



## 33<sup>rd</sup> EUROPEAN CONGRESS ON OBESITY

12-15 May 2026 - İstanbul, Türkiye

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BUL



**DRAFT PROGRAMME BOOK**



12  
TUE

12 MAY 2026, TUESDAY

## PROGRAMME AT A GLANCE



**13**  
WED

13 MAY 2026, WEDNESDAY

**PROGRAMME AT A GLANCE**

		TRACK 1 BASIC SCIENCE	TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH	TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY	TRACK 4 OBESITY MANAGEMENT AND INTERVENTION		
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1.280 PAX	HALL 6 480 PAX	EXHIBITION AREA
08:30-09:15	Plenary Lecture  Track 1 Plenary Lecture Genomic Variant Interpretation in Human Disease						
09:30-11:00	Topic Sessions  T1 Topic Session Interorgan Crosstalk	Topic Sessions  T2 Topic Session Policy Adoption & Implementation: Evidence-Driven Adoption of Public Health Policies	Topic Sessions  T3 Topic Session Body Systems in Childhood Obesity	Topic Sessions  T4 Topic Session Obesity in Older Adults at Risk of Disability	Joint Session  Joint Session: EASD Metabolic Health Across the Lifespan: Sex- and Age-Specific Challenges	Joint Session  Joint Session: ESPE	
11:00-11:30	COFFEE BREAK / EXHIBITION AREA						
11:30-13:00	Abstract Sessions  Abstract Session	Abstract Sessions  Abstract Session	Abstract Sessions  Abstract Session	Abstract Sessions  Abstract Session	Topic Sessions  EASO T4 Abstract Session: Maintenance	EASO Sessions  EASO-NNF NI Award Session	
LUNCH BREAK / EXHIBITION AREA (13:00-14:30)							
13:45-15:15	Industry Supported Session  Slot 5 13:45-15:15	Industry Supported Session  Slot 6 13:45-15:15	Industry Supported Session  Slot 7 13:45-15:15		Industry Supported Session  Slot 8 13:45-15:15		Posters Viewing 13:00-15:00
15:15-16:00	Plenary Lecture  Track 2 Plenary Lecture Ultra-Processed Foods: The State of the Science and Future Directions for Research and Policy	Industry Supported Session  Slot 9 15:15-16:30					
16:00-16:30	COFFEE BREAK / EXHIBITION AREA						
16:30-18:00	Abstract Sessions  Abstract Session	Abstract Sessions  Abstract Session	Abstract Sessions  Abstract Session	Topic Sessions  T4 Topic Session: Reframing Diagnosis and Management of Obesity	Accepted Symposia  Accepted Symposium	EASO Sessions  EASO Early Career Network Session	
18:00-19:30	Industry Supported Session  Slot 10 18:00-19:30	Industry Supported Session  Slot 11 18:00-19:30					Track Specific Posters Networking Reception: Track 1 and Track 3 18:00-18:45



