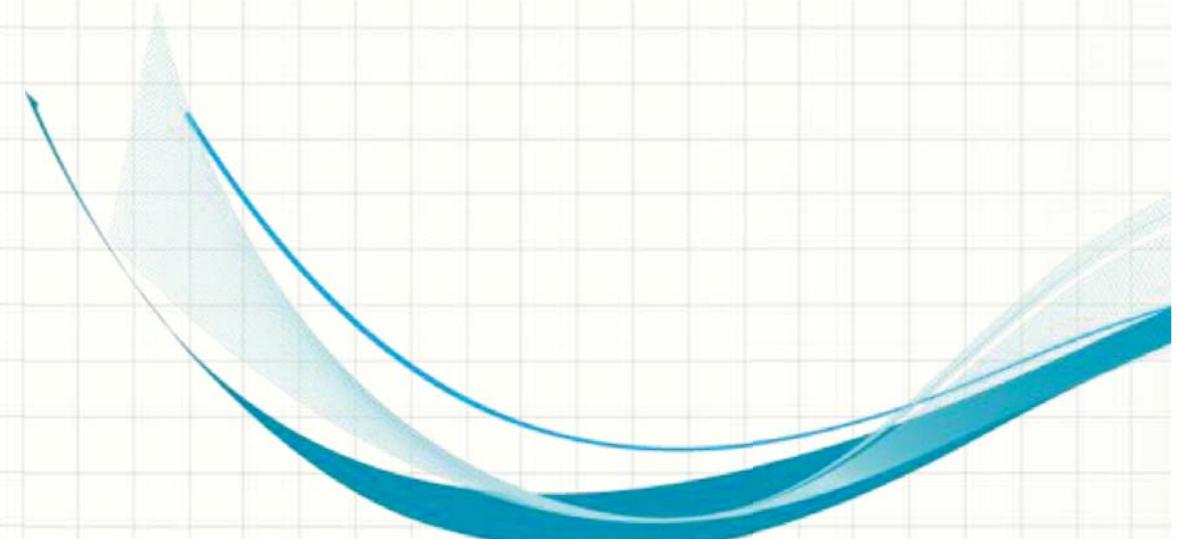




**ANKARA
MEME HASTALIKLARI DERNEĞİ**

METASTATİK HASTALIĞIN DEĞERLENDİRİLMESİ VE PRİMER CERRAHİ TEDAVİ

Doç. Dr. Serap EREL
Ankara Eğitim ve Araştırma Hastanesi
Genel Cerrahi Kliniği



Yeni tanı alan meme kanserlerinin % 3.5- % 7

% 50'si lokal olarak operabl (T1-T3)

Geleneksel :

MMK prognozu kötü: 1-2 yıllık yaşam süresi

Optimal tedavi: palyatif tedavi

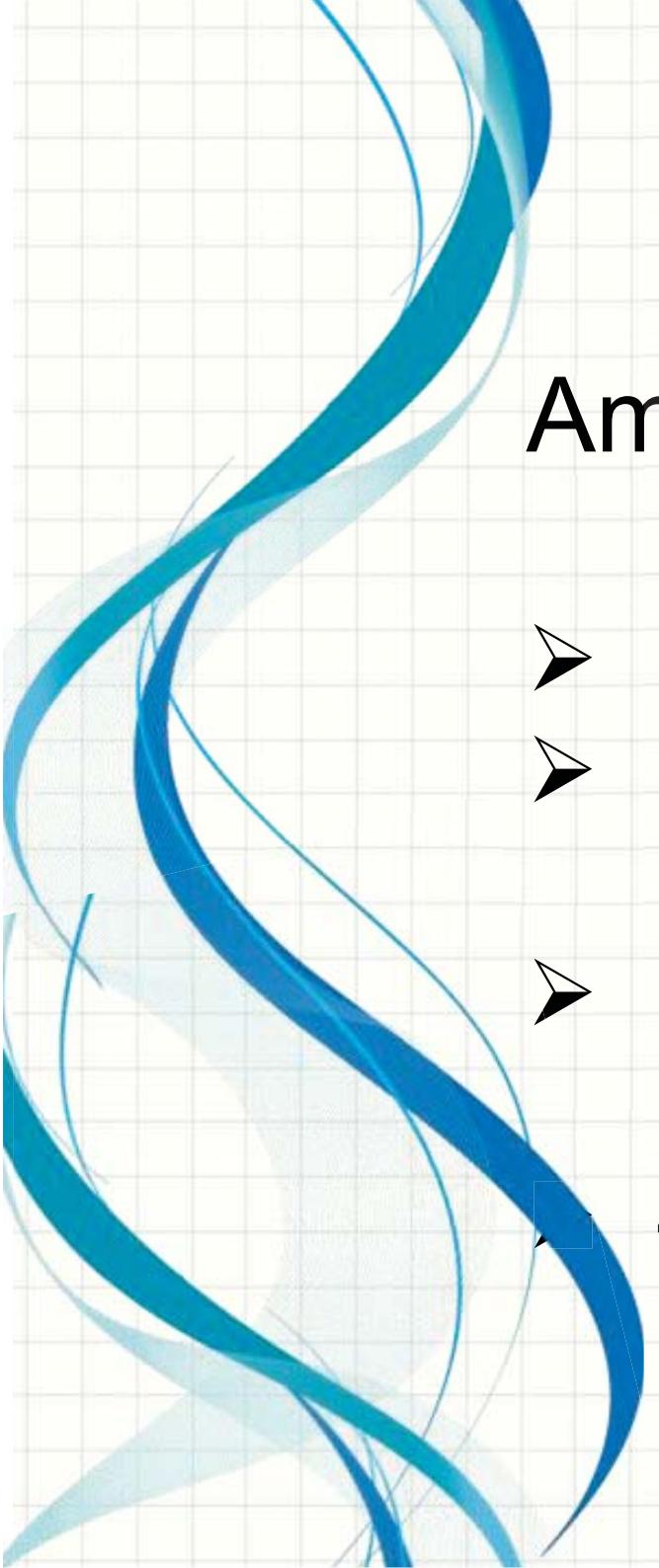
Agresif yaklaşımlar: gereksiz, hastaları gereksiz strese sokar



