han Lei, Tong-Chuan He, Zhibiao Wang, Jing Huang

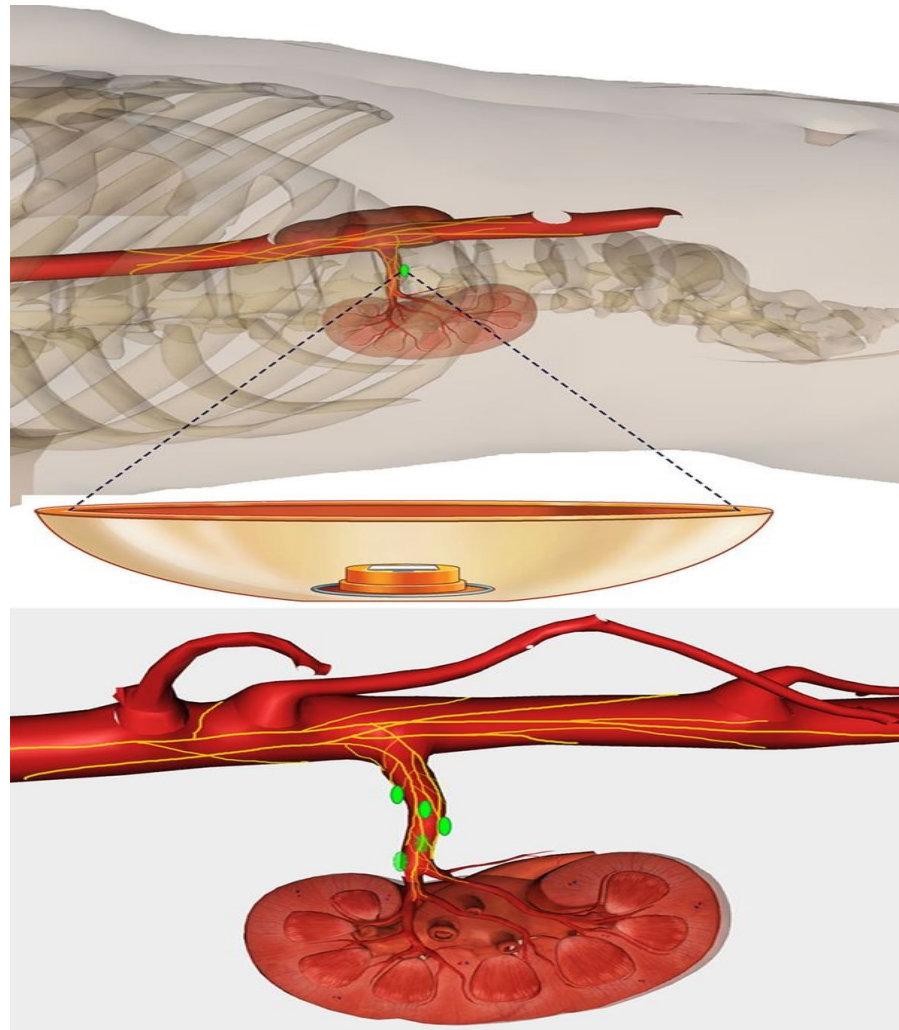
[Download PDF](#)

**DOI** <https://doi.org/10.1161/HYPERTENSIONAHA.115.05754>

Hypertension. 2015;66:e22-e25

Originally published August 3, 2015

# A schematic of high-intensity focused ultrasound–based renal denervation.



Shunkang Rong et al. Hypertension. 2015;66:e22-e25

In conclusion, noninvasive RDN by extracorporeal HIFU appeared to have a BP lowering effect that was sustained for 6 months with a good safety in resistant hypertensive patients.

This first-in-man study has provided the scientific basis for future randomized controlled trials.



## Transcatheter Alcohol-Mediated Perivascular Renal Denervation With the Peregrine System: First-in-Human Experience.

Fischell TA<sup>1</sup>, Ebner A<sup>2</sup>, Gallo S<sup>2</sup>, Ikeno F<sup>3</sup>, Minarsch L<sup>4</sup>, Vega F<sup>5</sup>, Haratani N<sup>6</sup>, Ghazarossian VE<sup>6</sup>.