**14**  
**THU**

14 MAY 2026, THURSDAY

**PROGRAMME AT A GLANCE**

TRACK 1 BASIC SCIENCE		TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION	
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1.280 PAX	HALL 6 480 PAX	EXHIBITION AREA
08:30-09:15	Plenary Lecture  Track 3 Plenary Lecture Double Burden of Underweight & Obesity in Children						
09:30-11:00	Topic Sessions  T1 Topic Session The (Epi)genomic Landscape of Obesity 2026 and Beyond	Topic Sessions  T2 Topic Session Advanced Measurement of Movement Behaviour	Topic Sessions  T3 Topic Session Nutrition & Appetite	Topic Sessions  T4 Topic Session EASO COMs Session: OMMs Real World Evidence	Joint Session  Joint Session WHO	Joint Session  Joint Session: ESC Obesity and Cardiovascular Disease: Causal Relations and Implications for Prevention and Therapy	
11:00-11:30	COFFEE BREAK / EXHIBITION AREA						
11:30-13:00	Topic Sessions  T4 Topic Session: Does Gender Really Matter? Gender Differences in Obesity Management	Abstract Sessions  Abstract Session	Abstract Sessions  Abstract Session	Abstract Sessions  Abstract Session	Abstract Sessions  Abstract Session	Accepted Symposia  Accepted Symposium	
LUNCH BREAK / EXHIBITION AREA (13:00-14:30)							
13:45-15:15	Industry Supported Session  Slot 12 13:45-15:15	Industry Supported Session  Slot 13 13:45-15:15	Industry Supported Session  Slot 14 13:45-15:15		Industry Supported Session  Slot 15 13:45-15:15		Posters Viewing 13:00-15:00
15:30-16:15	Plenary Lecture  Track 4 Plenary Lecture The Growing Role of Artificial Intelligence in Obesity Management						
16:15-16:45	COFFEE BREAK / EXHIBITION AREA						
16:45-18:15	Abstract Sessions  Abstract Session	Abstract Sessions  Abstract Session	Abstract Sessions  Abstract Session	Abstract Sessions  Abstract Session	Joint Session  Joint Session: EASL	Accepted Symposia  Accepted Symposium	
18:15-19:45	Industry Supported Session  Slot 16 18:15-19:45	Industry Supported Session  Slot 17 18:15-19:45					Track Specific Posters Networking Reception: Track 2 and Track 4 18:15-19:15



**15**  
**FRI**

**15 MAY 2026, FRIDAY**

**PROGRAMME AT A GLANCE**

TRACK 1 BASIC SCIENCE		TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION		EXHIBITION AREA
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1.280 PAX	HALL 6 480 PAX		
08:30-09:15		Special Plenary Session  Special Plenary Session						
09:30-11:00		Topic Sessions  T1 Topic Session Central Control of Energy Balance	Topic Sessions  T2 Topic Session Obesity & Neurodiversity (inc. ADHD, Autism)	Abstract Sessions  Abstract Session	Abstract Sessions  Abstract Session	Accepted Symposia  Accepted Symposium		
11:00-11:30	COFFEE BREAK / EXHIBITION AREA							
11:30-13:00		Topic Sessions  T3 Topic Session Obesity Treatment Across its Spectrum	Topic Sessions  T4 Topic Session CV Risk Stratification and Intervention in People Living with Obesity	EU Project Session	Abstract Sessions  Abstract Session	Accepted Symposia  Accepted Symposium		
13:00-13:45					Closing Plenary Session EASO-NNF Obesity Prize for Excellence Update Session			
13:45-14:15					Closing Ceremony			

**12**  
TUE

12 MAY 2026, TUESDAY

**SCIENTIFIC PROGRAMME**

**TRACK 1**  
BASIC SCIENCE

**TRACK 2**  
BEHAVIOURAL SCIENCE AND PUBLIC HEALTH

**TRACK 3**  
CHILDHOOD AND ADOLESCENT OBESITY

**TRACK 4**  
OBESITY MANAGEMENT AND INTERVENTION

08:30-12:00 EASO TEACHING WORKSHOPS		
08:30-12:00	EASO Behaviour, Psychology & Mental Health Working Group The role of trauma in obesity	HALL 1
Chairs: A Ahern (UK), J Halford (UK)		
08:30-08:50	Scientific Overview: Trauma and Obesity	L Hashemi (UK)
08:50-09:10	Trauma-informed care for obesity	R Pashby (US)
09:10-09:30	Trauma as a barrier for patients seeking obesity management services	E Irving (UK)
09:30-09:50	Design health systems and services with a trauma-focused front and centre	L Buchanan (UK)
09:50-10:10	Lived experience	TBC
10:10-10:40	<b>COFFEE BREAK</b>	
Novel 3 <sup>rd</sup> Wave Approaches to Psychological Therapy		
10:40-11:05	The Third Wave: An Overview of New Approaches	TBC
11:05-11:30	Clinical Case Studies of 3 <sup>rd</sup> Wave Approaches from the EASO Psychology, Behaviour and Mental Health Working Group	TBC
11:30-11:55	Scaling up 3 <sup>rd</sup> Wave Approaches in Obesity Management: Beyond the Clinic	TBC
11:55-12:00	Closing Remarks	TBC
08:30-12:00	<b>EASO Childhood Obesity Working Group</b>	HALL 2
Chairs:		
08:30-08:35	Welcome and introduction	
08:35-08:50	Childhood obesity in Turkey: prevalence and treatment landscape	A Bereket
08:50-09:10	How to motivate families regarding lifestyle treatment	P Nowicka
09:10-09:30	What kind of lifestyle advice should we give alongside pharmacotherapy?	T Helgason
09:30-09:50	What does pre-diabetes mean in children? or T1DM and T2DM in pediatric obesity	A Körner (Germany)
09:50-10:10	Medication-induced obesity: long-term strategies and management	E van Mil
10:10-10:30	<b>Discussion and Q&amp;A</b>	
10:30-11:00	<b>Coffee Break</b>	
11:00-11:20	What do we know about the role of intensity in physical activity?	C Cadenas
11:20-11:40	Real-World Transitions from Paediatric to Adult Care: Best Practices and Case Lessons	E van den Akker
11:40-12:00	Digital addiction, screen time, and the role of social media in childhood and adolescent obesity, including management strategies such as digital detox	E Boyland

