

European Association for the Study of Obesity



AMME BOOK

[www.eco2026.org](http://www.eco2026.org)



12

TUE

12 MAY 2026, TUESDAY

PROGRAMME AT A GLANCE

TRACK 1 BASIC SCIENCE		TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION	
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1.280 PAX	HALL 6 480 PAX	EXHIBITION AREA
08:30-12:00	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	
	COFFEE BREAK / EXHIBITION AREA (10:00-10:30)						
	EASO Behaviour, Psychology & Mental Health Working Group	EASO Childhood Obesity Working Group	EASO Obesity Management Working Group and PCDE	EASO Nutrition Working Group and EFAD	EASO Physical Activity, Fitness and Function Working Group	EASO Sarcopenic Obesity and Obesity on Older Adults - SO3A Working Group	
12:30-14:00	Topic Sessions	Topic Sessions	Topic Sessions	Topic Sessions	Accepted Symposia	Accepted Symposia	
	T1 Topic Session Deconvoluting Adipose Tissue Complexity	T2 Topic Session Obesity Stigma: Strategies to Prevent and Reduce Obesity Stigma in Healthcare and Society	T3 Topic Session Neurodevelopmental Disorders & Obesity in Children	T4 Topic Session How to Adapt Lifestyle Intervention in Patients Using Incretin-Based OMM	Accepted Symposium	Accepted Symposium	
	LUNCH BREAK / EXHIBITION AREA (13:30-14:30)						
14:15-15:45	Abstract Sessions	Abstract Sessions	Abstract Sessions	Abstract Sessions	Joint Session	Joint Session	
	Abstract Session	Abstract Session	Abstract Session	Abstract Session	Joint Session IFSO_EC	Joint Session: ISBNPA Ultra-Processed Foods (UPF)	
15:45-16:15	COFFEE BREAK / EXHIBITION AREA						
16:15-17:45	Industry Supported Session	Industry Supported Session	Industry Supported Session	Accepted Symposia	Industry Supported Session	Accepted Symposia	
	Slot 1 16:15-17:45	Slot 2 16:15-17:45	Slot 3 16:15-17:45	Accepted Symposium	Slot 4 16:15-17:45	Accepted Symposium	
17:45-18:30	Opening Plenary Session EASO-NNF Obesity Prize for Excellence						
18:30-19:00	ECO2026 Opening Ceremony						
19:00-21:00							ECO2026 Welcome Reception



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WED

13 MAY 2026, WEDNESDAY

PROGRAMME AT A GLANCE

TRACK 1 BASIC SCIENCE		TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION	
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1.280 PAX	HALL 6 480 PAX	EXHIBITION AREA
08:30-09:15	Plenary Lecture						
	Track 1 Plenary Lecture Genomic Variant Interpretation in Human Disease						
09:30-11:00	Topic Sessions	Topic Sessions	Topic Sessions	Topic Sessions	Joint Session	Joint Session	
	T1 Topic Session Interorgan Crosstalk	T2 Topic Session Policy Adoption & Implementation: Evidence-Driven Adoption of Public Health Policies	T3 Topic Session Body Systems in Childhood Obesity	T4 Topic Session Obesity in Older Adults at Risk of Disability	Joint Session: EASD Metabolic Health Across the Lifespan: Sex- and Age-Specific Challenges	Joint Session: ESPE	
11:00-11:30	COFFEE BREAK / EXHIBITION AREA						
11:30-13:00	Abstract Sessions	Abstract Sessions	Abstract Sessions	Abstract Sessions	Topic Sessions	EASO Sessions	
	Abstract Session	Abstract Session	Abstract Session	Abstract Session	EASO T4 Abstract Session: Maintenance	EASO-NNF NI Award Session	
	LUNCH BREAK / EXHIBITION AREA (13:00-14:30)						
13:45-15:15	Industry Supported Session	Industry Supported Session	Industry Supported Session		Industry Supported Session		Posters Viewing 13:00-15:00
	Slot 5 13:45-15:15	Slot 6 13:45-15:15	Slot 7 13:45-15:15		Slot 8 13:45-15:15		
15:15-16:00	Plenary Lecture	Industry Supported Session					
	Track 2 Plenary Lecture Ultra-Processed Foods: The State of the Science and Future Directions for Research and Policy	Slot 9 15:15-16:30					
16:00-16:30	COFFEE BREAK / EXHIBITION AREA						
16:30-18:00	Abstract Sessions	Abstract Sessions	Abstract Sessions	Topic Sessions	Accepted Symposia	EASO Sessions	
	Abstract Session	Abstract Session	Abstract Session	T4 Topic Session: Reframing Diagnosis and Management of Obesity	Accepted Symposium	EASO Early Career Network Session	
18:00-19:30	Industry Supported Session	Industry Supported Session					Track Specific Posters Networking Reception: Track 1 and Track 3 18:00-18:45
	Slot 10 18:00-19:30	Slot 11 18:00-19:30					