Yeni modern ve sistemik tedaviler

Her yıl %1-2 sağ kalım iyileşmekte

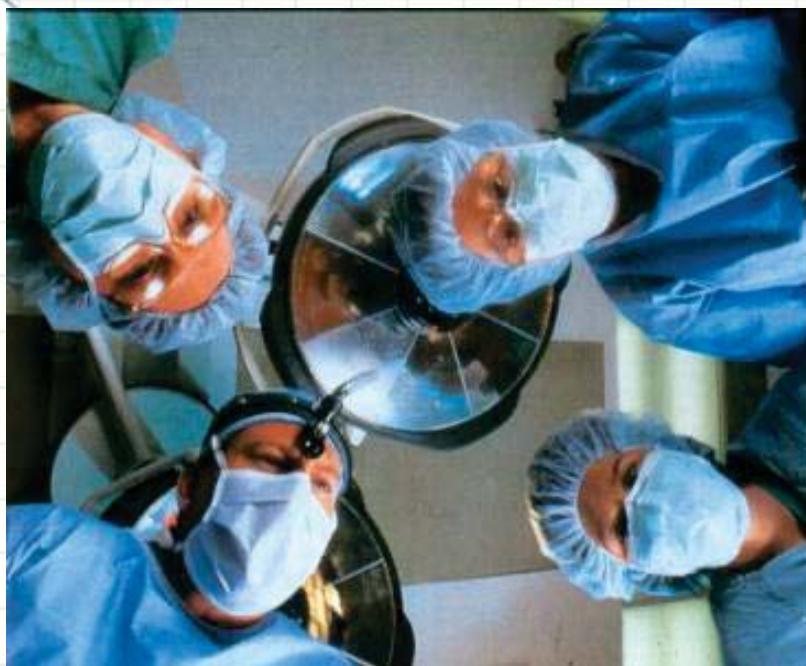
	Ortalama sağkalım Ay	3 y GS %	5 y GS %
1974-1979	15	15	10
1995-2000	51	61	40



Amaçlar:

- 1. Palyasyon-semptomlar/ QOL
- 2. «Progresyon free survival» da düzelleme
- 3. Cerrahi ile karşılananın yaşam hedefleri
- 4. Tedavi amaçlı

HANGİ EVREDE HANGİ GÖRÜNTÜLEME İLE TARAMA YAPILMALIDIR?



CLINICAL
STAGEStage I
T₁, N₀, M₀

or

Stage IIA

T₀, N₁, M₀T₁, N₁, M₀T₂, N₀, M₀

or

Stage IIB

T₂, N₁, M₀T₃, N₀, M₀

or

Stage IIIA

T₃, N₁, M₀

WORKUP

- History and physical exam
- Diagnostic bilateral mammogram; ultrasound as necessary
- Pathology review
- Determination of tumor estrogen/progesterone receptor (ER/PR) status and HER2 status
- Genetic counseling if patient is high risk for hereditary breast cancer
- Breast MRI (optimal), with special consideration for mammographically occult tumors
- Counseling for fertility concerns if premenopausal
- Assess for distress

For clinical stage I-IIIB, consider additional studies only if directed by signs or symptoms:^a

- CBC
- Liver function tests and alkaline phosphatase
- Bone scan indicated if localized bone pain or elevated alkaline phosphatase
- Abdominal ± pelvic diagnostic CT or MRI indicated if elevated alkaline phosphatase, abnormal liver function tests, abdominal symptoms, or abnormal physical examination of the abdomen or pelvis
- Chest diagnostic CT (if pulmonary symptoms present)

If clinical stage IIIC (T₃, N₁, M₀) consider:

- CBC
- Liver function tests and alkaline phosphatase
- Chest diagnostic CT
- Abdominal ± pelvic diagnostic CT or MRI
- Bone scan or sodium fluoride PET/CT^b (category 2B)
- FDG PET/CT^{c,d} (optional, category 2B)

See
[Locoregional Treatment \(BINV-2\)](#)

^aRoutine systemic staging is not indicated for early breast cancer in the absence of symptoms.

^bIf FDG PET/CT is performed and clearly indicates bone metastasis, on both the PET and CT component, bone scan or sodium fluoride PET/CT may not be needed.

^cFDG PET/CT can be performed at the same time as diagnostic CT. The use of PET or PET/CT scanning is not indicated in the staging of clinical stage I, II, or operable stage III breast cancer. FDG PET/CT is most helpful in situations where standard staging studies are equivocal or suspicious, especially in the setting of locally advanced or metastatic disease.

^dFDG PET/CT may also be helpful in identifying unsuspected regional nodal disease and/or distant metastases in locally advanced breast cancer when used in addition to standard staging studies.

CLINICAL STAGE

Stage I
T₁, N₀, M₀

or

Stage IIA
T₀, N₁, M₀
T₁, N₁, M₀T₂, N₀, M₀

or

Stage IIB
T₂, N₁, M₀
T₃, N₀, M₀

or

Stage IIIA
T₃, N₁, M₀

WORKUP

For clinical stage I-IIIB, consider additional studies only if directed by signs or symptoms:^a

- CBC
- Liver function tests and alkaline phosphatase
- Bone scan indicated if localized bone pain or elevated alkaline phosphatase
- Abdominal ± pelvic diagnostic CT or MRI indicated if elevated alkaline phosphatase, abnormal liver function tests, abdominal symptoms, or abnormal physical examination of the abdomen or pelvis
- Chest diagnostic CT (if pulmonary symptoms present)

See
Locoregional Treatment
(BINV-2)

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^dFDG PET/CT may also be helpful in identifying unsuspected regional nodal disease and/or distant metastases in locally advanced breast cancer when used in addition to standard staging studies.

CLINICAL STAGE

Stage I
T1, N0, M0

or

Stage IIA
T0, N1, M0
T1, N1, M0
T2, N0, M0

or

Stage IIB
T2, N1, M0
T3, N0, M0

or

Stage IIIA
T3, N1, M0

WORKUP

Klinik Evre I-IIIB - Preoperatif Hazırlık

- Tam kan sayımı, KCFT ve ALP
- Sadece, semptomların varlığında,
 - Kemik Sintigrafisi; Lokalize kemik ağrısı veya Yüksek ALP
 - Abdomen/ Pelvik CT, MR; KCFT yüksekliği, ALP yüksekliği, karın semptomları, bulguları
 - Toraks CT; pulmoner semptom varlığında
- Tümör belirteçleri ÖNERİLMİYOR

See
Locoregional Treatment
(BINV-2)

^aRoutine systemic staging is not indicated for early breast cancer in the absence of symptoms.

^bIf FDG PET/CT is performed and clearly indicates bone metastasis, on both the PET and CT component, bone scan or sodium fluoride PET/CT may not be needed.

^cFDG PET/CT can be performed at the same time as diagnostic CT. The use of PET or PET/CT scanning is not indicated in the staging of clinical stage I, II, or operable stage III breast cancer. FDG PET/CT is most helpful in situations where standard staging studies are equivocal or suspicious, especially in the setting of locally advanced or metastatic disease.

^dFDG PET/CT may also be helpful in identifying unsuspected regional nodal disease and/or distant metastases in locally advanced breast cancer when used in addition to standard staging studies.

CLINICAL STAGE

Stage I
T1, N0, M0

or

Stage IIA
T0, N1, M0
T1, N1, M0
T2, N0, M0or
Stage IIB
T2, N1, M0
T3, N0, M0

or

Stage IIIA
T3, N1, M0

WORKUP

If clinical stage IIIA (T3, N1, M0) consider:

- CBC
- Liver function tests and alkaline phosphatase
- Chest diagnostic CT
- Abdominal ± pelvic diagnostic CT or MRI
- Bone scan or sodium fluoride PET/CT^b (category 2B)
- FDG PET/CT^{c,d} (optional, category 2B)

See
Locoregional Treatment
(BINV-2)

^aRoutine systemic staging is not indicated for early breast cancer in the absence of symptoms.