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OBESITY MANAGEMENT  
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08:30-12:00	EASO Obesity Management Working Group and PCDE	HALL 3
	Chairs:	
08:30-12:00	EASO Nutrition Working Group and EFAD	HALL 4
	Chairs:	
08:30-12:00	EASO Physical Activity, Fitness and Function Working Group	HALL 5
	Chairs:	
08:30-12:00	Sarcopenic Obesity and Obesity in Older Adults (SO3A) Working Group Workshop Some aspects of pathophysiology of obesity in older adults	HALL 6
	Chairs: Luca Busetto (Italy), Volkan Yumuk (Türkiye)	
08:30-08:50	Mechanisms of lipid handling in muscle during positive and negative energy balance	Y Boirie (France)
08:50-09:10	Anabolic resistance in sarcopenic obesity: implications for nutrition and body composition	E Poggiogalle (Italy)
09:10-09:30	Sarcopenic obesity in Caucasian older adults: prevention, management, and clinical consequences in the PREDIMED-Plus Study	H Vazquez Lorente (Spain)
09:30-10:00	Discussion	
10:00-10:30	<b>COFFEE BREAK</b>	
	<b>Management of obesity in older adults</b>	
	Chairs: L M Donini (Italy), TBC	
10:30-10:40	Obesity in older adults: a case study	M Svendsen (Norway)
10:40-11:00	Physical activity and physical exercise in older adults with obesity	J Jakicic (US)
11:00-11:20	Optimal intake of protein during treatment with or without obesity management medications	E Kiesswetter (Germany)
11:20-11:40	Obesity medications in older adults	R Barazzoni (Italy)
11:40-12:00	Discussion	



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OBESITY MANAGEMENT AND INTERVENTION

12:30-14:00

**TOPIC SESSIONS**

12:30-14:00

**T1 Topic Session: Deconvoluting Adipose Tissue Complexity**

**HALL 1**

Chairs:

Emerging debates and resolutions in brown adipose tissue research

P Cohen (US)

Cellular heterogeneity in white adipose tissue and obesity-related insulin resistance

E Rosen (US)

12:30-14:00

**T2 Topic Session: Obesity Stigma: Strategies to Prevent and Reduce Obesity Stigma in Healthcare and Society**

**HALL 2**

Chairs:

Obesity Stigma in HCPs

S Phelan (US)

Video from ECPO: PLWO Negative Experience of Stigma in Healthcare Settings

Challenging Stigma in Obesity Healthcare: Lessons Learnt Across Disease States

L Nyblade (US)

Video from ECPO: PLWO Positive Experience in Healthcare Settings

12:30-14:00

**T3 Topic Session: Neurodevelopmental Disorders & Obesity in Children**

**HALL 3**

Chairs:

Feeding and Eating Disorders

TBC

Nutrition in Neurodiverse Populations

A S Olafsdottir (Iceland)