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THU

14 MAY 2026, THURSDAY

PROGRAMME AT A GLANCE

TRACK 1 BASIC SCIENCE		TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION	
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1.280 PAX	HALL 6 480 PAX	EXHIBITION AREA
08:30-09:15	Plenary Lecture						
	Track 3 Plenary Lecture Double Burden of Underweight & Obesity in Chidlren						
09:30-11:00	Topic Sessions	Topic Sessions	Topic Sessions	Topic Sessions	Joint Session	Joint Session	
	T1 Topic Session The (Epi)genomic Landscape of Obesity 2026 and Beyond	T2 Topic Session Advanced Measurement of Movement Behaviour	T3 Topic Session Nutrition & Appetite	T4 Topic Session EASO COMs Session: OMMs Real World Evidence	Joint Session WHO	Joint Sesion: ESC Obesity and Cardiovascular Disease: Causal Relations and Implications for Prevention and Therapy	
11:00-11:30	COFFEE BREAK / EXHIBITION AREA						
11:30-13:00	Topic Sessions	Abstract Sessions	Abstract Sessions	Abstract Sessions	Abstract Sessions	Accepted Symposia	
	T4 Topic Session: Does Gender Really Matter? Gender Differences in Obesity Management	Abstract Session	Abstract Session	Abstract Session	Abstract Session	Accepted Symposium	
13:45-15:15	LUNCH BREAK / EXHIBITION AREA (13:00-14:30)						
	Industry Supported Session	Industry Supported Session	Industry Supported Session		Industry Supported Session		Posters Viewing 13:00-15:00
	Slot 12 13:45-15:15	Slot 13 13:45-15:15	Slot 14 13:45-15:15		Slot 15 13:45-15:15		
15:30-16:15	Plenary Lecture						
	Track 4 Plenary Lecture The Growing Role of Artificial Intelligence in Obesity Management						
16:15-16:45	COFFEE BREAK / EXHIBITION AREA						
16:45-18:15	Abstract Sessions	Abstract Sessions	Abstract Sessions	Abstract Sessions	Joint Session	Accepted Symposia	
	Abstract Session	Abstract Session	Abstract Session	Abstract Session	Joint Session: EASL	Accepted Symposium	
18:15-19:45	Industry Supported Session	Industry Supported Session					Track Specific Posters Networking Reception: Track 2 and Track 4 18:15-19:15
	Slot 16 18:15-19:45	Slot 17 18:15-19:45					



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FRI

15 MAY 2026, FRIDAY

PROGRAMME AT A GLANCE

TRACK 1 BASIC SCIENCE		TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION	
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1.280 PAX	HALL 6 480 PAX	EXHIBITION AREA
08:30-09:15		Special Plenary Session  Special Plenary Session					
09:30-11:00		Topic Sessions  T1 Topic Session Central Control of Energy Balance	Topic Sessions  T2 Topic Session Obesity & Neurodiversity (inc. ADHD, Autism)	Abstract Sessions  Abstract Session	Abstract Sessions  Abstract Session	Accepted Symposia  Accepted Symposium	
11:00-11:30	COFFEE BREAK / EXHIBITION AREA						
11:30-13:00		Topic Sessions  T3 Topic Session Obesity Treatment Across its Spectrum	Topic Sessions  T4 Topic Session CV Risk Stratification and Intervention in People Living with Obesity	EU Project Session	Abstract Sessions  Abstract Session	Accepted Symposia  Accepted Symposium	
13:00-13:45					Closing Plenary Session EASO-NNF Obesity Prize for Excellence Update Session		
13:45-14:15					Closing Ceremony		