^bIf FDG PET/CT is performed and clearly indicates bone metastasis, on both the PET and CT component, bone scan or sodium fluoride PET/CT may not be needed.

^cFDG PET/CT can be performed at the same time as diagnostic CT. The use of PET or PET/CT scanning is not indicated in the staging of clinical stage I, II, or operable stage III breast cancer. FDG PET/CT is most helpful in situations where standard staging studies are equivocal or suspicious, especially in the setting of locally advanced or metastatic disease.

^dFDG PET/CT may also be helpful in identifying unsuspected regional nodal disease and/or distant metastases in locally advanced breast cancer when used in addition to standard staging studies.

CLINICAL
STAGE

WORKUP

Stage I
T1, N0, M0

or

Stage IIA
T0, N1, M0
T1, N1, M0
T2, N0, M0

or

Stage IIB
T2, N1, M0
T3, N0, M0

or

Stage IIIA
T3, N1, M0

Evre IIIA (T3 N1 M0) - Preoperatif Hazırlık

- Tam kan sayımı
- KCFT ve ALP
- Toraks CT
- Abdominal ± Pelvik CT veya MR
- Kemik sintigrafisi veya PET (Kategori 2B)
- FDG PET/ CT (Kategori 2B)

See
Locoregional
Treatment
(BINV-2)

^aRoutine systemic staging is not indicated for early breast cancer in the absence of symptoms.

^bIf FDG PET/CT is performed and clearly indicates bone metastasis, on both the PET and CT component, bone scan or sodium fluoride PET/CT may not be needed.

^cFDG PET/CT can be performed at the same time as diagnostic CT. The use of PET or PET/CT scanning is not indicated in the staging of clinical stage I, II, or operable stage III breast cancer. FDG PET/CT is most helpful in situations where standard staging studies are equivocal or suspicious, especially in the setting of locally advanced or metastatic disease.

^dFDG PET/CT may also be helpful in identifying unsuspected regional nodal disease and/or distant metastases in locally advanced breast cancer when used in addition to standard staging studies.

PREOPERATIVE SYSTEMIC THERAPY FOR INOPERABLE OR LOCALLY ADVANCED BREAST CANCER (NON-INFLAMMATORY): WORKUP

CLINICAL STAGE

Stage IIIA
T0, N2, M0
T1, N2, M0
T2, N2, M0
T3, N2, M0

Stage IIIA patients with T3, N1, M0 disease, see BINV-1

Stage IIIB
T4, N0, M0
T4, N1, M0
T4, N2, M0

Stage IIIC
Any T, N3, M0

WORKUP

- History and physical exam
- Diagnostic bilateral mammogram; ultrasound as necessary
- Pathology review
- Determination of tumor EP/PR status and HER2 status
- Genetic counseling if patient is high risk for hereditary breast cancer
- Breast MRI (optimal), with special consideration for mammographically occult tumors
- Fertility counseling if premenopausal
- Assess for distress

See Preoperative Systemic Therapy For Inoperable or Locally Advanced Breast Cancer (Non-Inflammatory) (BINV-15)

^aRoutine systemic staging is not indicated for early breast cancer in the absence of symptoms.

^bIf FDG PET/CT is performed and clearly indicates bone metastasis, on both the PET and CT component, bone scan or sodium fluoride PET/CT may not be needed.

^cFDG PET/CT can be performed at the same time as diagnostic CT. The use of PET or PET/CT scanning is not indicated in the staging of clinical stage I, II, or operable stage III breast cancer. FDG PET/CT is most helpful in situations where standard staging studies are equivocal or suspicious, especially in the setting of locally advanced or metastatic disease.

^dFDG PET/CT may also be helpful in identifying unsuspected regional nodal disease and/or distant metastases in locally advanced breast cancer when used in addition to standard staging studies.

PREOPERATIVE SYSTEMIC THERAPY FOR INOPERABLE OR LOCALLY ADVANCED BREAST CANCER
(NON-INFLAMMATORY): WORKUPCLINICAL
STAGE

WORKUP

Stage IIIA
T0, N2, M0
T1, N2, M0
T2, N2, M0
T3, N2, M0

Stage IIIA patients
with T3, N1, M0
disease, see BINV-1

Stage IIIB
T4, N0, M0
T4, N1, M0
T4, N2, M0

Stage IIIC
Any T, N3, M0

Evre IIIA, Evre IIIB, Evre IIIC Preoperatif Hazırlık

- Tam kan sayımı
- KCFT ve ALP
- Toraks CT
- Abdominal ± Pelvik CT veya MR
- Kemik sintigrafisi veya PET (Kategori B)
- FDG PET/CT (Kategori B)

[See Preoperative
Systemic Therapy
For Inoperable or
Locally Advanced
Breast Cancer
\(Non-Inflammatory\)
\(BINV-15\)](#)

^aRoutine systemic staging is not indicated for early breast cancer in the absence of symptoms.

^bIf FDG PET/CT is performed and clearly indicates bone metastasis, on both the PET and CT component, bone scan or sodium fluoride PET/CT may not be needed.

^cFDG PET/CT can be performed at the same time as diagnostic CT. The use of PET or PET/CT scanning is not indicated in the staging of clinical stage I, II, or operable stage III breast cancer. FDG PET/CT is most helpful in situations where standard staging studies are equivocal or suspicious, especially in the setting of locally advanced or metastatic disease.

^dFDG PET/CT may also be helpful in identifying unsuspected regional nodal disease and/or distant metastases in locally advanced breast cancer when used in addition to standard staging studies.

Lokal İleri Meme Kanseri İnflamatuar Meme Kanseri

Evre IIIA (T3N1M0 hariç)

Evre IIIB

Evre IIIC



Toraks CT

Batın CT

Pelvik CT

Kemik Sintigrafisi

PET (Kategori B opsiyonel)

The Yield of ¹⁸F-FDG PET/CT in Patients with Clinical Stage IIA, IIB, or IIIA Breast Cancer: A Prospective Study

131 hasta, AC gr±CT, Abd USG±CT, Kemik Sint., PET, 56 ay takip

Evre	n	PET sonrası evre atlama
Evre IIA	36	%5,6
T2N0	34	
T1N1	2	
Evre IIB	48	%14,6
T3N0	20	
T2N1	28	
Evre IIIA	47	%27,6
T3N1	29	%14.2
T2N2	9	
T3N2	9	%56

Evre IIB ile Evre IIIA'nın uzak metastaz oranı aynı



Groheux D, et al. J Nucl Med 2011; 52(10): 1526-1534

Klinik evre (AJCC) ile PET/CT sonrası evrenin karşılaştırılması

Initial clinical stage	Total	PET/CT stage						
		I	IIA	IIB	IIIA	IIIB	IIIC	IV (%)
I	20	17	2					1 (5)
IIA	44		37	3	1		1	2 (5)
IIB	47			34	1		4	8 (17)
IIIA	13				8		1	4 (31)
IIIB	8					4		4 (50)
IIIC	2						1	1 (50)