12:30-14:00

**T4 Topic Session: How to Adapt Lifestyle Intervention in Patients Using Incretin-Based OMM**

**HALL 4**

Chairs:

EASO/EFAD Position Statement on Nutritional Considerations for Incretin-Based Therapies in Obesity Management

L Tolvanen (Sweden)

Metabolic Alliance Between Physical Activity and OMMs

J Ruiz (Spain)

12:30-14:00

**ACCEPTED SYMPOSIA**

12:30-14:00

**Accepted Symposia**

**HALL 5**

Chairs:

12:30-14:00

**Accepted Symposia**

**HALL 6**

Chairs:

13:30-14:30

**LUNCH BREAK**

**EXHIBITION AREA**

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**14:15-15:45 ABSTRACT SESSIONS**

**14:15-15:45 Abstract Sessions** **HALL 1**

Chairs:

**14:15-15:45 Abstract Sessions** **HALL 2**

Chairs:

**14:15-15:45 Abstract Sessions** **HALL 3**

Chairs:

**14:15-15:45 Abstract Sessions** **HALL 4**

Chairs:

**14:15-15:45 JOINT SESSION**

**14:15-15:45 Joint Session: IFSO-EC** **HALL 5**

Chairs:

**14:15-14:30** Welcome and future of obesity treatment “All hands on deck” **P Salminen (Finland), V Yumuk (Türkiye)**

**14:30-14:55** Metabolic bariatric surgery (MBS) – evidence-based long-term outcomes  
Obesity management medications (OMMs) in the context of MBS **R Peterli (Switzerland), P Salminen (Finland)**

**14:55-15:00** Q&A

**15:00-15:15** Barriers, Stigma, and Facilitators **X Ramos-Salas (Sweden), ECPO**

**15:15-15:30** Patient Experience: Journey & Challenges Integrating patient experience with MBS, evidence and integrative life-long program **C Copescu (Romania)**

**15:30-15:40** Designing the Best Support System and importance of Multidisciplinary & Patient-Inclusive Approach **V Molize (Spain), R Peterli (Switzerland)**

**15:40-15:45** Closing Remarks & Next Steps

**P Salminen (Finland), V Yumuk (Türkiye)**

**14:15-15:45 Joint Session: ISBNPA Ultra-Processed Foods (UPF)**

**HALL 6**

Chairs:

**15:45-16:15 COFFEE BREAK**

**EXHIBITION AREA**

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16:15-17:45		INDUSTRY SUPPORTED SESSION	
16:15-17:45		Industry Supported Session 1 For further details please visit: <a href="https://eco2026.org/">https://eco2026.org/</a>	HALL 1
16:15-17:45		Industry Supported Session 2 For further details please visit: <a href="https://eco2026.org/">https://eco2026.org/</a>	HALL 2
16:15-17:45		Industry Supported Session 3 For further details please visit: <a href="https://eco2026.org/">https://eco2026.org/</a>	HALL 3
16:15-17:45		Industry Supported Session 4 For further details please visit: <a href="https://eco2026.org/">https://eco2026.org/</a>	HALL 5
16:15-17:45		ACCEPTED SYMPOSIA	
16:15-17:45		Accepted Symposia	HALL 4
		Chairs:	
16:15-17:45		Accepted Symposia	HALL 6
		Chairs:	
17:45-18:30		Opening Plenary Session EASO-NNF Obesity Prize for Excellence	HALL 1
		Chairs:	
17:45-18:30		Opening Plenary Session EASO-NNF Obesity Prize for Excellence	HALL 1
19:00-21:00		ECO2026 WELCOME RECEPTION	EXHIBITION AREA

**13**  
WED

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OBESITY MANAGEMENT  
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**08:30-09:15** **PLENARY LECTURE**

**08:30-09:15** **Track 1 Plenary Lecture**

**HALL 1**

**Chairs:**

Genomic Variant Interpretation in Human Disease

J Itan (US)

**09:30-11:00** **TOPIC SESSIONS**

**09:30-11:00** **T1 Topic Session: Interorgan Crosstalk**

**HALL 1**

**Chairs:**

Liver-Heart Crosstalk in Cardiometabolic Diseases

G Schiattarella (Germany)