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TUE**

12 MAY 2026, TUESDAY

**SCIENTIFIC PROGRAMME**

**TRACK 1**  
BASIC  
SCIENCE

**TRACK 2**  
BEHAVIOURAL SCIENCE  
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**TRACK 3**  
CHILDHOOD AND  
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**TRACK 4**  
OBESITY MANAGEMENT  
AND INTERVENTION

**08:30-12:00 EASO TEACHING WORKSHOPS**

**08:30-12:00 EASO Behaviour, Psychology & Mental Health Working Group  
The role of trauma in obesity**

**HALL 1**

**Chairs:** A Ahern (UK), J Halford (UK)

**08:30-08:50** Scientific Overview: Trauma and Obesity L Hashemi (UK)

**08:50-09:10** Trauma-informed care for obesity R Pashby (US)

**09:10-09:30** Trauma as a barrier for patients seeking obesity management services E Irving (UK)

**09:30-09:50** Design health systems and services with a trauma-focused front and centre L Buchanan (UK)

**09:50-10:10** Lived experience TBC

**10:10-10:40 COFFEE BREAK**

**Novel 3<sup>rd</sup> Wave Approaches to Psychological Therapy**

**10:40-11:05** The Third Wave: An Overview of New Approaches TBC

**11:05-11:30** Clinical Case Studies of 3<sup>rd</sup> Wave Approaches from the EASO Psychology, Behaviour and Mental Health Working Group TBC

**11:30-11:55** Scaling up 3<sup>rd</sup> Wave Approaches in Obesity Management: Beyond the Clinic TBC

**11:55-12:00** Closing Remarks TBC

**08:30-12:00 EASO Childhood Obesity Working Group**

**HALL 2**

**Chairs:**

**08:30-08:35** Welcome and introduction

**08:35-08:50** Childhood obesity in Turkey: prevalence and treatment landscape A Bereket

**08:50-09:10** How to motivate families regarding lifestyle treatment P Nowicka

**09:10-09:30** What kind of lifestyle advice should we give alongside pharmacotherapy? T Helgason

**09:30-09:50** What does pre-diabetes mean in children? or T1DM and T2DM in pediatric obesity A Körner (Germany)

**09:50-10:10** Medication-induced obesity: long-term strategies and management E van Mil

**10:10-10:30 Discussion and Q&A**

**10:30-11:00 Coffee Break**

**11:00-11:20** What do we know about the role of intensity in physical activity? C Cadenas

**11:20-11:40** Real-World Transitions from Paediatric to Adult Care: Best Practices and Case Lessons E van den Akker

**11:40-12:00** Digital addiction, screen time, and the role of social media in childhood and adolescent obesity, including management strategies such as digital detox E Boyland



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OBESITY MANAGEMENT  
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08:30-12:00	EASO Obesity Management Working Group and PCDE	<b>HALL 3</b>
	Chairs:	
08:30-12:00	EASO Nutrition Working Group and EFAD	<b>HALL 4</b>
	Chairs:	
08:30-12:00	EASO Physical Activity, Fitness and Function Working Group	<b>HALL 5</b>
	Chairs:	
08:30-12:00	Sarcopenic Obesity and Obesity in Older Adults (SO3A) Working Group Workshop Some aspects of pathophysiology of obesity in older adults	<b>HALL 6</b>
	Chairs: Luca Busetto (Italy), Volkan Yumuk (Türkiye)	
08:30-08:50	Mechanisms of lipid handling in muscle during positive and negative energy balance	Y Boirie (France)
08:50-09:10	Anabolic resistance in sarcopenic obesity: implications for nutrition and body composition	E Poggiogalle (Italy)
09:10-09:30	Sarcopenic obesity in Caucasian older adults: prevention, management, and clinical consequences in the PREDIMED-Plus Study	H Vazquez Lorente (Spain)
09:30-10:00	Discussion	
10:00-10:30	<b>COFFEE BREAK</b>	
	<b>Management of obesity in older adults</b>	
	Chairs: L M Donini (Italy), TBC	
10:30-10:40	Obesity in older adults: a case study	M Svendsen (Norway)
10:40-11:00	Physical activity and physical exercise in older adults with obesity	J Jakicic (US)
11:00-11:20	Optimal intake of protein during treatment with or without obesity management medications	E Kiesswetter (Germany)
11:20-11:40	Obesity medications in older adults	R Barazzoni (Italy)
11:40-12:00	Discussion	