Özet olarak

- Meme kanseri $\leq T1N1$, asemptomatik, KCFT normal

Evreleme tetkiklerine gerek YOK

- $>T1N1$, semptomatik, klinik/biyokimyasal anormallik (evreden bağımsız)

Toraks/batın/pelvik CT yapılabilir

- Tümör çapı >5 cm
- Herhangi bir çapta ve cilt ve göğüs duvarı tutulumu
- N2 Lenf nodu tutulumu
- Yüksek Grad, ki 67
- cErb2 pozitif tümörler
- ER (-), PR (-), cErb2 (-)

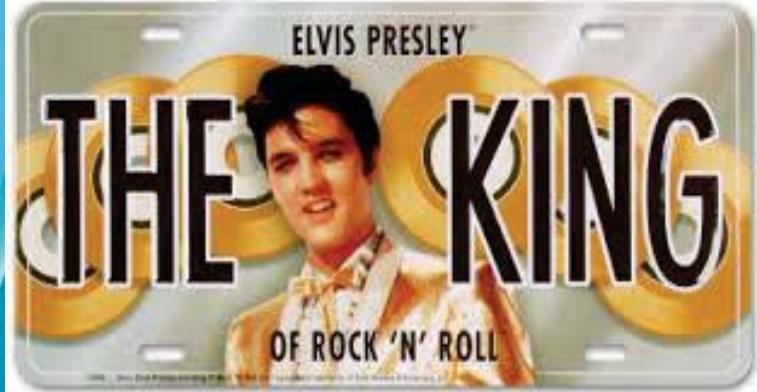
PET/CT yapılabilir

☞ Bozuk, et al. *Breast Cancer Research and Treatment* 2001; 68:239-248

☞ Schneider C. *Arch Gynecol Obstet* 2003; 269: 9-12

- Neoadjuvan kemoterapi alacak yüksek riskli hastalar
- Metastaz riski yüksek olan lokal ileri tümörler
- İnflamatuar meme kanserlerinde

PET/CT görüntüleme
geleneksel evreleme tetkiklerinin yerini alabilir.



“In the field of surgical oncology
tumor biology is **king**,
patient selection is **queen**, and
technical maneuvers are the **prince** and **princess**
who try, but usually fail, to usurp the throne.”

Cady Arch Surg 1997



PRİMER KANSERE CERRAHİ



Cerrahiye karşı görüşler

- Metastatik yayılımının oranı ve organdaki tutulum miktarı sağkalımı belirler
- Bu hastalar sağlıksızdır, cerrahiyi kaldırıramazlar
- Risk yarar oranı riskler yönünde ağırlık kazanır
 - «Tümörü kıçıştırmak, havanın içeri girmesi» teorileri
 - Anestezi, cerrahi stres, kan transfüzyonu ve diğer faktörlere bağlı olarak VEGF ve diğer anjiojenik faktörlerin salınımı
 - Aslında primer tümör kendisi antianjiojenik ve büyümeye faktörlerinin kaynağıdır, tümör çıkarılması hızlanmış relapsa neden olabilir

Cerrahiye yandaş görüşler

- Yaşam kalitesini düzeltir ve semptomların kontrolünü sağlar
- Debulking kemoterapinin etkinliğini artırır
- - Metastatik zinciri kırar
 - Primer tümör ortadan kalkar
 - Metastaz da çıkarılabilir
- Tümöre lokal immün cevabı baskılayan inibitör peptidleri / molekülleri ortadan kaldırarak kalan tümör hücrelerinde anti-tümör immüniteyi güçlendirir

**National Comprehensive Cancer Network [NCCN]
Clinical Practice Guidelines in Oncology,**

**European Society for Medical Oncology [ESMO]
Clinical Recommendations**

MMK Tedavisi

- Cerrahi
- Bölgesel radyoterapi
- Kemoterapi

**At the European Breast Cancer Conference (EBCC)-6,
Mart 2008 ; Berlin,
MMK rehberleri ikinci halk toplantısı**

“Metastatik meme kanseri tedavi edilebilir mi?”



- Hangi hastalar (kralice)
- Uygun zaman (kral)
- Uygun sistemik tedavi (kral)
- Cerrahi , sistemik tedavi seçenekleri
(prens, prense)





RETROSPEKTİF ÇALIŞMALAR

RETROSPEKTİF ÇALIŞMALAR

- MMK’inde primer cerrahi
 - Lokorejyonel kontrolu sağlanır
 - Hastalıksız sağkalım artar
 - Genel sağkalımı artırmaktadır.
- Cerrahi için seçilen hastalar sıkılıkla
 - daha genç,
 - daha sağlıklı,
 - tümör yükü düşük,
 - lokalizasyonu daha basit yerlerde olan
 - tümör profili olarak daha masum olgulardır.

RETROSPEKTİF ÇALIŞMALAR

- Zayıf noktalar – (eksik bilgi)
 - Radyoterapi ve sistemik tedaviler,
 - Tümörün histopatolojik özellikleri,
 - Primer cerrahinin zamanlaması
 - Aksillaya yönelik cerrahi girişimler
- Hastaların büyük bölümünde Her2neu bilgisi eksiktir.
- Neoadjuvan sistemik tedavilere ait bilgiler hemen hemen yok gibidir.

ORIGINAL ARTICLE – BREAST ONCOLOGY

Meta-Analysis to Determine if Surgical Resection of the Primary Tumour in the Setting of Stage IV Breast Cancer Impacts on Survival

Elly Harris, Mitchel Barry, and Malcolm R. Kell

- 10 çalışma - 28693 olgu
- 3-yıllık sağkalım oranlarının cerrahi yapılan hastalarda daha iyidir (%40 vs %22).
- Subgrup analizlerinde;
 - Cerrahi grubu daha ufak tümörler, komorbid hastalığı az, tümör yükü fazla olmayan ($p<0.01$).
 - Metastazın lokalizasyonu, tümör gradı, reseptör durumu açısından fark yok.

TABLE 1 Studies selected for meta-analysis

Author	Study period	Stage	Outcome	Follow-up surgery	Follow-up - no surgery	Hazard ratio
Babiera	1997–2002	IV	Overall survival	n/a	n/a	0.5
Bafford	1998–2005	IV	Median survival	3.52 yrs	2.36 yrs	0.47
Blanchard	1973–1991	IV	Median survival	27.1 mo	16.8 mo	0.71
Cady	1970–2002	IV	2- and 5-year survival	24 mo	24 mo	n/a
Fields	1996–2005	IV	Median survival	31.9 mo	15.4 mo	0.53
Gnerlich	1988–2003	IV	Median survival	36 mo	21 mo	0.63
Hazard	1990–1993	IV	3-year survival/median survival	26.3 mo	29.2 mo	0.798
Khan	1990–1993	IV	3-year survival/mean survival	26.9–31.9 mo	19.3 mo	0.61
Rapiti	1977–1996	IV	5-year survival	n/a	n/a	0.6
Ruiterkamp	1993–2004	IV	5-year survival/median survival	31 mo	14 mo	0.62

mo months, *yrs* years, *n/a* not available

‘What can we learn from repeated attempts to pool and analyse the same biased, retrospective data?’*

*Dr Seema Khan, Ann Surg Oncol 2013, May 8, Epub ahead.