(Dys)regulation of skeletal muscle metabolism in obesity: causes and consequences

A Krook (Sweden)

**09:30-11:00** **T2 Topic Session: Policy Adoption & Implementation: Evidence-Driven Adoption of Public Health Policies**

**HALL 2**

**Chairs:**

NutriScore Overview: Ongoing Challenges and Opportunities

C Julia (France)

Adoption of Food/Physical Activity Environment Policies

P von Philipsborn (Germany)

An Overview of Developed Tools to Assess Physical Activity Policies

C Woods (Ireland)

**09:30-11:00** **T3 Topic Session: Body Systems in Childhood Obesity**

**HALL 3**

**Chairs:**

Liver Disease

P Socha (Poland)

Muscle/Physical Activity in Children

P Matusik (Poland)

**09:30-11:00** **T4 Topic Session: Obesity in Older Adults at Risk of Disability**

**HALL 4**

**Chairs:**

Defining Frailty and Risk of Disability in People Living with Obesity

A J Cruz-Jentoft (Spain)

Nutrition and Physical Exercise Prescriptions

F Battista (Italy)

Risk/Benefit of Intensive Obesity Management in Older Adults

D Dicker (Israel)



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**TRACK 4**  
OBESITY MANAGEMENT  
AND INTERVENTION

09:30-11:00

JOINT SESSION

09:30-11:00

Joint Session: EASD Metabolic Health Across the Lifespan: Sex- and Age-Specific Challenges

HALL 5

Chairs: Matthias Blüher (Germany), Barbara McGowan (UK)

09:30-09:50

PCOS

D Yazıcı (Türkiye)

09:50-10:10

Menopause

A Kautzky-Willer (Austria)

10:10-10:30

Elderly

G Maltese (UK)

10:30-10:50

Men's Health

D Patel (UK)

10:50-11:00

Discussion

09:30-11:00

Joint Session ESPE

HALL 6

Chairs:

11:00-11:30

COFFEE BREAK

EXHIBITION AREA

11:30-13:00

ABSTRACT SESSIONS

11:30-13:00

Abstract Sessions

HALL 1

Chairs:

11:30-13:00

Abstract Sessions

HALL 2

Chairs:

11:30-13:00

Abstract Sessions

HALL 3

Chairs:

11:30-13:00

Abstract Sessions

HALL 4

Chairs:

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**TRACK 4**  
OBESITY MANAGEMENT  
AND INTERVENTION

11:30-13:00 TOPIC SESSIONS

11:30-13:00 EASO T4 Abstract Session: Maintenance

HALL 5

Chairs:

11:30-13:00 EASO SESSIONS

11:30-13:00 EASO-NNF NI Award Session

HALL 6

Chairs:

13:30-14:30 LUNCH BREAK

EXHIBITION AREA

13:00-15:00 POSTERS VIEWING

EXHIBITION AREA

13:45-15:15 INDUSTRY SUPPORTED SESSION

**Industry Supported Session 5**  
For further details please visit:  
<https://eco2026.org/>

HALL 1

**13:45-15:15**  
**Industry Supported Session 6**  
For further details please visit:  
<https://eco2026.org/>

HALL 2

**13:45-15:15**  
**Industry Supported Session 7**  
For further details please visit:  
<https://eco2026.org/>

HALL 3

**13:45-15:15**  
**Industry Supported Session 8**  
For further details please visit:  
<https://eco2026.org/>

HALL 5

15:15-16:00 PLENARY LECTURE

15:15-16:00 Track 2 Plenary Lecture

HALL 1

Chairs:

Ultra-Processed Foods: The State of the Science and Future Directions  
for Research and Policy

K Hall (US)

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**TRACK 4**  
OBESITY MANAGEMENT  
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**15:15-16:30 INDUSTRY SUPPORTED SESSION**

15:15-16:30 **Industry Supported Session 9**  
For further details please visit:  
<https://eco2026.org/>