### ⊕ Author information

#### Abstract

**OBJECTIVES:** This study evaluated the first clinical use of a new endovascular approach to renal denervation, using chemical neurolysis, via periadventitial infusion of dehydrated alcohol (ethanol) to perform "perivascular" renal artery sympathetic denervation.

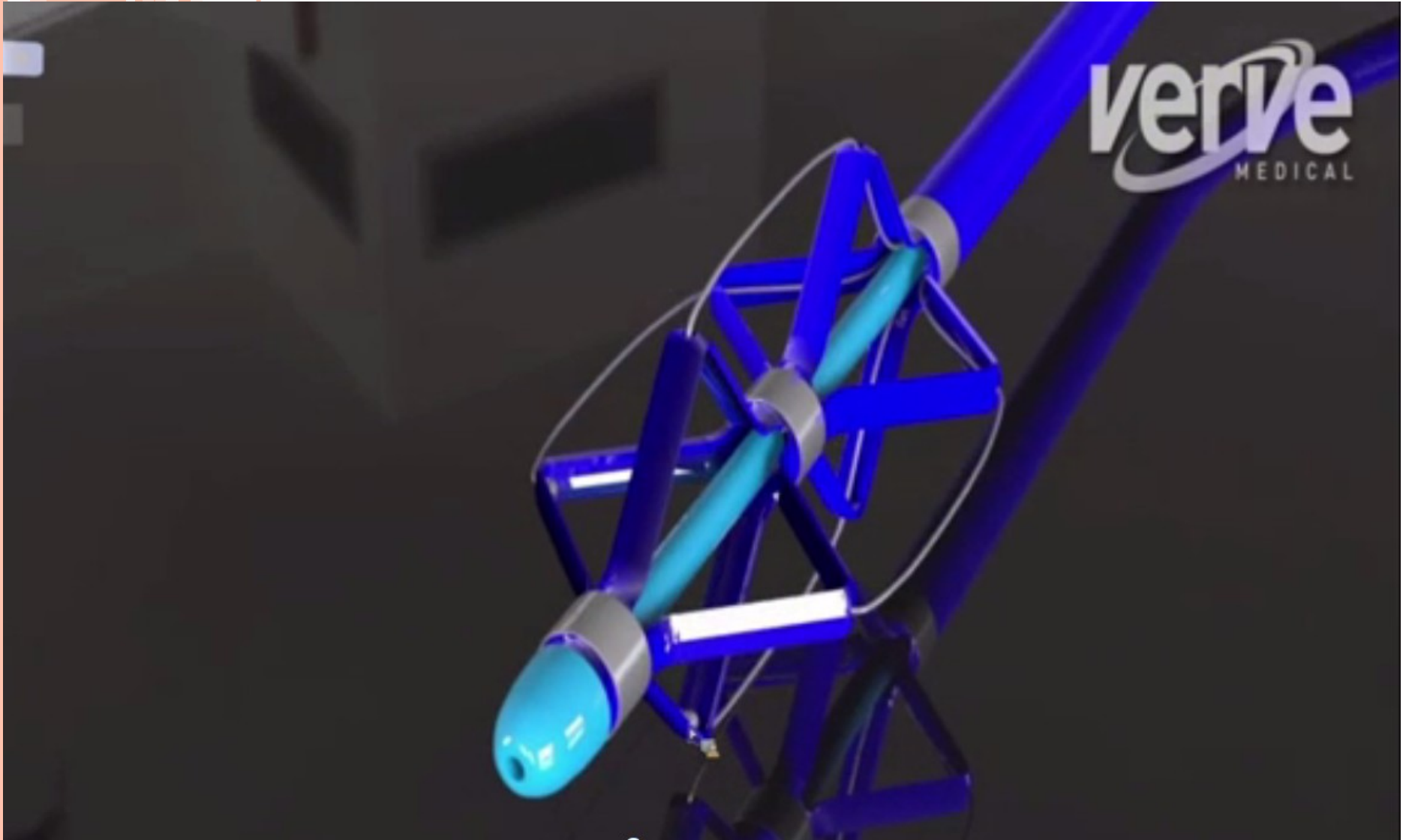
**BACKGROUND:** Renal denervation remains a promising technology for the treatment of hypertension and other disorders.