PROSPEKTİF ÇALIŞMALAR

Table 2. randomized clinical trials addressing impact of local therapy for the primary tumor.

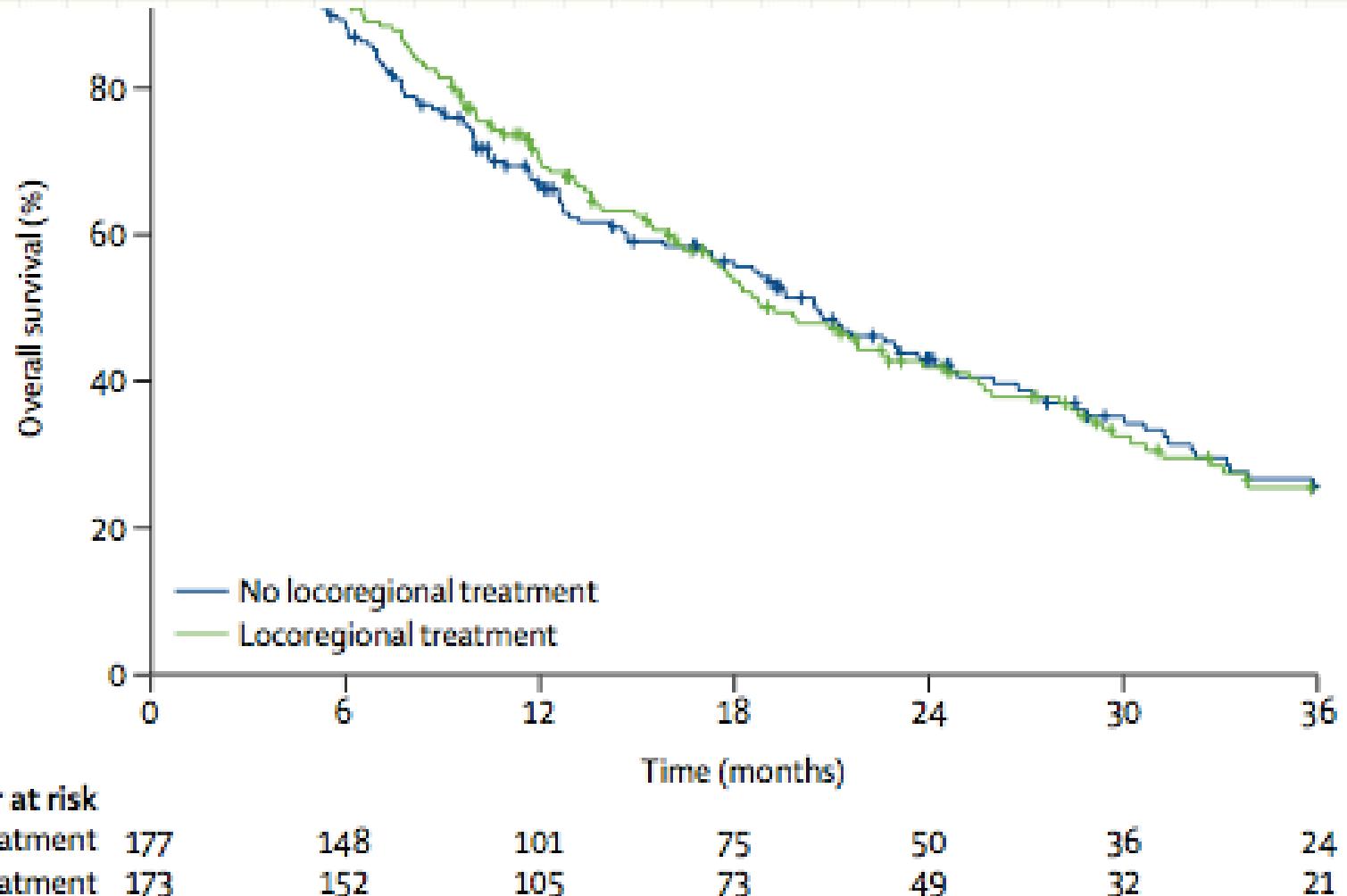
Country	Trial Number	Accrual Period	N	Initial Therapy	Radiotherapy	Primary Endpoint
India	NCT0019377 8	2005-12	350	AC 6 cycles	If indicated	Time to progression
Japan	JCOG 1017	2011-16	410	Systemic therapy	Not addressed	Survival
USA and Canada	NCT0124280 0	2011-16	880	Systemic therapy	Per standards for stage I-III	Survival
Turkey	NCT0055798 6	2008-12	281	Surgery	For breast conservation	Survival
Netherlands	NCT0139258 6 (SUBMIT)	2011-16	516	Surgery	For positive margins or palliation	2-year survival
Austria	NCT0101562 5	2010-19	254	Surgery	Per standards for stage I-III	Survival

Badwe RA, ve ark. INDIAN TRIAL (NCT00193778), *Lancet Oncol*, 2015; 16: 1380-88

Locoregional treatment versus no treatment of the primary tumour in metastatic breast cancer: an open-label randomised controlled trial

- 350 hasta – KT (Antrasiklinli) veya HT - %60
- Cerrahi yapılan vs yapılmayan (173 vs 177)
- Median takip 23 ay
- 235 ölüm (118 vs 117)
- Median genel sağkalım (19.2 ay vs 20.5 ay)

Badwe RA, et al. Lancet Oncol, 2015; 16: 1380-88



- Subgrup analizlerinde de sağkalım avantajı görülmemektedir.