**HALL 2**

16:00-16:30 **COFFEE BREAK**

**EXHIBITION AREA**

**16:30-18:00 ABSTRACT SESSIONS**

16:30-18:00 **Abstract Sessions**

**HALL 1**

Chairs:

16:30-18:00 **Abstract Sessions**

**HALL 2**

Chairs:

16:30-18:00 **Abstract Sessions**

**HALL 3**

Chairs:

**16:30-18:00 TOPIC SESSIONS**

16:30-18:00 **T4 Topic Session: Reframing Diagnosis and Management of Obesity**

**HALL 4**

Chairs:

Staging and Grading

A Ciudin (Spain)

Expanding the Treat-to-Target Approach in Obesity Management

C Le Roux (Ireland)

**16:30-18:00 ACCEPTED SYMPOSIA**

16:30-18:00 **Accepted Symposia**

**HALL 5**

Chairs:

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**TRACK 4**  
OBESITY MANAGEMENT  
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16:30-18:00 EASO SESSIONS

16:30-18:00 EASO Early Career Network Session

HALL 6

Chairs:

18:00-19:30 INDUSTRY SUPPORTED SESSION

18:00-19:30 Industry Supported Session 10  
For further details please visit:  
<https://eco2026.org/>

HALL 1

18:00-19:30 Industry Supported Session 11  
For further details please visit:  
<https://eco2026.org/>

HALL 2

18:00-18:45 POSTERS VIEWING

18:00-18:45 Track Specific Posters Networking Reception: Track 1 and Track 3

EXHIBITION AREA

Chairs:

**14**  
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CHILDHOOD AND ADOLESCENT OBESITY

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08:30-09:15 **PLENARY LECTURE**

08:30-09:15 **Track 3 Plenary Lecture**

**HALL 1**

Chairs:

Double Burden of Underweight & Obesity in Children

J Baker (Denmark)

09:30-11:00 **TOPIC SESSIONS**

09:30-11:00 **T1 Topic Session The (Epi)genomic Landscape of Obesity 2026 and Beyond**

**HALL 1**

Chairs:

Hypothalamic obesity: from basic mechanisms to clinical perspectives

S Farooqi (UK)

Genetics of obesity: where do we stand and what's next?

P Froguel (UK)

09:30-11:00 **T2 Topic Session: Advanced Measurement of Movement Behaviour**

**HALL 2**

Chairs:

Compositional Analysis of Movement

S Chastin (UK)

Microanalysis of Movement Patterns

T Vetrovsky (Czech Republic)

09:30-11:00 **T3 Topic Session: Nutrition & Appetite**

**HALL 3**

Chairs:

Self-regulation in childhood eating: Linking emotion, appetite, and nutrition

E Van den Akker (Netherlands)

Appetite: Always Hungry, Never Full

G Yeo (UK)

09:30-11:00 **T4 Topic Session: EASO COMs Session: OMMs Real World Evidence**

**HALL 4**

Chairs:

Real World Evidence from Canada

S Wharton (Canada)

Real World Evidence from Korea

KSSO (Korea)

Real World Evidence from Europe

L van Rossum (Netherlands)

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**TRACK 4**  
OBESITY MANAGEMENT  
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09:30-11:00

JOINT SESSION

09:30-11:00

Joint Session: ESC  
Obesity and Cardiovascular Disease: Causal Relations and  
Implications for Prevention and Therapy

HALL 5

09:30-09:35

Introduction

09:35-09:50

Unravelling the "globesity" pandemic: is obesity a disease?

A Cuidin (Spain)

09:50-10:05

What are the cardiovascular complications of obesity?

N Sattar (UK)

10:05-10:20

Can weight loss by means of lifestyle changes or bariatric surgery  
improve cardiovascular outcomes?

K Koskinas (Switzerland)

10:20-10:35

Can weight loss by means of GLP1/GIP agonists improve cardiovascular  
outcomes?