**METHODS:** A novel 3-needle delivery device (Peregrine System Infusion Catheter, Ablative Solutions, Inc., Kalamazoo, Michigan) was introduced into the renal arteries of 18 subjects with refractory hypertension. Microdoses of alcohol were infused bilaterally via the 3 needles into the adventitial space (0.30 ml/artery, 37 arteries). Renal artery angiography was performed at the time of the procedure and at 6 months (n = 16). The primary safety endpoints were complications associated with the catheter insertion and delivery of the neurolytic agent or any major vascular access complications. The secondary performance endpoint was a reduction in office-based systolic blood pressure at 6 months compared with baseline.

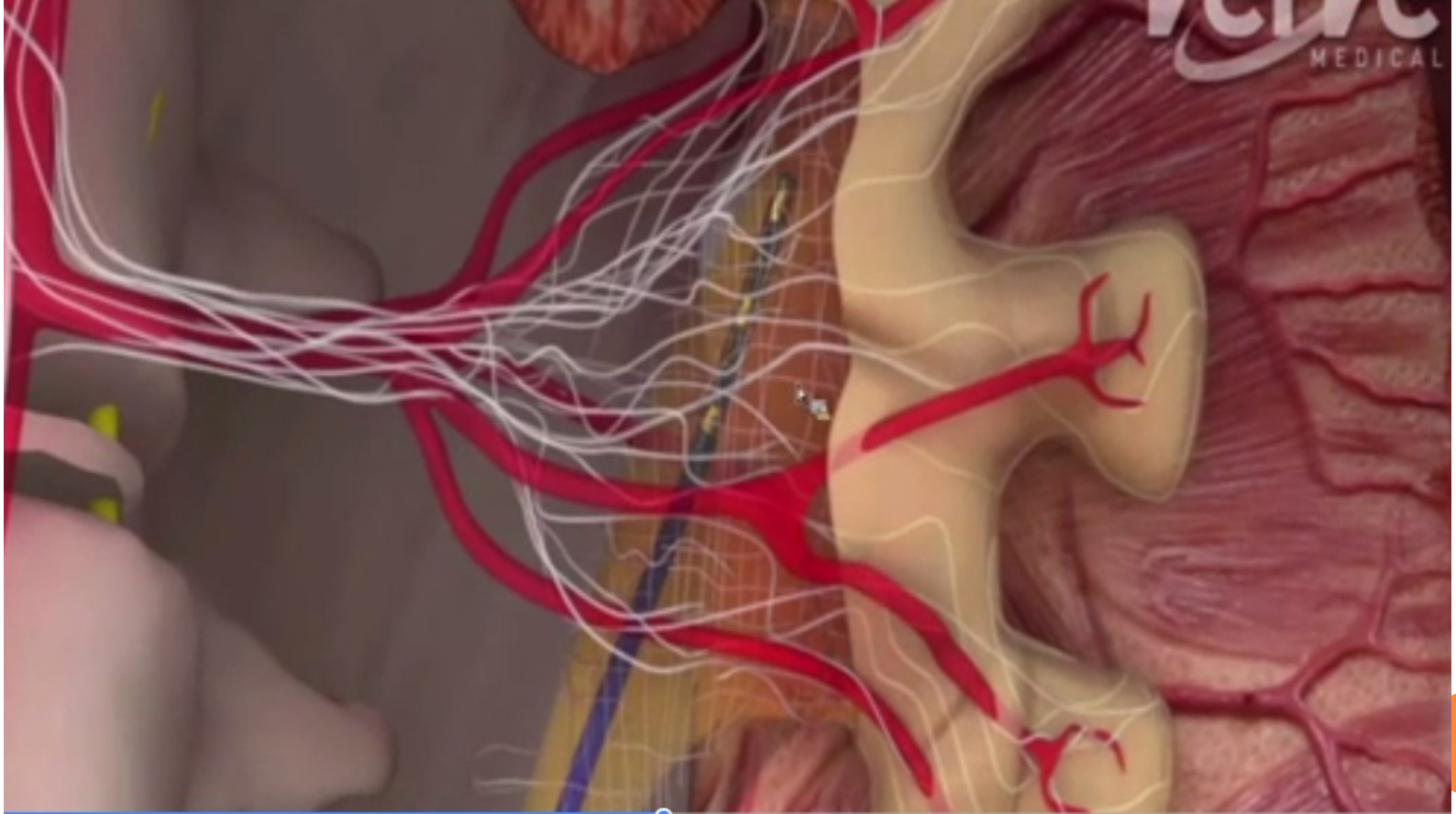
**RESULTS:** Procedural success was achieved in 100% of subjects (N = 18) and arteries (N = 37). There were no study-related adverse clinical events at follow-up. One death of a subject was recorded but determined by the investigator and an independent medical monitor to be non-study related. There were no angiographic observations of renal artery stenosis, aneurysms, or other renal artery abnormalities at 6 months (32 renal arteries). Sixteen of the 18 subjects had a 6-month follow-up. The mean office systolic blood pressure decreased from 175 ± 17 mm Hg to 151 ± 26 mm Hg (-24 mm Hg). There was an average reduction of antihypertensive medications from 3.4 (baseline) to 2.0 per subject at 6 months.