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OBESITY MANAGEMENT  
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12:30-14:00

TOPIC SESSIONS

12:30-14:00

**T1 Topic Session: Deconvoluting Adipose Tissue Complexity**

**HALL 1**

**Chairs:**

Emerging debates and resolutions in brown adipose tissue research

P Cohen (US)

Cellular heterogeneity in white adipose tissue and obesity-related insulin resistance

E Rosen (US)

12:30-14:00

**T2 Topic Session: Obesity Stigma: Strategies to Prevent and Reduce Obesity Stigma in Healthcare and Society**

**HALL 2**

**Chairs:**

Obesity Stigma in HCPs

S Phelan (US)

Video from ECPO: PLWO Negative Experience of Stigma in Healthcare Settings

Challenging Stigma in Obesity Healthcare: Lessons Learnt Across Disease States

L Nyblade (US)

Video from ECPO: PLWO Positive Experience in Healthcare Settings

12:30-14:00

**T3 Topic Session: Neurodevelopmental Disorders & Obesity in Children**

**HALL 3**

**Chairs:**

Feeding and Eating Disorders

TBC

Nutrition in Neurodiverse Populations

A S Olafsdottir (Iceland)

12:30-14:00

**T4 Topic Session: How to Adapt Lifestyle Intervention in Patients Using Incretin-Based OMM**

**HALL 4**

**Chairs:**

EASO/EFAD Position Statement on Nutritional Considerations for Incretin-Based Therapies in Obesity Management

L Tolvanen (Sweden)

Metabolic Alliance Between Physical Activity and OMMs

J Ruiz (Spain)

12:30-14:00

ACCEPTED SYMPOSIA

12:30-14:00

Accepted Symposia

**HALL 5**

**Chairs:**

12:30-14:00

Accepted Symposia

**HALL 6**

**Chairs:**

13:30-14:30

LUNCH BREAK

EXHIBITION AREA





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**14:15-15:45 ABSTRACT SESSIONS**

14:15-15:45 Abstract Sessions **HALL 1**

Chairs:

14:15-15:45 Abstract Sessions **HALL 2**

Chairs:

14:15-15:45 Abstract Sessions **HALL 3**

Chairs:

14:15-15:45 Abstract Sessions **HALL 4**

Chairs:

**14:15-15:45 JOINT SESSION**

14:15-15:45 Joint Session: IFSO-EC **HALL 5**

Chairs:

14:15-14:30 Welcome and future of obesity treatment "All hands on deck" P Salminen (Finland), V Yumuk (Türkiye)

14:30-14:55 Metabolic bariatric surgery (MBS) - evidence-based long-term outcomes Obesity management medications (OMMs) in the context of MBS R Peterli (Switzerland), P Salminen (Finland)

14:55-15:00 Q&A

15:00-15:15 Barriers, Stigma, and Facilitators X Ramos-Salas (Sweden), ECPO

15:15-15:30 Patient Experience: Journey & Challenges Integrating patient experience with MBS, evidence and integrative life-long program C Copescu (Romania)

15:30-15:40 Designing the Best Support System and importance of Multidisciplinary & Patient-Inclusive Approach V Moize (Spain), R Peterli (Switzerland)

15:40-15:45 Closing Remarks & Next Steps P Salminen (Finland), V Yumuk (Türkiye)

14:15-15:45 Joint Session: ISBNSA Ultra-Processed Foods (UPF) **HALL 6**

Chairs:

15:45-16:15 COFFEE BREAK

EXHIBITION AREA



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**16:15-17:45 INDUSTRY SUPPORTED SESSION**