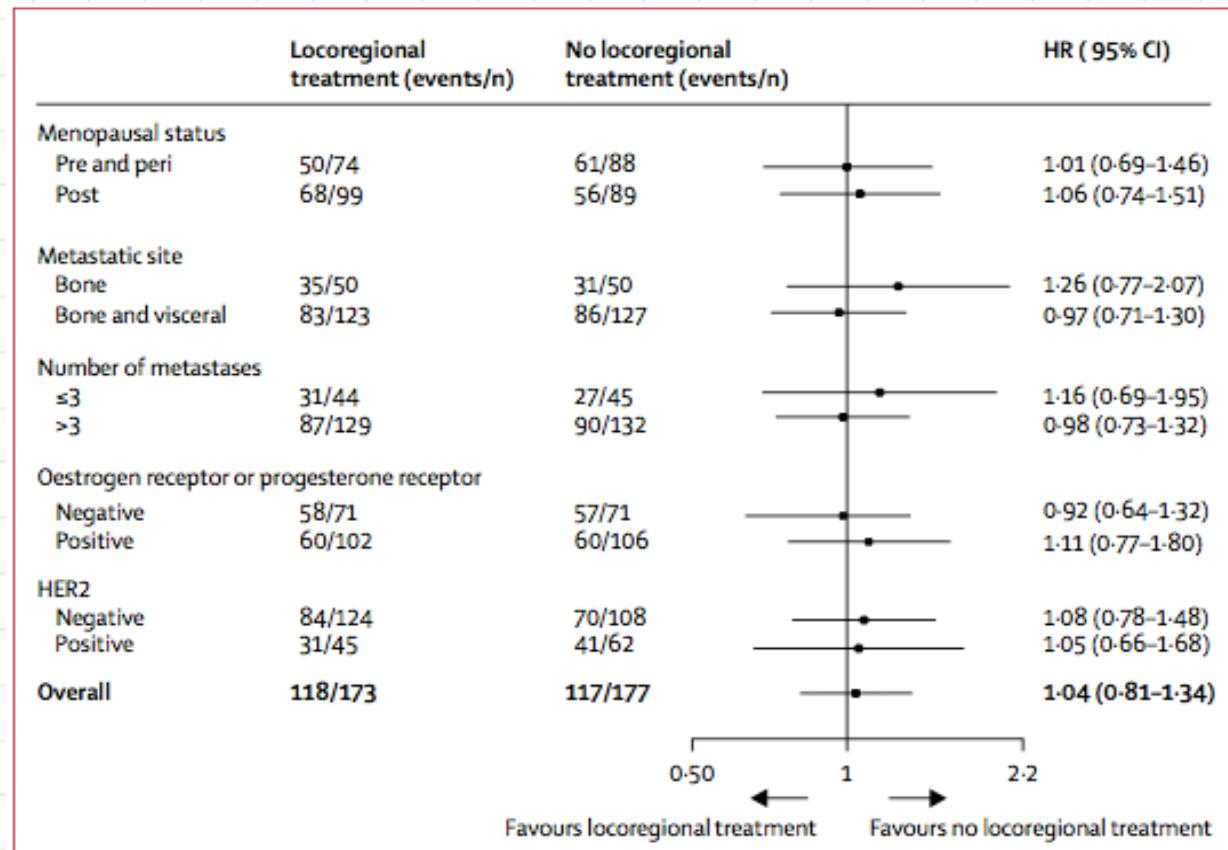


Figure 3: Forest plot of overall survival subgroup analyses, unadjusted hazard ratios

Badwe RA, et al. Lancet Oncol, 2015; 16: 1380-88

- Cerrahi yapılan hastalarda uzak progresyonsuz sağkalım daha kötüdür.

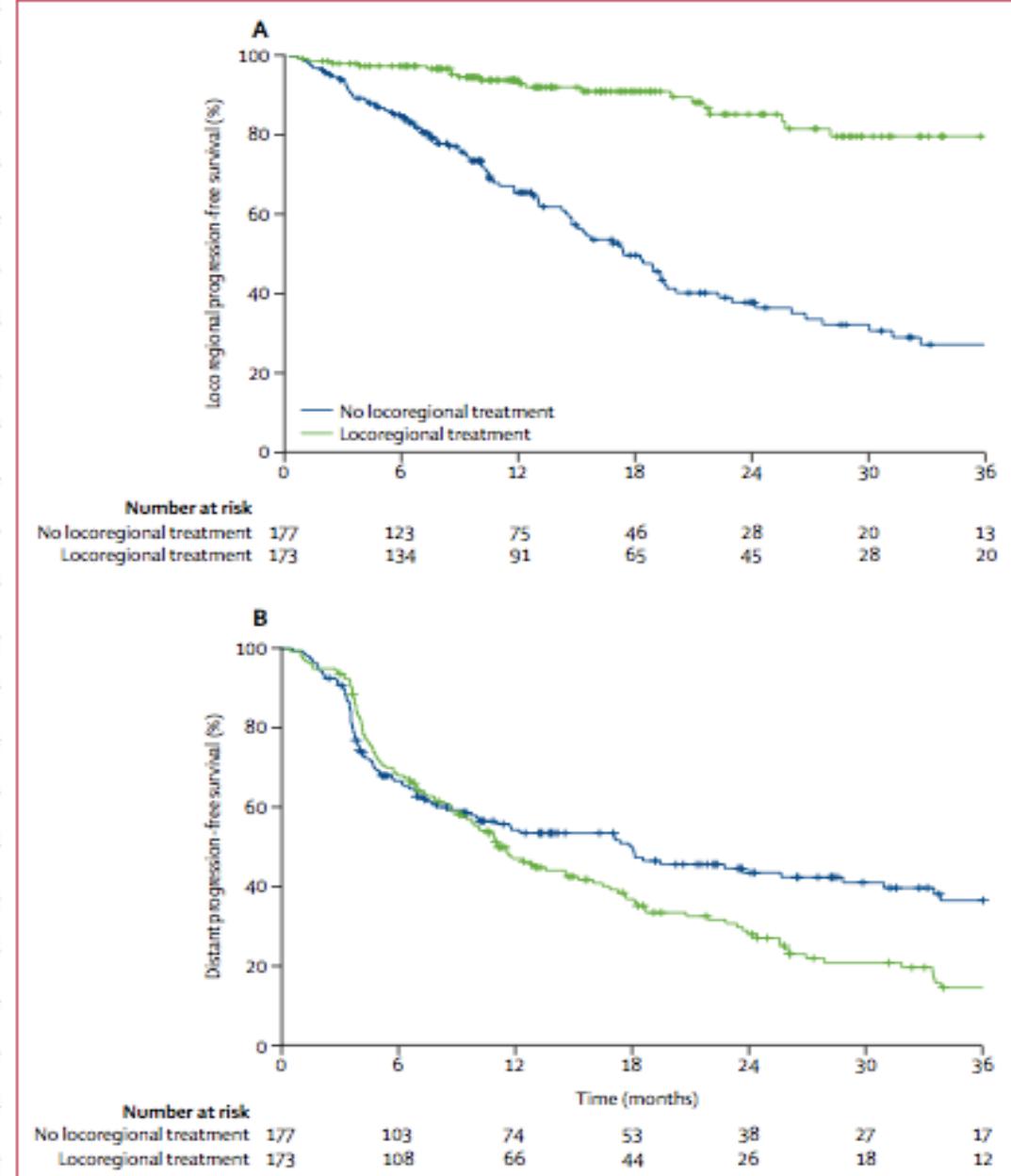


Figure 4: Kaplan-Meier plot of locoregional progression-free survival (A) and distant progression-free survival (B)

Badwe RA, et al. Lancet Oncol, 2015; 16: 1380-88

- Lokorejyonel tedavi sağkalım avantajı sağlamamaktadır ve her MMK ile başvuran kadına önerilmemelidir.
 - Subgrup analizlerinde de sonuçlar aynıdır (menopozal durum, metastatik hastalık yükü, ER, PR veya HER2 reseptör durumu, vb)
- Primer tümörün eksizyonu uzak metastazda büyümeye neden olabilir.
- Hastaların aldığı sistemik tedavilerde farklılık vardır.