**CONCLUSIONS:** Chemical renal denervation using the infusion of very low doses of alcohol directly into the adventitial space appears to be feasible and safe. This approach may be a promising alternative approach to perform catheter-based renal denervation. These results need to be confirmed in larger scale clinical studies.

# Transuretral Yaklaşım, VERVE



# TRANSURETRAL YAKLAŞIM



# RENAL SEMPATİK DENERVASYONUN KAN BASINÇ ÜZERİNE ETKİSİ (\*)

**Table 2 Blood pressure effects of renal sympathetic denervation**

Ref.	Year	Control	n (RDN/control)	Systolic office BP (mmHg)	P-value	Systolic ambulatory BP (mmHg)	P-value
Krum <i>et al</i> <sup>[7]</sup>	2009	None	50	-22	< 0.001*	NA	NA
Esler <i>et al</i> <sup>[11]</sup>	2010	RDN vs medical	106 (52/54)	-32 vs 1	< 0.00001 <sup>b</sup>	-11/-7 vs -3/-1	NA
Bhatt <i>et al</i> <sup>[8]</sup>	2014	RDN vs sham	535 (364/171)	-14 vs -12	0.26 <sup>b</sup>	-6.8 vs -4.8	0.98 <sup>b</sup>
Desch <i>et al</i> <sup>[10]</sup>	2015	RDN vs sham	71 (35/36, intention to treat)	NA	NA	-8.5 vs -4.7	0.06 <sup>b</sup>
			63 (29/34, per protocol)	NA	NA	-8.3 vs -3.5	0.04 <sup>b</sup>
Rosa <i>et al</i> <sup>[13]</sup>	2015	RDN vs intensified medical treatment	106 (52/54)	-12 vs -14	< 0.001*/0.60 <sup>b</sup>	-8.6 vs -8.1	< 0.001*/0.87 <sup>b</sup>
Azizi <i>et al</i> <sup>[14]</sup>	2015	Stepped-care antihypertensive treatment with vs without RDN	106 (53/53)	-15 vs -9	0.15 <sup>b</sup>	-15.8 vs -9.9	0.03 <sup>b</sup>
Bohm <i>et al</i> <sup>[12]</sup>	2015	None	998	-12	< 0.00001*	-6.6	< 0.00001*

(\*)Fengler K<sup>1</sup>, Rommel KP<sup>1</sup>, Okon T<sup>1</sup>, Schuler G<sup>1</sup>, Lurz P<sup>1</sup>. Renal sympathetic denervation in therapy resistant hypertension pathophysiological aspects and predictors for treatment success. *World J Cardiol.* 2016 Aug 26;8(8):436-46. doi: 10.4330/wjc.v8.i8.436.



# RENAL SEMPATİK DENERVASYONUN TANSİYON DİŐİ ETKİLERİ (\*)

- Böbrek
- Kalp
- Hemodinamik parametreler
- Sinir sistemi
- Metabolik
- Enflamasyon
- Biomarkır

(\*)Fengler K<sup>1</sup>, Rommel KP<sup>1</sup>, Okon T<sup>1</sup>, Schuler G<sup>1</sup>, Lurz P<sup>1</sup>. Renal sympathetic denervation in therapy resistant hypertension pathophysiological aspects and predictors for treatment success. [World J Cardiol](#). 2016 Aug 26;8(8):436-46. doi: 10.4330/wjc.v8.i8.436.