16:15-17:45	<b>Industry Supported Session 1</b> For further details please visit: <a href="https://eco2026.org/">https://eco2026.org/</a>	<b>HALL 1</b>
16:15-17:45	<b>Industry Supported Session 2</b> For further details please visit: <a href="https://eco2026.org/">https://eco2026.org/</a>	<b>HALL 2</b>
16:15-17:45	<b>Industry Supported Session 3</b> For further details please visit: <a href="https://eco2026.org/">https://eco2026.org/</a>	<b>HALL 3</b>
16:15-17:45	<b>Industry Supported Session 4</b> For further details please visit: <a href="https://eco2026.org/">https://eco2026.org/</a>	<b>HALL 5</b>

**16:15-17:45 ACCEPTED SYMPOSIA**

16:15-17:45	<b>Accepted Symposia</b>	<b>HALL 4</b>
	Chairs:	
16:15-17:45	<b>Accepted Symposia</b>	<b>HALL 6</b>
	Chairs:	

17:45-18:30	<b>Opening Plenary Session EASO-NNF Obesity Prize for Excellence</b>	<b>HALL 1</b>
	Chairs:	

17:45-18:30	<b>Opening Plenary Session EASO-NNF Obesity Prize for Excellence</b>	<b>HALL 1</b>
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19:00-21:00	<b>ECO2026 WELCOME RECEPTION</b>	<b>EXHIBITION AREA</b>
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**08:30-09:15 PLENARY LECTURE**

**08:30-09:15 Track 1 Plenary Lecture**

**HALL 1**

**Chairs:**

Genomic Variant Interpretation in Human Disease

J Itan (US)

**09:30-11:00 TOPIC SESSIONS**

**09:30-11:00 T1 Topic Session: Interorgan Crosstalk**

**HALL 1**

**Chairs:**

Liver-Heart Crosstalk in Cardiometabolic Diseases

G Schiattarella (Germany)

(Dys)regulation of skeletal muscle metabolism in obesity: causes and consequences

A Krook (Sweden)

**09:30-11:00 T2 Topic Session: Policy Adoption & Implementation: Evidence-Driven Adoption of Public Health Policies**

**HALL 2**

**Chairs:**

NutriScore Overview: Ongoing Challenges and Opportunities

C Julia (France)

Adoption of Food/Physical Activity Environment Policies

P von Philipsborn (Germany)

An Overview of Developed Tools to Assess Physical Activity Policies

C Woods (Ireland)

**09:30-11:00 T3 Topic Session: Body Systems in Childhood Obesity**

**HALL 3**

**Chairs:**

Liver Disease

P Socha (Poland)

Muscle/Physical Activity in Children

P Matusik (Poland)

**09:30-11:00 T4 Topic Session: Obesity in Older Adults at Risk of Disability**

**HALL 4**

**Chairs:**

Defining Frailty and Risk of Disability in People Living with Obesity

A J Cruz-Jentoft (Spain)

Nutrition and Physical Exercise Prescriptions

F Battista (Italy)

Risk/Benefit of Intensive Obesity Management in Older Adults

D Dicker (Israel)



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**09:30-11:00 JOINT SESSION**

**09:30-11:00 Joint Session: EASD Metabolic Health Across the Lifespan: Sex- and Age-Specific Challenges**

**HALL 5**

Chairs: Matthias Blüher (Germany), Barbara McGowan (UK)

**09:30-09:50** PCOS D Yazıcı (Türkiye)

**09:50-10:10** Menopause A Kautzky-Willer (Austria)

**10:10-10:30** Elderly G Maltese (UK)

**10:30-10:50** Men's Health D Patel (UK)

**10:50-11:00** Discussion

**09:30-11:00 Joint Session ESPE**

**HALL 6**

Chairs:

**11:00-11:30 COFFEE BREAK**

**EXHIBITION AREA**

**11:30-13:00 ABSTRACT SESSIONS**

**11:30-13:00 Abstract Sessions**

**HALL 1**

Chairs:

**11:30-13:00 Abstract Sessions**

**HALL 2**

Chairs:

**11:30-13:00 Abstract Sessions**

**HALL 3**

Chairs:

**11:30-13:00 Abstract Sessions**

**HALL 4**

Chairs:



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11:30-13:00 TOPIC SESSIONS

11:30-13:00 EASO T4 Abstract Session: Maintenance

**HALL 5**

Chairs:

11:30-13:00 EASO SESSIONS

11:30-13:00 EASO-NNF NI Award Session

**HALL 6**

Chairs:

13:30-14:30 LUNCH BREAK

EXHIBITION AREA

13:00-15:00 POSTERS VIEWING

EXHIBITION AREA

13:45-15:15 INDUSTRY SUPPORTED SESSION

13:45-15:15 Industry Supported Session 5  
For further details please visit:  
<https://eco2026.org/>

**HALL 1**

13:45-15:15 Industry Supported Session 6  
For further details please visit:  
<https://eco2026.org/>

**HALL 2**

13:45-15:15 Industry Supported Session 7  
For further details please visit:  
<https://eco2026.org/>

**HALL 3**

13:45-15:15 Industry Supported Session 8  
For further details please visit:  
<https://eco2026.org/>

**HALL 5**

15:15-16:00 PLENARY LECTURE

15:15-16:00 Track 2 Plenary Lecture

**HALL 1**

Chairs:

Ultra-Processed Foods: The State of the Science and Future Directions  
for Research and Policy

K Hall (US)



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**15:15-16:30 INDUSTRY SUPPORTED SESSION**

**15:15-16:30** Industry Supported Session 9  
For further details please visit:  
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**HALL 2**

**16:00-16:30 COFFEE BREAK**

**EXHIBITION AREA**

**16:30-18:00 ABSTRACT SESSIONS**

**16:30-18:00** Abstract Sessions

**HALL 1**

Chairs:

**16:30-18:00** Abstract Sessions

**HALL 2**

Chairs:

**16:30-18:00** Abstract Sessions

**HALL 3**

Chairs:

**16:30-18:00 TOPIC SESSIONS**

**16:30-18:00 T4 Topic Session: Reframing Diagnosis and Management of Obesity**

**HALL 4**

Chairs:

Staging and Grading

A Ciudin (Spain)

Expanding the Treat-to-Target Approach in Obesity Management

C Le Roux (Ireland)

**16:30-18:00 ACCEPTED SYMPOSIA**

**16:30-18:00** Accepted Symposia

**HALL 5**

Chairs:





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OBESITY MANAGEMENT  
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**16:30-18:00 EASO SESSIONS**

**16:30-18:00 EASO Early Career Network Session**

**HALL 6**

Chairs:

**18:00-19:30 INDUSTRY SUPPORTED SESSION**

**18:00-19:30 Industry Supported Session 10**  
For further details please visit:  
<https://eco2026.org/>

**HALL 1**

**18:00-19:30 Industry Supported Session 11**  
For further details please visit:  
<https://eco2026.org/>

**HALL 2**

**18:00-18:45 POSTERS VIEWING**

**18:00-18:45 Track Specific Posters Networking Reception: Track 1 and Track 3**

**EXHIBITION AREA**

Chairs:



**14**  
**THU**

14 MAY 2026, THURSDAY

**SCIENTIFIC PROGRAMME**

**TRACK 1**  
BASIC  
SCIENCE

**TRACK 2**  
BEHAVIOURAL SCIENCE  
AND PUBLIC HEALTH

**TRACK 3**  
CHILDHOOD AND  
ADOLESCENT OBESITY

**TRACK 4**  
OBESITY MANAGEMENT  
AND INTERVENTION

**08:30-09:15** **PLENARY LECTURE**

**08:30-09:15** **Track 3 Plenary Lecture**

**HALL 1**

**Chairs:**

Double Burden of Underweight & Obesity in Children

J Baker (Denmark)

**09:30-11:00** **TOPIC SESSIONS**

**09:30-11:00** **T1 Topic Session The (Epi)genomic Landscape of Obesity 2026 and Beyond**

**HALL 1**

**Chairs:**

Hypothalamic obesity: from basic mechanisms to clinical perspectives

S Farooqi (UK)

Genetics of obesity: where do we stand and what's next?