MF07-01 ÇALIŞMASI

- TMHDF'nun ilk çok merkezli, prospektif, randomize çalışmasıdır.
- **HİPOTEZ**
 - İlk başvurularında metastatik meme kanseri tanısı alan hastalarda, primer cerrahi tedavi ile tümör yükünün azaltılması sonucunda sağkalım ve hastalığın ilerlemesine kadar geçen sürede belirgin artış olacaktır.

MF07-01 / AMAÇ

- **Primer**
 - Genel sağkalım
- **Sekonder**
 - Lokorejyonel tedaviye ait morbidite
 - Hastalıksız sağkalım
 - Yaşam kalite ölçümleri

A randomized controlled trial evaluating resection of the primary breast tumor in women presenting with de novo stage IV breast cancer; Turkish Study (Protocol MF07-01)



Atilla Soran, MD, MPH, FACS, Magee-Womens Hospital of UPMC

Vahit Ozmen, Serdar Ozbas, Hasan Karanlik, Mahmut Muslumanoglu,
Abdullah Igci, Zafer Canturk, Zafer Utkan, Cihangir Ozaslan, Turkkan
Evrensel, Cihan Uras, Erol Aksaz, Aykut Soyder, Umit Ugurlu, Cavit Col,
Neslihan Cabioğlu, Betül Bozkurt, Efe Sezgin, Ronald Johnson, Barry
Lembersky.

**On behalf of the Turkish Federation of Societies for Breast Diseases
ClinicalTrials.gov identifier number is NCT00557986**

312 Recruited

19 Exclusions

293 Eligible

293 Eligible

19 Withdraw
or Failure to
Follow-up

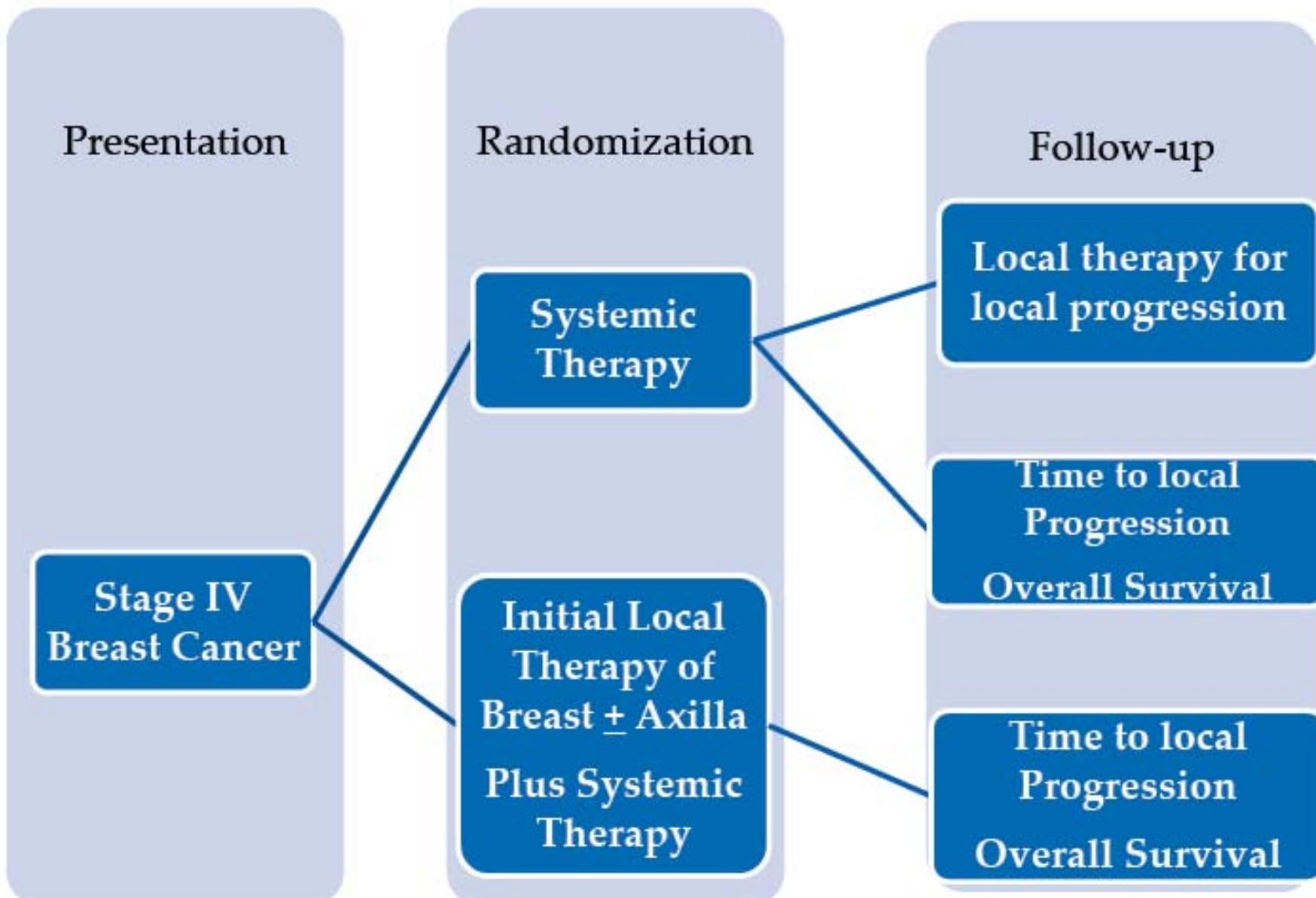
274
Evaluable

274 Evaluable

138
Initial Local Therapy
plus Systemic
Therapy

136
Systemic Therapy

Design MF07-01



TARTIŞMA

- 36 aylık takipte sağkalım farkı yoktur.
- Daha uzun takipte ortalama sağkalım süresinde istatistiksel anlamlılık çıkmıştır (46 vs 37 ay; HR:0.66) ve 5 yıllık genel sağkalım %41.6 vs %24.4

TARTIŞMA

- ER (+), HER2 neu (-), tek kemik metastazı olanlar ve < 55 yaş olanlarda primer cerrahi ile sağkalım avantajı daha belirgindir.
 - Multiple karaciğer ve /veya pulmoner metastazı olanlarda ise daha kötüdür.
- İlk 30-gün mortalitesine etki etmemektedir.
- Lokorejyonel progresyon KT kolunda 11 kat daha fazladır (Cerrahi %1 vs KT %11).
- Semptomatik olup metastaz bölge sine işlem uygulanan hastalarda, primer cerrahi yapılsın ya da yapılmamasın sağkalım benzerdir.