## ○ Renal Sempatik Denervasyon Sonrası (\*);

\*Böbrek Na atılışında artış

\*Sol ventrikül kitlesi ve atriyal kontraksiyon da düzelme

\*Kalp hızı, kalp hızı değişkenliği, ve ventriküler aritmi de azalma

\* Hemodinamik parametrelerde düzelme: Santral kan basın

Büyüme indeks

Aortic nabız basınç

Nabız dalga velozitesin de azalma

\* Ekzersiz KB azalma

\*Sistemik enflamasyon da azalma

\* Neropeptid Y ve beyin kökenli nötrofik faktör de azalma



## ○ Renal Sempatik Denervasyon Sonrası (\*)

- \* Kardiyak sempatik aktivite de (Azalma; deęişme yok)
- \* İnsulin sensitivitesin de (Düzelme; deęişme yok)
- \* Ortastatik hipotansiyon (Deęişmiyor)

\*Fengler K<sup>1</sup>, Rommel KP<sup>1</sup>, Okon T<sup>1</sup>, Schuler G<sup>1</sup>, Lurz P<sup>1</sup>.

Renal sympathetic denervation in therapy resistant hypertension pathophysiological aspects and predictors for treatment success. [World J Cardiol](#). 2016 Aug 26;8(8):436-46. doi: 10.4330/wjc.v8.i8.436.



# RENAL SEMPATİK DENERVASYON SONRASI; KAN BASINÇ AZALMASI İÇİN POZITIF PREDİKTÖRLER(\*)

- Yüksek KB varlığı
- Aksesuar renal arter yokluğu
- İzole sistolik hipertansiyon
- Düşük nabız dalga velositesi
- Bozulmuş barorefleks sensitivitesi

○ \*Fengler K<sup>1</sup>, Rommel KP<sup>1</sup>, Okon T<sup>1</sup>, Schuler G<sup>1</sup>, Lurz P<sup>1</sup>.  
Renal sympathetic denervation in therapy resistant hypertension pathophysiological aspects and predictors for treatment success. [World J Cardiol](#). 2016 Aug 26;8(8):436-46. doi: 10.4330/wjc.v8.i8.436.



# DIĞER PREDİKTÖRLER(\*)

- Obesite , (artmış sempatik aktivite); iyi yanıt beklenebilir.
- Çinsiyet; çalışmalar erkekler daha fazla oranda; %23-40 kadınlar konusunda daha sınırlı bilgiye sahibiz.
- Yaş 60 üstü tartışmalı
- Yüksek vasküler stiffnıss (KAH, SVO): kötü KB cevap göstergesi
- Böbrek fonksiyonları (artmış sempatik aktivite); iyi yanıt beklenebilir.
- Kalp yetersizliği ve aritmi hastaları için tedavi umudu ??

\*Fengler K<sup>1</sup>, Rommel KP<sup>1</sup>, Okon T<sup>1</sup>, Schuler G<sup>1</sup>, Lurz P<sup>1</sup>.

Renal sympathetic denervation in therapy resistant hypertension pathophysiological aspects and predictors for treatment success. [World J Cardiol](#). 2016 Aug 26;8(8):436-46. doi: 10.4330/wjc.v8.i8.436.