P Froguel (UK)

**09:30-11:00** **T2 Topic Session: Advanced Measurement of Movement Behaviour**

**HALL 2**

**Chairs:**

Compositional Analysis of Movement

S Chastin (UK)

Microanalysis of Movement Patterns

T Vetrovsky (Czech Republic)

**09:30-11:00** **T3 Topic Session: Nutrition & Appetite**

**HALL 3**

**Chairs:**

Self-regulation in childhood eating: Linking emotion, appetite, and nutrition

E Van den Akker (Netherlands)

Appetite: Always Hungry, Never Full

G Yeo (UK)

**09:30-11:00** **T4 Topic Session: EASO COMs Session: OMMs Real World Evidence**

**HALL 4**

**Chairs:**

Real World Evidence from Canada

S Wharton (Canada)

Real World Evidence from Korea

KSSO (Korea)

Real World Evidence from Europe

L van Rossum (Netherlands)



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AND INTERVENTION

09:30-11:00

**JOINT SESSION**

09:30-11:00

**Joint Session: ESC  
Obesity and Cardiovascular Disease: Causal Relations and  
Implications for Prevention and Therapy**

**HALL 5**

**Chairs:** Ana Basto Abreu (Portugal), Barbara McGowan (UK)

09:30-09:35

Introduction

09:35-09:50

Unravelling the "globesity" pandemic: is obesity a disease?

A Cuidin (Spain)

09:50-10:05

What are the cardiovascular complications of obesity?

N Sattar (UK)

10:05-10:20

Can weight loss by means of lifestyle changes or bariatric surgery  
improve cardiovascular outcomes?

K Koskinas (Switzerland)

10:20-10:35

Can weight loss by means of GLP1/GIP agonists improve cardiovascular  
outcomes?

J Deanfield (UK)

10:35-11:00

Discussion / Audience questions

09:30-11:00

**Joint Session: WHO**

**HALL 6**

**Chairs:**

11:00-11:30

**COFFEE BREAK**

**EXHIBITION AREA**

11:30-13:00

**TOPIC SESSIONS**

11:30-13:00

**T4 Topic Session: Does Gender Really Matter? Gender Differences in  
Obesity Management**

**HALL 1**

**Chairs:**

Gender Concept - Female

E Huvinen (Finland)

Gender Concept - Male

G Muscogiuri (Italy)

Gender Differences in Body Composition During Weight Loss and  
Maintenance

M C Gonzalez (Brasil)



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**TRACK 4**  
OBESITY MANAGEMENT  
AND INTERVENTION

**11:30-13:00 ABSTRACT SESSIONS**

11:30-13:00 Abstract Sessions **HALL 2**

Chairs:

11:30-13:00 Abstract Sessions **HALL 3**

Chairs:

11:30-13:00 Abstract Sessions **HALL 4**

Chairs:

11:30-13:00 Abstract Sessions **HALL 5**

Chairs:

**11:30-13:00 ACCEPTED SYMPOSIA**

11:30-13:00 Accepted Symposia **HALL 6**

Chairs:

**13:30-14:30 LUNCH BREAK**

**EXHIBITION AREA**

**13:45-15:15 INDUSTRY SUPPORTED SESSION**

13:45-15:15 Industry Supported Session 12  
For further details please visit:  
<https://eco2026.org/> **HALL 1**

13:45-15:15 Industry Supported Session 13  
For further details please visit:  
<https://eco2026.org/> **HALL 2**

13:45-15:15 Industry Supported Session 14  
For further details please visit:  
<https://eco2026.org/> **HALL 3**

13:45-15:15 Industry Supported Session 15  
For further details please visit:  
<https://eco2026.org/> **HALL 5**

**13:00-15:00 POSTERS VIEWING**

**EXHIBITION AREA**



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**TRACK 4**  
OBESITY MANAGEMENT  
AND INTERVENTION

15:30-16:15	PLENARY LECTURE	
15:30-16:15	Track 4 Plenary Lecture The Growing Role of Artificial Intelligence in Obesity Management	HALL 1
	Chairs:	
	The Growing Role of Artificial Intelligence in Obesity Management	U Sezerman (Türkiye)
16:00-16:30	COFFEE BREAK	EXHIBITION AREA
16:45-18:15	ABSTRACT SESSIONS	
16:45-18:15	Abstract Sessions	HALL 1
	Chairs:	
16:45-18:15	Abstract Sessions	HALL 2
	Chairs:	
16:45-18:15	Abstract Sessions	HALL 3
	Chairs:	
16:45-18:15	Abstract Sessions	HALL 4
	Chairs:	



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**TRACK 3**  
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ADOLESCENT OBESITY