STUDY PROTOCOL

Open Access

SUBMIT: Systemic therapy with or without up front surgery of the primary tumor in breast cancer patients with distant metastases at initial presentation

Jetske Ruiterkamp¹, Adri C Voogd², Vivianne CG Tjan-Heijnen³, Koop Bosscha⁴, Yvette M van der Linden⁵, Emiel JTh Rutgers⁶, Epie Boven⁷, Maurice JC van der Sanger⁸ and Miranda F Ernst^{3,9*}, for
In collaboratio

Patients with primary distant metastatic breast cancer (M1) Remember criteria for screening on next page			- 2 weeks	
Check in/exclusion criteria			- 1 week	
Randomization after informed consent			T = 0	
Group A (Upfront Surgery)	Group B (Systemic treatment)			
Surgery			Week 1-4	
Systemic therapy	Systemic therapy		Month 2-3	
Tumor evaluation	Tumor evaluation		Month 3-4	
Systemic therapy	Systemic therapy		Month 4-5	
	Evaluation systemic response			
Tumor evaluation	Progression	Stable disease	Responsive disease	Month 5-6
Systemic therapy	With also local progression: local (salvage) treatment	No local treatment	Consider surgery or radiotherapy in close communication with patient	Month 6-7
Left to the discretion of responsible physician			From month 7	

SUBMIT:

- M1 meme kanseri, histolojik tanıdan bir ay içinde metastaz tespiti
- Beklenen yaşam süresi ≥ 6 ay
 - Hormonal ve HER2 durumu
 - T1-T3 veya rezektabl T4; N0-N3
 - performans statüsü ve yandaş hastalıklar sistemik tedavi için uygun
 - Yaş ≥ 18 yıl

• Sonlanım

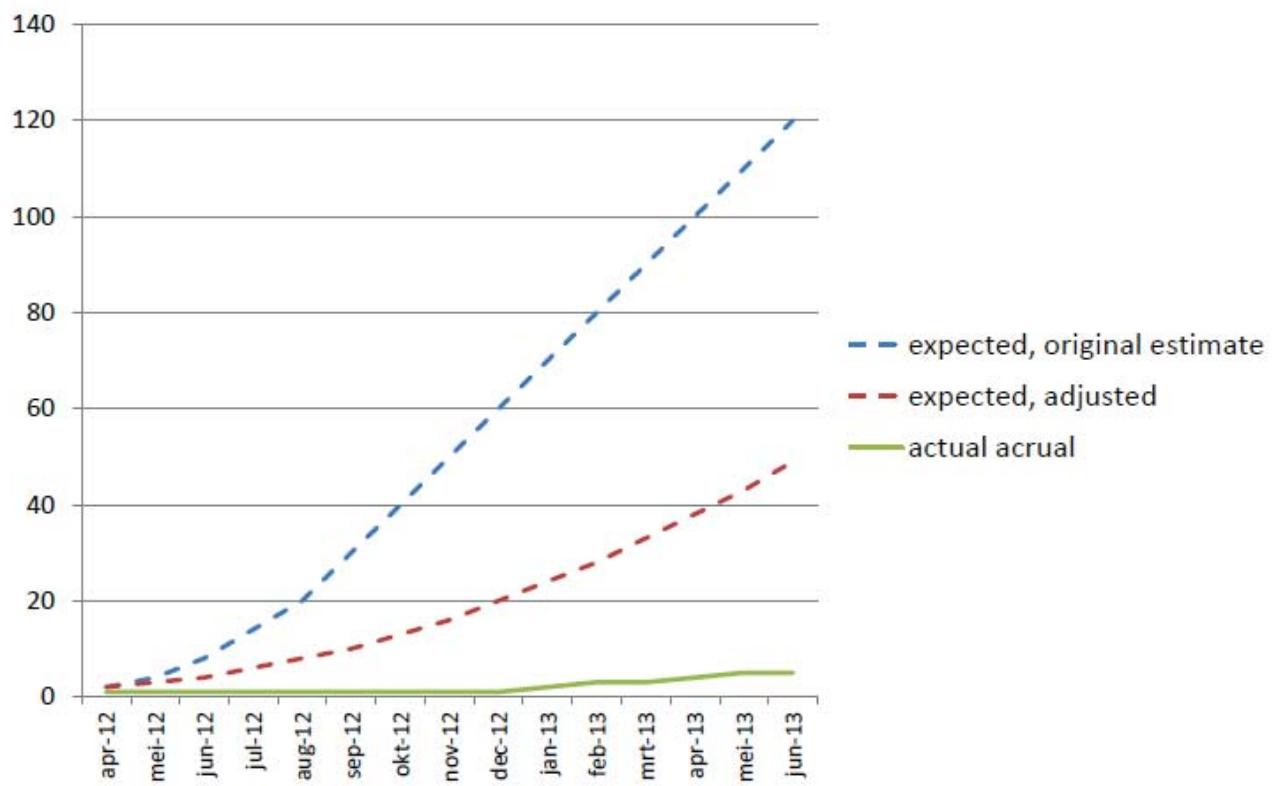
Primer:

- –iki yıllık genel sağ kalım

Sekonder:

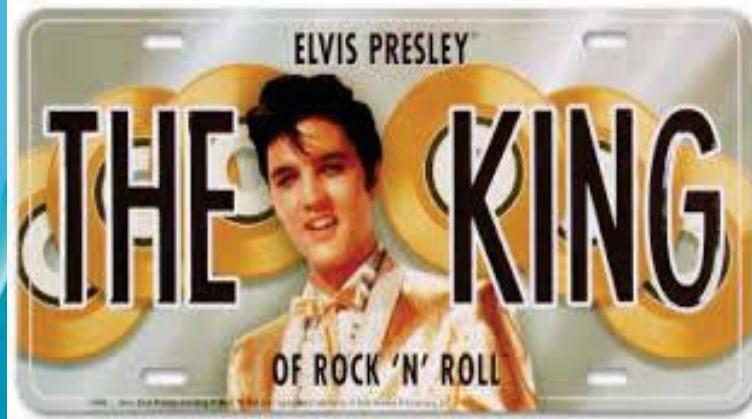
- Yaşam kalitesi
- –Lokal tümör kontrolü

Patient accrual in SUBMIT does not meet the expectations





SONUÇ...



“In the field of surgical oncology
tumor biology is **king**,
patient selection is **queen**, and
technical maneuvers are the **prince** and **princess**
who try, but usually fail, to usurp the throne.”

Cady Arch Surg 1997

En önemli prediktörler

- Yaş : Genç hasta
- Kemik ve yumuşak doku metastazı olup sistemik tedavi ile tam yanıt alınan

Sonuçlar ve öneriler

- MMK tam kür nerede ise imkansızdır
- Primer tümörün cerrahi eksizyonu
 - Kanama,
 - Ülser
 - Enfeksiyona karşı palyasyon sağlayabilir.



Kanıta dayalı tip

- Küçük tümör (T1-T2) ve metastazın tek yer ile sınırlı olduğu MMK' de cerrahi tedavi seçeneği olabilir (Evre 2C)



Çıkarımlar

Cerrahiden fayda görecek hastalar rehberler ile tanımlanmalıdır

Lokal tedavi yaşam süresini etkilemiyor ise optimum sistemik tedavi üzerine yoğunlaşmak bir sonraki prospektif çalışma protokolünü oluşturabilir