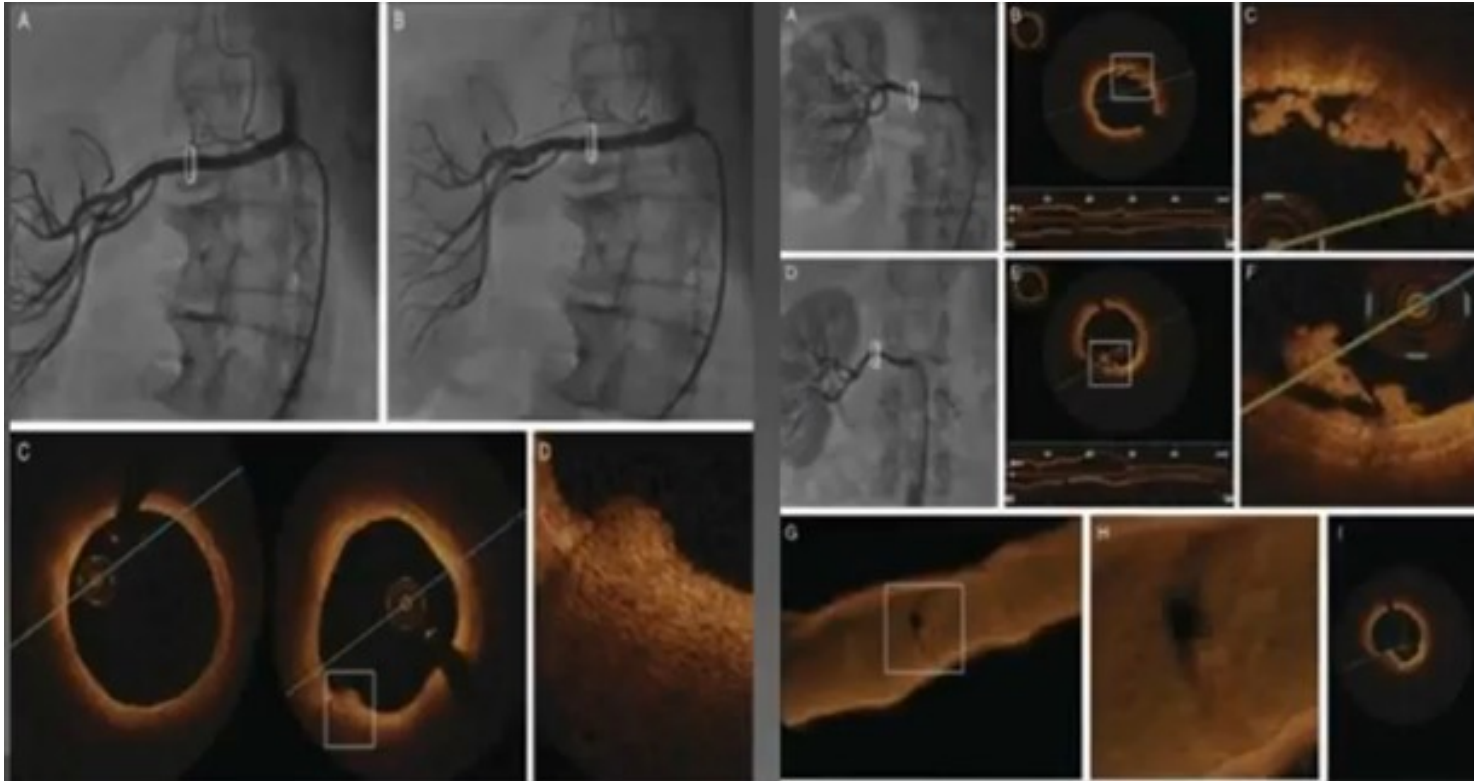


# TEKNOLOJİK OLARAK EKSİKLERİMİZ

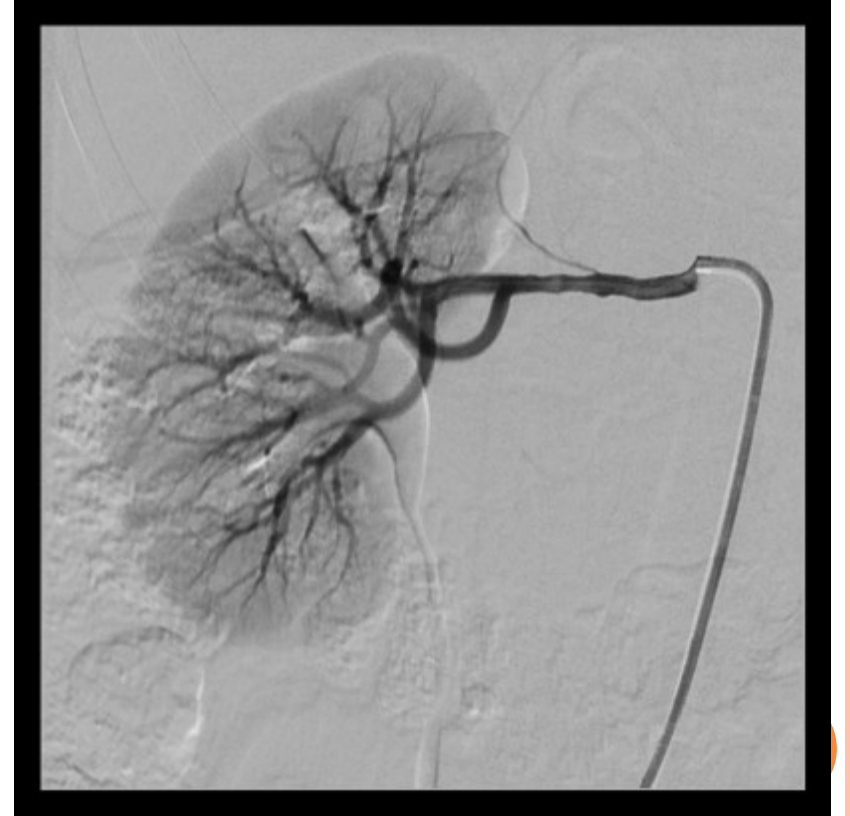
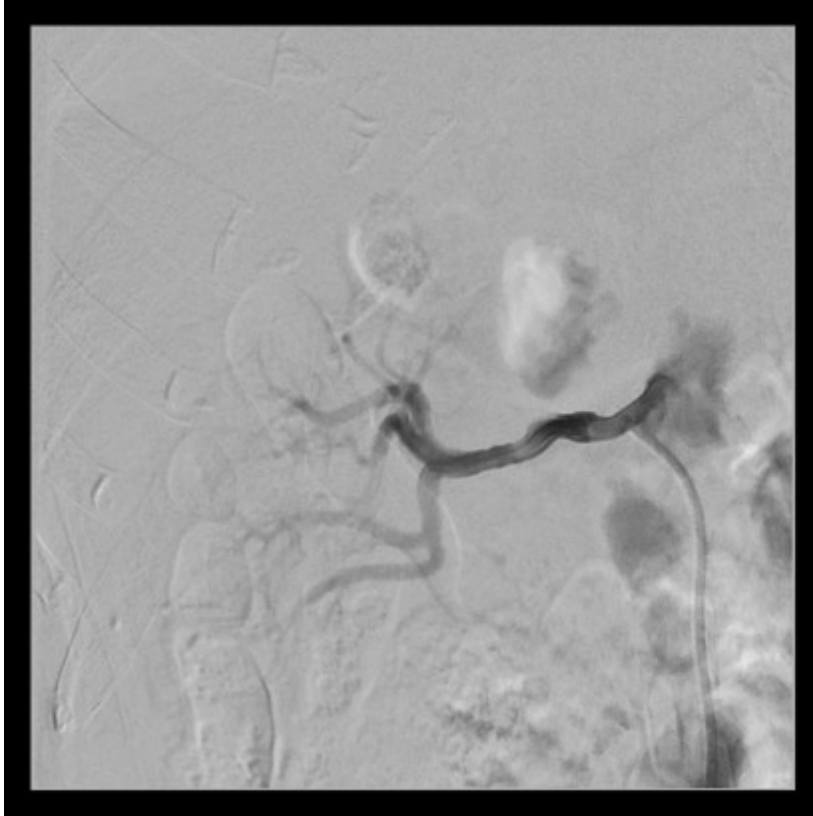
- Direk böbrek sempatik aktivitenin ölçülememesi
- Denervasyon sayısı
- Ultrason bazlı ve ilaç bazlı yaklaşımlar alternatif ??



# ETKİNLİK ve GÜVENLİK;VASKÜLER DUVAR ÖDEM-TROMBÜS



Ablasyon sonrası anjiyografide; arter duvarında vazospazm nedenli düzensizlik





## **Operatif komplikasyon;**

- ❖ Giriş yerinde hematoma / psödoanevrizma
- ❖ Ablasyon uygulanan segmentte diseksiyon
- ❖ Renal arterde rüptür
- ❖ Postoperatif erken dönemde hipotansiyon



# Gelecek ?

- ❖ Fayda görecek dirençli HT tanımlanması; **ENDİKASYON**
- ❖ İşlem sonrası tedavi etkinliğinin ölçülebilmesi; **TEDAVİ**
- ❖ Uzun dönem tedavi etkinliği; **ŞİFA**
- ❖ Kateter teknolojisi
- ❖ Aritmi , Kalp yetmezliği, OSAS, Tip-2 DM gibi farklı hastalıklarda tedavi?
- ❖ Maliyet yüksekliği, SUT karşılığı ve SGK ödemesi



**SABRINIZ İÇİN TEŞEKKÜRLER**