**TRACK 4**  
OBESITY MANAGEMENT  
AND INTERVENTION

16:45-18:15 JOINT SESSION

16:45-18:15 Joint Session: EASL

**HALL 5**

Chairs:

16:45-18:15 ACCEPTED SYMPOSIA

16:45-18:15 Accepted Symposia

**HALL 6**

Chairs:

18:15-19:45 INDUSTRY SUPPORTED SESSION

18:15-19:45 Industry Supported Session 16  
For further details please visit:  
<https://eco2026.org/>

**HALL 1**

18:15-19:45 Industry Supported Session 17  
For further details please visit:  
<https://eco2026.org/>

**HALL 2**

18:15-19:15 POSTER VIEWING

18:15-19:15 Track Specific Posters Networking Reception: Track 2 and Track 4

**EXHIBITION AREA**

Chairs:





**15  
FRI**

15 MAY 2026, FRIDAY

**SCIENTIFIC PROGRAMME**

**TRACK 1**  
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**TRACK 3**  
CHILDHOOD AND  
ADOLESCENT OBESITY

**TRACK 4**  
OBESITY MANAGEMENT  
AND INTERVENTION

**08:30-09:15 SPECIAL PLENARY SESSION**

**08:30-09:15 Special Plenary Session**

**HALL 2**

**Chairs:**

Double Burden of Underweight & Obesity in Children

J Baker (Denmark)

**09:30-11:00 TOPIC SESSIONS**

**09:30-11:00 T1 Topic Session: Central Control of Energy Balance**

**HALL 2**

**Chairs:**

Beyond Neurons: Decoding the Brain's Central Control of Energy Balance

C Garcia-Caceres  
(Germany)

Novel drug combination for Obesity and Diabetes: underlying mechanisms

T Müller (Germany)

**09:30-11:00 T2 Topic Session Obesity & Neurodiversity (inc. ADHD, Autism)**

**HALL 3**

**Chairs:**

Lessons and Recommendations from TIMESPAN (clinician, intervention-focussed)

T R Quiroga (Spain)

Patient Insights

Neurodevelopmental Issues in Childhood Obesity: EASO COMs Perspective

K Järnholm (Sweden)

**09:30-11:00 ABSTRACT SESSIONS**

**09:30-11:00 Abstract Sessions**

**HALL 4**

**Chairs:**

**09:30-11:00 Abstract Sessions**

**HALL 5**

**Chairs:**

**09:30-11:00 ACCEPTED SYMPOSIA**

**09:30-11:00 Accepted Symposia**

**HALL 6**

**Chairs:**

**11:00-11:30**

**COFFEE BREAK**

**EXHIBITION AREA**



**15  
FRI**

15 MAY 2026, FRIDAY

**SCIENTIFIC PROGRAMME**

**TRACK 1**  
BASIC  
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**TRACK 4**  
OBESITY MANAGEMENT  
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11:30-13:00

TOPIC SESSIONS

11:30-13:00

**T3 Topic Session: Obesity Treatment Across its Spectrum**

**HALL 2**

**Chairs:**

Monogenic/Syndromic

B Haliloglu (Türkiye)

From Primary Care to Society

L Sjögren (Sweden)

EASO Childhood Framework

M Manco (Italy)

11:30-13:00

**T4 Topic Session: EASO COMs Session: OMMs Real World Evidence**

**HALL 3**

**Chairs:**

Stratifying the CV Risk in People Living with Obesity: Is It Time to Include Obesity in Risk Calculators?

K C Kostinas (Greece)

Old and New CVOT Results

O Schnell (Germany)

11:30-13:00

**EASO SESSIONS**

11:30-13:00

**EU Project Session**

**HALL 4**

**Chairs:**

11:30-13:00

**ABSTRACT SESSIONS**

11:30-13:00

**Abstract Sessions**

**HALL 5**

**Chairs:**

11:30-13:00

**ACCEPTED SYMPOSIA**

11:30-13:00

**Accepted Symposia**

**HALL 6**

**Chairs:**

13:00-13:45

**EASO SESSIONS**

13:00-13:45

**Closing Plenary Session**

**HALL 5**

**Chairs:**

EASO-NNF Obesity Prize for Excellence Update Session

A Körner (Germany)

13:45-14:15

**CLOSING CEREMONY**

**HALL 5**