J Deanfield (UK)

10:35-11:00

Discussion / Audience questions

09:30-11:00

Joint Session: WHO

HALL 6

Chairs:

11:00-11:30

COFFEE BREAK

EXHIBITION AREA

11:30-13:00

TOPIC SESSIONS

11:30-13:00

T4 Topic Session: Does Gender Really Matter? Gender Differences in  
Obesity Management

HALL 1

Chairs:

Gender Concept - Female

E Huuvinen (Finland)

Gender Concept - Male

G Muscogiuri (Italy)

Gender Differences in Body Composition During Weight Loss and  
Maintenance

M C Gonzalez (Brasil)



**14**  
THU

14 MAY 2026, THURSDAY

**SCIENTIFIC PROGRAMME**

**TRACK 1**  
BASIC  
SCIENCE

**TRACK 2**  
BEHAVIOURAL SCIENCE  
AND PUBLIC HEALTH

**TRACK 3**  
CHILDHOOD AND  
ADOLESCENT OBESITY

**TRACK 4**  
OBESITY MANAGEMENT  
AND INTERVENTION

11:30-13:00

**ABSTRACT SESSIONS**

11:30-13:00

Abstract Sessions

HALL 2

Chairs:

11:30-13:00

Abstract Sessions

HALL 3

Chairs:

11:30-13:00

Abstract Sessions

HALL 4

Chairs:

11:30-13:00

Abstract Sessions

HALL 5

Chairs:

11:30-13:00

**ACCEPTED SYMPOSIA**

11:30-13:00

Accepted Symposia

HALL 6

Chairs:

13:30-14:30

**LUNCH BREAK**

**EXHIBITION AREA**

13:45-15:15

**INDUSTRY SUPPORTED SESSION**

13:45-15:15

**Industry Supported Session 12**  
For further details please visit:  
<https://eco2026.org/>

HALL 1

13:45-15:15

**Industry Supported Session 13**  
For further details please visit:  
<https://eco2026.org/>

HALL 2

13:45-15:15

**Industry Supported Session 14**  
For further details please visit:  
<https://eco2026.org/>

HALL 3

13:45-15:15

**Industry Supported Session 15**  
For further details please visit:  
<https://eco2026.org/>

HALL 5

13:00-15:00

**POSTERS VIEWING**

**EXHIBITION AREA**

**14**  
THU

14 MAY 2026, THURSDAY

**SCIENTIFIC PROGRAMME**

**TRACK 1**  
BASIC  
SCIENCE

**TRACK 2**  
BEHAVIOURAL SCIENCE  
AND PUBLIC HEALTH

**TRACK 3**  
CHILDHOOD AND  
ADOLESCENT OBESITY

**TRACK 4**  
OBESITY MANAGEMENT  
AND INTERVENTION

15:30-16:15 PLENARY LECTURE

15:30-16:15 Track 4 Plenary Lecture The Growing Role of Artificial Intelligence in Obesity Management

HALL 1

Chairs:

The Growing Role of Artificial Intelligence in Obesity Management

U Sezerman (Türkiye)

16:00-16:30 COFFEE BREAK

EXHIBITION AREA

16:45-18:15 ABSTRACT SESSIONS

16:45-18:15 Abstract Sessions

HALL 1

Chairs:

16:45-18:15 Abstract Sessions

HALL 2

Chairs:

16:45-18:15 Abstract Sessions

HALL 3

Chairs:

16:45-18:15 Abstract Sessions

HALL 4

Chairs:

**14**  
THU

14 MAY 2026, THURSDAY

**SCIENTIFIC PROGRAMME**

**TRACK 1**  
BASIC  
SCIENCE

**TRACK 2**  
BEHAVIOURAL SCIENCE  
AND PUBLIC HEALTH

**TRACK 3**  
CHILDHOOD AND  
ADOLESCENT OBESITY

**TRACK 4**  
OBESITY MANAGEMENT  
AND INTERVENTION

16:45-18:15

JOINT SESSION

16:45-18:15

Joint Session: EASL

HALL 5

Chairs:

16:45-18:15

ACCEPTED SYMPOSIA

16:45-18:15

Accepted Symposia

HALL 6

Chairs:

18:15-19:45

INDUSTRY SUPPORTED SESSION

18:15-19:45

Industry Supported Session 16

For further details please visit:  
<https://eco2026.org/>

HALL 1

18:15-19:45

Industry Supported Session 17

For further details please visit:  
<https://eco2026.org/>

HALL 2

18:15-19:15

POSTER VIEWING

18:15-19:15

Track Specific Posters Networking Reception: Track 2 and Track 4

EXHIBITION AREA

Chairs:

**15**  
**FRI**

15 MAY 2026, FRIDAY

**SCIENTIFIC PROGRAMME**

**TRACK 1**  
BASIC  
SCIENCE

**TRACK 2**  
BEHAVIOURAL SCIENCE  
AND PUBLIC HEALTH

**TRACK 3**  
CHILDHOOD AND  
ADOLESCENT OBESITY

**TRACK 4**  
OBESITY MANAGEMENT  
AND INTERVENTION

08:30-09:15 **SPECIAL PLENARY SESSION**

08:30-09:15 Special Plenary Session

**HALL 2**

Chairs:

Double Burden of Underweight & Obesity in Children J Baker (Denmark)

09:30-11:00 **TOPIC SESSIONS**

09:30-11:00 **T1 Topic Session: Central Control of Energy Balance**

**HALL 2**

Chairs:

Beyond Neurons: Decoding the Brain's Central Control of Energy Balance

C Garcia-Caceres (Germany)

Novel drug combination for Obesity and Diabetes: underlying mechanisms

T Müller (Germany)

09:30-11:00 **T2 Topic Session Obesity & Neurodiversity (inc. ADHD, Autism)**

**HALL 3**

Chairs:

Lessons and Recommendations from TIMESPLAN (clinician, intervention-focussed)

T R Quiroga (Spain)

Patient Insights

Neurodevelopmental Issues in Childhood Obesity: EASO COMs Perspective

K Järvholm (Sweden)

09:30-11:00 **ABSTRACT SESSIONS**

09:30-11:00 **Abstract Sessions**

**HALL 4**

Chairs:

09:30-11:00 **Abstract Sessions**

**HALL 5**

Chairs:

09:30-11:00 **ACCEPTED SYMPOSIA**

09:30-11:00 **Accepted Symposia**

**HALL 6**

Chairs:

11:00-11:30 **COFFEE BREAK**

**EXHIBITION AREA**



**15**  
**FRI**

15 MAY 2026, FRIDAY

**SCIENTIFIC PROGRAMME**

**TRACK 1**  
BASIC  
SCIENCE

**TRACK 2**  
BEHAVIOURAL SCIENCE  
AND PUBLIC HEALTH

**TRACK 3**  
CHILDHOOD AND  
ADOLESCENT OBESITY

**TRACK 4**  
OBESITY MANAGEMENT  
AND INTERVENTION

**11:30-13:00** **TOPIC SESSIONS**

11:30-13:00	T3 Topic Session: Obesity Treatment Across its Spectrum	HALL 2
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Chairs:

Monogenic/Syndromic

B Haliloglu (Türkiye)

From Primary Care to Society

L Sjögren (Sweden)

EASO Childhood Framework

M Manco (Italy)

11:30-13:00	T4 Topic Session: EASO COMs Session: OMMs Real World Evidence	HALL 3
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Chairs:

Stratifying the CV Risk in People Living with Obesity: Is It Time to Include Obesity in Risk Calculators?

K C Kostinas (Greece)

Old and New CVOT Results

O Schnell (Germany)

**11:30-13:00** **EASO SESSIONS**

11:30-13:00	EU Project Session	HALL 4
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Chairs:

**11:30-13:00** **ABSTRACT SESSIONS**

11:30-13:00	Abstract Sessions	HALL 5
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Chairs:

**11:30-13:00** **ACCEPTED SYMPOSIA**

11:30-13:00	Accepted Symposia	HALL 6
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Chairs:

**13:00-13:45** **EASO SESSIONS**

13:00-13:45	Closing Plenary Session	HALL 5
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Chairs:

EASO-NNF Obesity Prize for Excellence Update Session

A Körner (Germany)

13:45-14:15	CLOSING CEREMONY	HALL 5
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